



HOLY CROSS COLLEGE(AUTONOMOUS)

Affiliated to Bharathidasan University

Nationally Accredited (3rd Cycle) with 'A' Grade

by NAAC College with Potential

for Excellence.

Tiruchirapalli - 620002.

PG DEPARTMENT OF PSYCHOLOGY

Programme: M.Sc. Psychology

PO No.	Programme Outcomes <i>Upon completion of the M.Sc. Degree Programme, the graduate will be able to</i>
PO-1	Obtain quality education in the field of psychology and research activities.
PO-2	Develop skills to analyze the deviant behavior of individuals with mental illness, and to assess, diagnose and categorize the mental illness.
PO-3	Create and execute new ideas to develop entrepreneurial and managerial skills.
PO-4	Develop a local, regional, national and international perspective and be competent enough in the field of social sciences.
PO-5	Acquire skills in various areas of counseling to different segments of people and application of psychotherapies.

PSO No.	Programme Specific Outcomes <i>Upon completion of these courses the student would be able to</i>
PSO-1	Understand the concepts and improve knowledge in the application of research.
PSO-2	Diagnose and manage various mental disorders and mental health issues.
PSO-3	Develop skills of psychological assessment in employment areas, and to enhance performance and quality of relationships.
PSO-4	Acquire knowledge for higher studies and to meet competitive exams.
PSO-5	Administer counseling and practice psychotherapeutic techniques.

Course Title		MAJOR CORE 1-ADVANCED GENERAL PSYCHOLOGY		
Code		P18PS1MCT01		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Demonstrate the history and origin of Psychology.	PS01	U	
CO-2	Compare different school of thoughts that shaped Psychology as science.	PS01	U	
CO-3	Illustrate the application of Psychology in different fields.	PS03	U	
CO-4	Classify types of emotions and intelligence	PS01	U	
CO-5	Outline the types of thinking and personality .	PS01	U	
CO-6	Relate the components of an individual with behaviour.	PS05	U	

Course Title		MAJOR CORE – 2: LIFE SPAN DEVELOPMENT		
Code		P18PS1MCT02		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Categorize the development across different stages of life	PSO1	AN	
CO-2	Summarize the developmental tasks of early and late childhood	PSO1	U	
CO-3	Identify the characteristics of puberty and adolescence	PSO1	AP	
CO-4	Distinguish between family and vocational adjustment	PSO1	AN	
CO-5	Assess the areas of adjustment in old age	PSO3	E	

Course Title		MAJOR CORE-3: ADVANCED SOCIAL PSYCHOLOGY		
Code		P18PS1MCT03		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Summarize new perspectives and research methods in social psychology	PSO1	U	
CO-2	Relate social perception influencing social behavior	PSO3	U	
CO-3	Analyse the strategies used for self-identity	PSO1	An	
CO-4	Compare interpersonal and interdependent relationship	PSO3	U	
CO-5	Examine and infer social psychology in law and organization	PSO3	An	
CO-6	Adapt the strategies to understand people's behaviour in social situations and in day to day life.	PSO1	C	

Course Title		MAJOR CORE -4: RESEARCH METHODOLOGY		
Code		P18PS1MCT04		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Identify the research problem	PSO1	An	
CO-2	Examine the relationship between variance and	PSO1	An	
CO-3	Demonstrate skills on designing a research.	PSO4	U	
CO-4	Critically evaluate and review academic writing and articles	PSO4	E	
CO-5	Critically analyse the methods of data collection	PSO4	An	
CO-6	Application of research methods in their research projects.	PSO1, PSO4	Ap	

Course Title		MAJOR ELECTIVE-1: EDUCATIONAL PSYCHOLOGY		
Code		P18PS1MET01		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Explain the importance and scope of psychology in education	PSO1	U	
CO-2	Compare the various theories of cognitive and language development	PSO1	U	
CO-3	Relate the role of motivation in teaching and learning	PSO1	U	
CO-4	Analyse the cognitive views of learning	PSO4	A N	
CO-5	Combine the various teaching, learning and evaluation strategies	PSO4	C	
CO-6	Evaluate the influence of developmental process in learning.	PSO1	E	

Course Title		MAJOR ELECTIVE-1: CONSUMER BEHAVIOUR		
Code		P18PS1MET02		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Classify the levels of consumer decision making	PSO1	U	
CO-2	Plan selling strategy based on environmental influences	PSO1	C	
CO-3	Interpret consumer behaviour based on motivation and personality	PSO1	U	
CO-4	Identify the relationship between perception and learning in consumer behavior	PSO3	AP	
CO-5	Relate attitude and communication with consumer attitude	PSO3	U	
CO-6	Assess consumer behaviour psychologically.	PSO3	EV	

Course Title		MAJOR CORE- 5 – PERSONALITY THEORIES	
Code		P18PS2MCT05	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Relate the personality traits with behavior	PSO1	U
CO-2	Compare psychoanalytic and neo psychoanalytic approach	PSO1	U
CO-3	Categorize the trait and life span approach	PSO4	AN
CO-4	Compare between humanistic and cognitive approaches	PSO4	AN
CO-5	Infer from field and limited domain theory	PSO1	U
CO-6	Rephrase the personality theories for understanding psychopathology.	PSO5	U

Course Title		MAJOR CORE- 6 : PSYCHOPATHALOGY	
Code		P18PS2MCT056	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Recall the background of psychopathology	PSO1	R
CO-2	Outline the symptoms of childhood and Adolescence	PSO2	U
CO-3	Identify anxiety and stress-related disorders	PSO2	AP
CO-4	Compare the adult behaviour and personality Disorder	PSO2	U
CO-5	Examine mood and schizophrenic disorders	PSO2	AN
CO-6	Apply intervention techniques based on DSM.	PSO5	AP

Course Title		MAJOR CORE 7- EXPERIMENTAL PSYCHOLOGY I	
Code		P18PS2MCP07	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Demonstrate competence in administering, scoring and interpreting the psychological tests.	PSO3	U
CO-2	Identify the relevant tests to be used for specific counselling needs	PSO3	AP
CO-3	Infer test reports for planning counselling and therapy sessions	PSO5	U
CO-4	Examine the psychological attributes through performance and projective tests	PSO3	AN
CO-5	Apply the tests in counselling set up for clinical, non-clinical, literate and illiterate population	PSO3	AP
CO-6	Construct modules or counselling sessions based on the tests	PSO5	C

Course Title		MAJOR ELECTIVE 2- REHABILITATION PSYCHOLOGY	
Code		P18PS2MET03	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Outline social and psychological approaches to rehabilitation psychology.	PSO1	U
CO-2	Identify and classify the level of mental retardation.	PSO2	AP
CO-3	Compare the similarities of language and speech disorders.	PSO2	AN
CO-4	Distinguish between hearing and visual impairments.	PSO2	AN
CO-5	Categorise various physical disabilities.	PSO2	AN
CO-6	Examine and evaluate the intervention for various disabilities.	PSO2	AN

Course Title		MAJOR ELECTIVE 2- BEHAVIOR MODIFICATION	
Code		P18PS2MET04	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Extend the behaviour modification techniques to various areas	PSO1	U
CO-2	Summarize the basic principles of behaviour modification	PSO1	U
CO-3	Apply strategies to measure behavioural change	PSO3	AP
CO-4	Adapt various behaviour modification techniques	PSO5	C
CO-5	Evaluate the application of management techniques	PSO3	EV
CO-6	Illustrate and infer behavioural change and management	PSO3	U

Course Title		NON MAJOR ELECTIVE- STRESS AND COPING	
Code		P18PS2NMT01	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Demonstrate the manifestation of stress on health.	PSO1	U
CO-2	Compare different stress and health related illness.	PSO1	U
CO-3	Illustrate the sociodemographic factors producing stress.	PSO2	U
CO-4	Classify the various social support resources.	PSO1	U
CO-5	Outline the methods of coping strategies.	PSO3	U
CO-6	Identify and implement the stress relaxation techniques in daily life.	PSO1,PSO5	AP

Course Title		MAJOR CORE 9: PSYCHOMETRIC MEHODS	
Code		P18PS3MT09	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Illustrate on scientific measurement.	PSO1	U
CO-2	Demonstrate on standardization of test.	PSO1	U
CO-3	Formulate test for research.	PSO1	C
CO-4	Develop skills on analysing data.	PSO1	AP
CO-5	Identify and adapt statistical technique.	PSO1	AP
CO-6	Construct and standardize a research tool.	PSO1	AP

Course Title		MAJOR CORE 10: COUNSELLING PSYCHOLOGY	
Code		P18PS3MCT10	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Outline the basics of counseling.	PSO1	U
CO-2	Develop basic counselling skills.	PSO3	AP
CO-3	Apply different counseling techniques for effective counseling treatment and prevention.	PSO5	AP
CO-4	Analyze various approaches to counseling.	PSO1	AN
CO-5	Apply counseling skills on different intervention strategies.	PSO5	AP
CO-6	Apply therapeutic techniques.	PSO5	AP

Course Title		MAJOR CORE 11- PSYCHOTHERAPEUTICS		
Code		P18PS3MCT11		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Comprehend different psychotherapeutic techniques.	PSO5	U	
CO-2	Apply techniques to psychological issues and their treatment.	PSO5	AP	
CO-3	Discuss Using appropriate Therapy based on the type of maladjustment.	PSO5	C	
CO-4	Comprehend different psychotherapeutic techniques.	PSO5	U	
CO-5	Compare Behaviour and cognitive behaviour therapy.	PSO5	U	
CO-6	Analyse postmodern and family systems approach.	PSO5	AN	

Course Title		MAJOR CORE 12- EXPERIMENTAL PSYCHOLOGY II		
Code		P18PS3MCP11		
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level	
CO-1	Understand basics of Psychological assessment.	PSO3	U	
CO-2	Understand different types of testing	PSO3	U	

Course Title		MAJOR ELECTIVE- CYBER PSYCHOLOGY	
Code		P18PS3MET05	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Illustrate the current trends of cyber psychology	PSO1	U
CO-2	Identify the signs and symptoms of cyber addiction	PSO2	AP
CO-3	Analyze the impact of online relationship	PSO3	AN
CO-4	Relate the influence of groups in cyber space	PSO1	U
CO-5	Compare cyber bullying and cyber crime	PSO3	U
CO-6	Develop intervention strategies to deal with cyber crime	PSO1	C

Course Title		MAJOR ELECTIVE- 3: HEALTH PSYCHOLOGY	
Code		P18PS3MET06	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Summarize the biopsychosocial model of health	PSO1	U
CO-2	Demonstrate the functioning of the nervous system	PSO2	AP
CO-3	Examine the theoretical perspectives of health related behaviour	PSO3	AN
CO-4	Analyze the behaviour that enhance health.	PSO1	U
CO-5	Compare various health promotion behaviours.	PSO3	U
CO-6	Apply health promoting behaviours in various set up.	PSO1	C

Course Title		NON MAJOR ELECTIVE –II:PSYCHOLOGY FOR EFFECTIVE LIVING	
Code		P18PS3NMT02	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Summarize the components of self.	PSO1	U
CO-2	Relate physical and psychological health with effective living.	PSO1	U
CO-3	Analyse the strategies used for self-identity	PSO5	AN
CO-4	Compare interpersonal and interdependent relationship	PSO3	U
CO-5	Examine and infer decision making strategies.	PSO3	AN
CO-6	Adapt the strategies to understand people's behaviour in interpersonal relationship.	PSO3	C

Course Title		MAJOR CORE 13: COGNITIVE NEUROPSYCHOLOGY	
Code		P18PS4MCT13	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Paraphrase the origins of cognitive neuropsychology	PSO1	U
CO-2	Illustrate the structure and functions of neurons	PSO1	U
CO-3	Explain the methods in cognitive neuropsychological concepts	PSO1	U
CO-4	Outline various perceptual processes	PSO5	U
CO-5	Summarize the problem solving and creative aspects of cognition	PSO5	U

Course Title		MAJOR CORE – 14: HUMAN RESOURCE MANAGEMENT	
Code		P18PS4MCT14	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Understand the physical and psychological working conditions.	PSO1	U
CO-2	Distinguish between Job analysis and evaluation.	PSO1	AN
CO-3	Execute employee selection technique.	PSO1	AP
CO-4	Implement the concepts of various training methodology	PSO5	AP
CO-5	Paraphrase the strategies in performance appraisal.	PSO5	U

Course Title		SELF STUDY: SPORTS PSYCHOLOGY	
Code		P18PS4DIS01	
CO No.	Course Outcomes	PSOs Addressed	Cognitive Level
CO-1	Infer the psychological issues in sports	PSO1	U
CO-2	Examine the influence of motivation and goal setting in sports	PSO1	AN
CO-3	Analyze cognitive process in sports performance	PSO1	AN
CO-4	Identify the importance of group behavior	PSO1	AP
CO-5	Demonstrate applying stress management techniques to enhance performance	PSO1	U
CO-6	Apply various motivational strategies for higher achievement	PSO1	AP