



Annual Report

2014 - 2015



Introduction

Respected chief guest Dr. V. M. Muthukumar, Vice-Chancellor, Bharathidasan University, Tiruchirappalli, Rev. Sr. Dr. Rosy Antony, Provincial, Rev. Sr. Dr. Lilly V, Superior and Secretary, Rev. Sisters of the Cross, Sisters of other Congregations, Rev. Fathers and Brothers, Principals and staff of neighbouring colleges, distinguished guests, special invitees, parents, benefactors, media personnel, teaching and administrative staff and my dear students, it is my pleasure to welcome all gathered here to our 92nd College Day celebration.

It is my privilege to present a report of all the activities of the academic year 2014 - 2015. Education which is the most important means of human resource development, is every individual's right. It is a basic need as inevitable as air, food and water for healthy living. The structure of education has to be strong and broad based, cutting across cultural and geographical barriers, with a global perspective of achievement and work culture. This is the foundation on which an individual's and society's super edifice of success is built and sustained.

Education has a very great role to play in nurturing intelligent and intellectually motivated human beings with the required mental, emotional and physical skills, competency and humane values that will help in the progress of the self and society. Education enables an individual to prepare a road map for his or her academic career and growth with time bound milestones of achievement, through a dynamic vision that inspires and

motivates one to work with enthusiasm. It helps to take right decisions that lead to accomplishing long term goals through professional commitment and quality performance for social uplift.

In today's educational scenario, the focus is more on employability rather than on enlightenment. Education should help to provide a multi focused holistic overall development of the human person and not a unifocussed or one sided development of only knowledge and skills. Character formation with good values to be lived and virtues to be practiced rather than be spoken about is an important end product of good education.

It should enable individuals not only get wealth and fame but also through career and position to reveal the best side of human nature in actions and relationships, by being humane, law abiding and compassionate individuals. It should develop enlightened, enterprising energetic citizens who will work for nation-building.

Education should tap the full potential of individuals who will strive to remove economic disparity and religious or caste divides that caused social inequality. The attainment of social equality, a long standing dream and need for social growth can become a reality only by the efforts of educated youth, the leaders and makers of tomorrow who can create a better and braver new society with human development and social service without disparity. It is possible through education, enlightenment and empowerment to ring out the social evils

of corruption, ignorance, inequality and crimes based on gender discrimination and to bring in progress by bridging the gap between the rural and urban divide and by connecting the haves and the have not's in different aspects of life - economic, intellectual, religious or cultural - for psychological and socio economic

wellbeing in the highly competitive and challenging global scenario.

The college reopened for II and III UG and II PG students on 18th June, for I UG students on 24th June and for I PG students on 2nd July 2014.

Mass of the Holy Spirit

Shift I

The Mass of the Holy Spirit was consecrated by our Bishop of Trichy Diocese Rt. Rev. Dr. Antony Devotta on 3rd July 2014. At the Solemn Mass, representatives from the management, staff and students carried models of flames to make a burning bush. During the sermon the Bishop spoke about the Holy Trinity and told the congregation to pray, to have the mind to realize the sin and not to entertain sin and to ask God with deep faith for whatever we need. Rev. Sr. Dr. Jeusin Francis, Principal, renewed the consecration of the college to the Sacred Heart of Jesus.

Shift II

Eucharistic celebration invoking the Holy Spirit to lead us throughout the year was celebrated on 3rd July. Fr. Leo - Babu, the chief celebrant interceded for God's blessings. During the offertory the gifts of the Holy Spirit were symbolically offered. The Departments of English and Physics led the offertory procession. The mass ended with thanksgiving and gratitude to God for all that He had done in the previous year and for His blessings for this year.



Welcome for I UG students

Classes began on 24th June 2014 for I UG students. Bridge course in English was conducted by the Department of English till 30th June 2014. On 1st July 2014, they were welcomed with a short programme. After a brief prayer service, Rev. Dr. Sr. Lilly V, the Secretary and Correspondent, briefed them about the history of Holy Cross College and the significance of being a Holy Crossian. She traced the evolution of Holy Cross College to its present status and emphasized Holy cross tradition of spiritual and intellectual development of students. She wished them all round personality development and success. The Dean of Arts, Dr. Pushparani, Associate Professor of Commerce detailed the academic structure followed at Under graduate level, CIA and External component and the importance of attending internal tests, quizzes, assignments and seminars. Dr. Sheila Christopher, Dean of students briefed them on the rules and regulations, dress code and student scholarships and extra - curricular activities like Fine Arts, Sports, NSS, NCC which would also contribute to the shaping of their personality. Dr. Lilly Rosari, Dean of extension briefed them about RESCAPES and about the student's participation in it. Rev. Dr. Sr. Jeusin Francis, the Principal insisted on good character and spiritual life that prevails in the campus. She advised them to be God loving and goal-oriented. She requested them to focus on educational excellence and achieve success. A hand folder with rules and regulations of the College was distributed to each student. The meeting came to an end with the college anthem.

Medical checkup for I UG students was conducted on 26th August 2014 from 9 am to 6 pm. 2 Doctors 2 nurses and 2 supervisors were present along with students from Audiology and Speech Language Pathology. The BASLP students checked students for speech and hearing

problems and the doctors from Frontline Hospital carried out the other medical check up. Medicines were prescribed for the students. The doctors said that the students suffer from anemia and calcium deficiency and some girls have problems with their menstrual cycle.

Staff Orientation

The Staff Orientation Programme on 'The Sustainability Platform' (TSP) Capacity Building initiative was conducted on 16th June 2014 by Dr. A. Xavier Raj CEO of TSP Chennai. The staff of Computer Science led the gathering into a meaningful prayer and Dr. Regina Dorothy, Associate Professor of English welcomed the gathering. The Resource person enlightened the teaching staff of both shifts I & II on the threats and the opportunities awaiting Higher Education due to globalization and the ways in which the students and the teachers should respond to the crisis.

He charted out plans for encountering the crisis through Expansion, Equity and Excellence. He explained five pillars of attaining excellence as efficient governance, powerful leadership, updated academia, innovative teaching and learning experience and development of research aptitude.

He explained three types of institutions-foundation institutions, career institutions and research institutions and the methods of achieving excellence. In the afternoon session he briefed the staff on the characteristics of excellence and how it can be achieved in institutions. A group discussion among the staff of the departments on how to aim at excellence in syllabus, teaching learning and research was carried out and the findings were presented. The resource person was satisfied with the discussions and the presentation. The programme ended with the vote of thanks by Dr. Mary Jayanthi Asst. Prof. of English.

One day orientation programme on Smart Board was conducted by the Learning Management System of our college on 11th August 2014. The resource person was Mr. Boopathy, Area Sales Manager, Young India Films. He taught the staff the various ways of using an Mi-Board and also stressed the importance of using internet via Smart Board.

Four sessions were conducted for the staff of both Shifts I and II. The staff members participated with great zeal. A vast learning of Smart Board and its techniques were assimilated by the staff members. The session was very impressive and proved useful to the teachers. All the members had a chance of using a Smart Board under the guidance of the resource person. Doubts were cleared during the query session.

An orientation programme on "Becoming a Teacher of Excellence" was organized for the Staff of shift II, with less than five years of experience, on 14th August 2014. The chief guest was Dr. M. Mary Jayanthi, Assistant Professor of English.

The objectives of the programme were:

- To identify the need for a paradigm shift in teaching style



- To understand the areas of improvement to excel as better teachers

- To analyse the ways to enhance the teacher personality
- To recognise the role of a 'comprehensive teacher'



The forenoon session began with the prayer service rendered by the staff of the department of Computer Science. It was followed by the welcome address by Ms. Gayathri, Assistant Professor of Commerce (Shift II). Dr. (Sr.) P. Rajakumari, Vice Principal and Sister Incharge of Shift II presented a memento to the chief guest.

The Ice Breaking session focused on 'Building Relationship on Realistic Expectations.' It enabled the participants to reflect on the attitude, knowledge and skill in transferring communication where there is a possibility of learning taking place in a non-threatening atmosphere. The subsequent focus was on the 'Need for a Paradigm Shift' which insisted on the role of creativity in handling various types of students in a class.

The next session on 'Becoming a Teacher of Excellence' projected the facts of the 'Y Generation' type of students and increased the awareness of the participants in providing an independent and supportive environment in the classroom avoiding stunted growth. The forenoon session came to an end with the 'Teacher Behaviour Test.'

The afternoon session which concentrated on 'Teacher Communication and Behaviour', insisted on the roles to be

played by a teacher as 'Teacher Compiler', 'Teacher Counsellor' and 'Teacher Challenger' by exploring, channelizing and contributing the resources. Interactions on handling conflicts through creative aspects brought out the possibilities of constructive approach in Teacher Behaviour.

Rev. Dr. (Sr.) Jeusin Francis, the Principal, addressed the gathering, expressed her satisfaction on the conduct of the programme and insisted on the need for becoming a teacher of excellence in professional life. The session came to an end with the vote of thanks proposed by Ms. Maria, Assistant Professor of Business Administration.



Shift II

On 19th August 2014, a talk on "Homeopathy Medicine" Natural Elixir of life was delivered by Dr. Sr. Diana Mathew, BHMS, to all the Shift II faculty members. The programme started with a prayer service by the faculty members of Computer Science followed by the welcome address delivered by Ms. Joan Cynthia, Assistant Professor of English. As a token of appreciation a memento was presented to the chief Guest by Dr. Ms. Mathuravalli, Assistant Professor of Commerce.

Practising as a Homeopath in Nammakal, Dr. Sr. Diana Mathew addressed the gathering and gave clear idea about the origin of Homeopathy medicine and the factual benefits of the same through various examples. She emphasized the current trend in various

medicine systems such as Allopathy, Naturopathy, Isopathy, etc, and the drawbacks of these in comparison with Homeopathy medicine which in turn she referred to as the natural elixir to a healthy life. Various questions and doubts concerning Homeopathy medicine were raised by the faculty members and Dr. Sr. Diana answered all of them with clarity.

The programme came to an end with the vote of thanks delivered by Ms. JoneJayashree, Assistant Professor of Mathematics and Staff Secretary of Shift II.

Administrative Changes

Change is the yard stick used to measure the dynamic progress made.

Change of Guard



Rev. Dr. Sr. Lilly V, Asst. Prof. of Zoology, assumed office as the Secretary of the College



Rev. Dr. Sr. Georgia, Former HOD of History, took charge as Controller of Examinations



Rev. Dr. Sr. P. Rajakumari, Asst. Prof. of History, was appointed as Vice-Principal and Sister In-charge of shift II



Sr. Lizy George, Asst. Prof. of French was appointed as Vice-Principal



Dr. Leema Rose, Asso. Prof. of Chemistry was appointed as Dean of Science

Change in HODs in some Departments

The following staff took on the responsibility as Heads of the Departments:

Department	HOD	
Audiology and Speech Language Pathology	Mr. Sundaresan R	
Biochemistry	Ms. Umera Begam	
Biotechnology & Bioinformatics	Dr. Rajalakshmi	
Rehabilitation Science	Dr. Nagalakshmi P	
Social Work	Sr. Niranjana Antonisamy	
Visual Communication	Fr. Paulraj	
Zoology	Dr. Horne Iona Averal	



Ms. Diravia Gladina was appointed a Physical Directress for Shift I

Infrastructure

Modern teaching methodologies and emerging technologies with recent and updated knowledge dissemination tools have become essential today as they assist in newer learning and research insights. To

make use of updated and hi-tech technological tools for teaching and administration, the following equipments were purchased this year.

Major Equipments Purchased 2014 – 2015

Sl.No	Particulars	No. of Items
1	IBM X Series 3500 M4 Tower Server	1
2.	1000 litres LPH Ro Water treatment plant (AFL-G ₂)	1
3.	200 litres LPH Ro Water treatment plant (AEL-E ₁)	1
4.	S.S. Water Tank 300 litres -304 Grade	1
5.	Computers	21
6.	Air Conditioner	9
7.	Nikon – Camera	1
8.	LCD projectors	3
9.	Printers	3
10.	Connected Solar Photovoltaic (SPC) Power Plant and Lightning Arrester	1
11.	Adobe creative cloud software	1
12.	Multiparameters – Combo Meters Pen Type-Eutech& pH Meter pH Tutor-S	1
13.	Hot Plate, Deep Freezer, Orbital Shaker	1
14.	LG Refrigerator	1
15.	Creative Head Phone	1
16.	Medulla AD-Bera Machine Comprising with Computer	1
17.	Phono Lab – Doctor Speech Voice Analyser Set	1
18.	Panasonic HC X1000 Video Camera and Sony 4K 64 GB 09Mbps Memory Card and other accessories	

Collaborative Enterprise

With the new paradigm shift in the teaching learning strategies, the staff students rapport is a healthy collaboration based on good interpersonal relationship, with the special focus on e-learning or Web based learning and the use of modern educational tools and technologies to bring the students on par with global standards.

There are 261 Teaching faculty in both shifts I & II, 98 administrative staff and more than 4934 students who are doing UG/PG courses or pursuing research in M.Phil./Ph.D.

Research

Ph.D. awarded

Congratulations to 12 staff and 3 Research Scholars who were awarded Ph.D.



➤ **Dr. R. Kanmani, Asst. Prof. of Chemistry**

Title of the Thesis: “Phytochemical, Microbial and Pharmacological studies

of the extracts of the medicinal plants – Clematis, Gouriana and Polycarpea Corymbosa”



➤ **Dr. J. Margaret Suganthi, Asst. Prof. of Visual Communication Guided by Dr. Fr. Victor Sunderaj**

Title of the Thesis: “The Impact of the Television Advertisement Models on the Body Image of Young Women”



➤ **Dr. Sujatha Ilangovan, Asst. Prof. of Zoology Guided by Dr. Lethi C.D., Asso. Prof. of Zoology (Retd)**

Title of the Thesis: “Genetic and Morphological Variation Studies in the

indigenous earthworm Lampito Mauriti Kinberg in the chosen agro climatic zones in India”



➤ **Dr. Rexline Jayakumari, Asst. Prof. of Mathematics Guided by Dr. W. Ritha, Asst. Prof. of Mathematics**

Title of the Thesis: “Fuzzy EOQ Model”



➤ **Dr. Mary Mejrullo Merlin, Asst. Prof. of Mathematics Guided by Dr. W. Ritha, Asst. Prof. of Mathematics**

Title of the Thesis: “Fuzzy Cognitive Map”



➤ **Dr. M. Sumathi Guided by Dr. W. Ritha, Asst. Prof. of Mathematics**

Title of the Thesis: “Analytic Study on Inventory Fuzzy Model”



➤ **Dr. Mary Josephine Isabella Guided by Dr. S. M. Pushparani, Dean of Arts & Asso. Prof. of Commerce**

Title of the Thesis: “A Study of Child Labour in the Unorganized Sector in Tiruchirappalli District, Tamil Nadu”



➤ **Dr. J. Felicita Florence, Asst. Prof. of Chemistry**

Title of the Thesis: “Corrosion behaviour of electroplated carbon steel”



➤ **Dr. Sr. Christina Bridget, Asst. Prof. of Commerce**

Title of the Thesis: “Total Quality Management in Higher Education with Special Reference to Arts and Science Autonomous Colleges in Chennai and Coimbatore from Students’ Perspective”



➤ **Dr. Regina Dorothy, Asso. Prof. of English**

Title of the Thesis: “Search for Reintegration of the Excluded Black American in Select Works of Richard Wright”



➤ **Dr. M. Mary Jayanthi, Asst. Prof. of English guided by Dr. Qental Cheryl Mary**

Title of the Thesis: “Conflicts from Surrounding Spaces of the mid-20th century Jewish Montreal Ghetto: A New Historicist Approach to Mordecai Richler’s select Novels”



➤ **Dr. Josephine Lourdes De Rose, Asst. Prof. of Commerce**

Title of the Thesis: “An empirical study on the quality of the maternity private hospitals in Tiruchirappalli Corporation using servqual model”.



➤ **Dr. A. Avila Jerley, Asst. Prof. of Zoology**

Title of the Thesis: “Insightful characterization of novel biopigments from selected microbiota and its curative efficacies in human health concern”



➤ **Dr. Arumbu, Asst. Prof. of Tamil**

Title of the Thesis: “Arts in Twin Epics”



➤ **Dr. Christy Amudha Guided by Dr. Lethi C.D., Asso. Prof. of Zoology (Retd)**

Title of the Thesis: “Tissue Protective Effect of Pterocarpus Marsupium Roxb in MSG obese diabetic Swiss Albino Mouse MusMusculus”

Ph.D. Synopsis Presented



Ms. R. Pricilla, Asst. Prof. of History



Mrs. R. Manonmani, Asst. Prof. of Botany



Ms. T. Pandilakshmi, Asst. Prof. of Zoology



Ms. Lavanya J Raj, Dept. of Rehabilitation Science



Ms. Nivetha Martin, Dept. of Mathematics



Ms. Lilly Merline, Dept. of Mathematics



Ms. Anita Roy, Dept. of Biotechnology

Ph.D. thesis Submitted



Ms. Mary Sandra Quintal, Asst. Prof. of English



Ms. Juliet Vinolini, Asst. Prof. of English



Ms. Jenitra L, Asso. Prof. of Commerce



Ms. Francisca P, Asso. Prof. of Botany



Ms. Sharmi A, Asst. Prof. of Tamil



Ms. Babithra, Asst. Prof. of Tamil

Several staff registered and are doing Ph.D. research.

Books published

◆ A book “Academia and Society...International Journal of Educational Society” Vol I No. 1 ISSN 2393 – 9419 was published in October 2014 by Come Alive Centre, Holy Cross College Campus, Trichy, and Volume 1 No. II was published in February 2015.

◆ Dr. A. Sahayitta Fernando, Asso. Prof. of Commerce and Dr. I. Francis Gnanasekar published a book titled “Marketing Functions: Women Self Help Groups carrying on Dairy Business”.

◆ Dr. L. Cathrine published a book “Phytochemical Studies on Vitezx Leucoxydon L.F.”, Lambert Academic Publishing, ISBN NO. 978-3-659-42148-8 in 2014.

Development Grant

UGC

Financial Assistance under the Scheme of Establishment and monitoring of internal quality assurance cells in colleges. Amount sanctioned and received Rs. 3, 00, 000/-

DBT

Strengthening of Life Science and Biotechnology Education and Training at Under Graduate level under Star College Scheme. Sanctioned amount: Rs. 11,00,000/- for four departments – Physics, Chemistry, Botany and Zoology

BIF

This year Rs. 7 00, 000/- was sanctioned to BIF Centre of Holy Cross College by Government of India, Ministry of Science and Technology, DBT, New Delhi.

Projects

UGC Minor Project

Ten minor projects were sanctioned by UGC to the following staff members,

Dr. Leema Rose, Asso. Prof. of Chemistry

Title: "Evaluation of TerminaliaChebula extract as Corrosion Inhibitor and Reductant for the Green Synthesis of Metal Nano particles"

Amount: Rs. 4, 20, 000/-
18 months (April 2014 to September 2015)

Dr. Catherine. L, Asst. Prof. of Chemistry

Title: "Phytochemical and Pharmacological Study on different Cultivars of Carica Papaya on Anticancer activity"

Amount: Rs. 3, 80, 000/-
18 months (April 2014 to September 2015)

Dr. Raji. K, Asso. Prof. of Physics

Title: "Study of Defect Orientation due to electronic media by Non-Destructive Testing"

Amount: Rs. 3, 00, 000/-
18 months (April 2014 to September 2015)

Dr. Rajalakshmi. M, Asst. Prof. of Zoology

Title: "Exploring the Anticancer Efficacy of a Polysaccha Ride (4832/CHE/2012) isolated and identified from Methanol extract of TinosporaCordifolia Stem – An In-Vitro, In-Vivo and In-Silico Approach"

Amount: Rs. 4, 75, 000/-
18 months (April 2014 to September 2015)

Dr. Vasanthi. S, Asso. Prof. of Commerce

Title: "Study on the Socio – Economic Empowerment of Rural Women under (MGNREGA) Mahatma Gandhi National Rural Employment Guarantee Act – with special reference to Tiruchirappalli Dist."

Amount: Rs. 1, 40, 000/-
18 months (April 2014 to September 2015)

Ms. Chamane Unus Rodrigues, Asso. Prof. of Economics

Title: "A study on Socio Economic conditions of Women Employees in the new Economy in Tiruchirappalli Dist."

Amount: Rs. 2, 60, 000/-
18 months (April 2014 to September 2015)

Mr. Antony Stephen, Asst. Prof. of Social Work

Title" "A study on Livelihood problems faced by International Migrant workers from Middle Countries, in Pudukottai District of Tamil Nadu"

Amount: of Rs. 1, 35, 000/-
18 months (September 2014 to February 2016)

Dr. J. Felicita Florence, Asst. Prof. of Chemistry

Title: "A Study on Electro Deposition of Zinc, Nickel Alloy in the presence of Eco Friendly Lawsone isolated from Lawsonia Inermis Linn. Leaf extract – An alternative to Toxic Cadmium Plating Amount: of Rs. 1, 90, 000/-

18 months (February 2015 to July 2016)

Dr. J. RosalinVimala, Asst. Prof. of Chemistry

Title: "Isolation and Characaterization of Bioactive Compound from Melia Dubia – the role analysis in the

Enthnopharmacological approach”
Amount: of Rs. 2, 50, 000
18 months (February 2015 to July 2016)

Dr. P. Sahaya Amutha, Asst. Prof. of Chemistry

Title: “Transport and Thermodynamic properties of certain biologically important compounds in Aqueous and Mixed Aqueous solutions of synthetic preservatives”
Amount: of Rs. 2, 40, 000
18 months (February 2015 to July 2016)

Achievements /Awards /Ventures

College Special Achievements

- ◆ Rotaract club of Holy Cross College has won the following awards for 2013 – 14
 - Best in Community Service
 - Outstanding Bulletin Award
 - Best DRR official visit
 - Presidential Citation Award for actively working to engage Rotary, change lives
 - District Award in recognition for organizing DRR official visit
 - Award for hosting Pets & Sets 2014
- ◆ Our College received “Healthy Workplace Gold 2014” Award from Arogya World – Public Health Foundation of India, in November 2014.
- ◆ DBT sanctioned “Incentive Award-2014” certificate to BIF centre of our college for the best paper publication among colleges with BIF centre all over India.

Learning Management System

To enhance the learning process the Learning Management system was initiated on 3rd July 2014. The LMS team comprises of 20 members representing the

different departments under the leadership of the Principal, Rev. Dr. Sr. Jeusin Francis. There are three core committees focusing on three essential components of the system namely website updation, Smart Board and Developing E-content. 72 e-content lessons were developed as the instructional design for the students during this academic year.

Staff Awards/Achievements

Ms. M. Mary Jayanthi, Assistant Professor of English, was selected as the trainer by the US Embassy for the English Access Microscholarship Programme at WIND TRUST, Trichy. She attended the Training of Trainer’s (TOT) RELO workshop at Delhi from 28th to 30th August, 2014. The workshop was conducted by Dr. Thomas Orr ELT Consultant and RELO Diane Millar. The three-day workshop stressed the need to teach English for real-world and everyday communication.

Global Economic Progress and Research Association (GEPRA) a society of repute, presented “Indra Gandhi Sadbhavna Gold Medal Award 2014” Trophy and Certificate to Dr. A. Leema Rose, Associate Professor of Chemistry for extra-ordinary outstanding individual achievement in Research and Education, on the occasion of 22nd National Unity Conference on “Individual Achievements and Service” held on 19th November 2014, at Bengaluru. She was also elected as syndicate member of Bharathidasan University, Tiruchirappalli.

Late Dr. P. Daisy, former HOD of Zoology, was awarded Fellowship in Reproduction & Endocrinology (FRE) award for senior scientist for their research achievements in the field of Life Science in the International Conference on ‘Bioactive chemicals for Reproduction & Human Health’ at XXXIII Annual meeting of the Society for Reproductive Biology & Comparative Endocrinology’ held at Life Science Departments, Davangere

University, Karnataka from 26th - 28th February 2015.

Lions Club of Tiruchirappalli - Majestic has given a Best Teacher of the Year 2014- 15 to Mr.M.Antony Stephen, Holy Cross College for his outstanding performance in the field of Teaching. He addressed the gathering on the award day function on "The Teacher in search of Students"

Students Achievements

Catharsis' 14 , a National level cultural meet for budding social workers was held on 4th , 5th& 6th September 2014 in Bishop Heber college, Trichy. The students of social work from our college participated in the following competitions and won the first two prizes.

1. Insight (Documentary) : I prize
2. Gestalt (cartoon sketching) : I prize
3. Social Quotient (Quiz) : II prize
4. Displacement (Puppetry) : II prize
5. Music Therapy (Group Song) : II prize
6. Eclectia (Variety) : II prize

The participation of the students in catharsis '14' was well appreciated by the Principal and various departments of the college.

The students of the Department of Zoology won the overall winner's trophy in *Wings'15*, a state level cultural meet held at the PG Department of Zoology, Bishop Heber College on 4th march 2015 in which about 20 colleges participated.

Refresher Course

Two staff members attended a refresher course conducted by Bharathidasan University, at Academic Staff College, Khajamalai Campus in 2014,

♣ Dr. H. D. Subhashini - refresher course on Life Science

(Interdisciplinary) from 18th July to 7th August 2014

♣ Sr. Isabella Rajakumari - refresher course in History from 6th to 26th November 2014

Golden Delight - 25 years Service completed

Hearty Congratulations to the following staff for the silver jubilee milestone achieved in their service at Holy Cross College, Trichy

Administrative Staff



Ms. Rita Garrett, Lab Asst. SG



Ms. Arockia Flora, X, Lab Asst.

100% Attendance

Congratulations for the following staff of shift I for 100% attendance



Dr. R. Kanmani, Assistant Professor of Chemistry



Ms. A. Jasmin Banu, Assistant Professor of Physics



Ms. Motcham Alangaram, Administrative Staff (Mgt.)

Faculty Visit Abroad

➤ **Dr. M. Mary Jayanthi**, Assistant Professor of English, Holy Cross College, was a panelist and spoke on 'How effective is an ESL/EFL learners' creative writing course?' and read from her poetry collection *Sketches: From the pages of my Diary* at the public events during the four-day Asia Pacific Writers' and Translators' 7th International Conference. She also participated in the workshop on Advance Creative Writing Fiction by Dr. Tony Birch of Melbourne University. The conference was co-hosted by the National Book Development Council and The Arts House, in association with the Yale-National University of Singapore campus. Entitled 'Bridging Cultures: Creative Writing and Literary Translation in the Asian Century'. This landmark event took place between 17th and 20th July 2014 at The Arts House in Singapore.

➤ **Dr. S. Vasanthi**, Associate Professor of Commerce attended an International Conference 2014 Global Marketing Conference at Singapore from 15th to 18th July 2014 on "Bridging Asia And The World: Globalization of Marketing and Management Theory and Practice" at Sands Expo and Convention Centre, Marina Baysands, Singapore and presented a paper on "Marketing of the Heritage Puger Hand Embroidery Art in India"

➤ **Sr. Lourdu Mary** had an opportunity to visit and gain rich expertise at the international level in the organisation serving the differently abled namely Heilpädagogisches Zentrum Lebenshilfe für Behinderte e. V. Zur Lebenshilfe 1, Irchenrieth, Germany for 15 days from 3rd- 15th November 2014. The main focus of the visit was to foster the kind of high capable research and knowledge with broad international perspectives in the field of Disability Rehabilitation and Special Education. The

visit aimed to gain practical hands on experience through observation of teaching methodologies or remedial instruction cum therapeutic intervention at that institution and neighbouring organisations. Recent developments in the field with regard to Special Education and intervention strategies pertaining to persons with special needs also were highlighted. It was very useful and informative.

Highlights of the Year

Memorandum of Understanding (MoU)

A remarkable achievement of the department of Zoology was the signing of MoU with Mother Cell Regenerative Centre Private Limited, Trichy on 6th August 2014 to develop translational research with stem cells, in the presence of Rev. Dr. Sr. Jeusin Francis, the Principal, Rev. Dr. Sr. Lilly. V, the Secretary of Holy Cross College, Dr. V.R. Ravi, Director, Mother Cell Regenerative Centre. Dr. Horne Iona Averal, Head, Department of Zoology, gave a brief account of the department and its activities. Dr. Ravi spoke about the Mother Cell Regenerative Centre and its service offered to the society.

The second MoU of the department was signed with Kavin Bioresearch, Chennai on 10th January, 2014 in the presence of Rev. Dr. Sr. Jeusin Francis, the Principal; Rev. Dr. Sr. Lilly. V, the Secretary; Ms. Vinitha Lakshmi, Project Manager, Kavin Bioresearch; Dr. Kalyan Kumar, Consultant Scientist, Kavin Bioresearch, Dr. Horne Iona Averal, Head, Department of zoology and the faculty members of the PG and Research Department of zoology. The MoU will enable research, placement and training of students in the field of biosciences.

On 8th July 2014, Rev. Fr. Maria Arockiasamy S.J. inaugurated the 'Meditation in Action Movement' (MAM) in Holy Cross College and a book on

'MAM' was released. Regular MAM classes are held during the Ethics hour, on every third day order.

International and National Seminars / Workshops / Conferences

On 19th August 2014 an International seminar on "The contribution of Christians to Tamil grammar in 17th & 18th centuries" was conducted by the Department of Tamil. Dr. Daniel Jayaraj, Prof in Liverpool University, England and director 'Andrew Wells' institute, was the chief guest and he delivered the key note address.

The Department of Commerce conducted a National conference on 'Micro small and Medium Enterprises – Role of Banks in India, Sponsored by UGC on 21st and 22nd August 2014. Mrs. Rani Muralidharan, Executive Director, Gk Sons Engineering Enterprises Pvt. Ltd, Tiruchirappalli, Mr. L.N. Letchumanan, Proprietor, Nagappa Corporation, Trichy, were the chief guests at the inauguration. The Valedictory function was chaired by Mr. S. Narasimhan, Chief Regional Manager, IOB, Trichy. The special guest on the occasion of the Inauguration was Mr. L.N. Letchumanan, Proprietor, Nagappa Corporation, Trichy. He shared his experience as trader and how he is able to offer jobs for hundreds of people in his own business. Rev. Dr. Sr. Lilly V, secretary and Rev. Dr. Sr. Jeusin Francis, the Principal, offered felicitations.

An International Conference on "Emerging Trends in Global Business" was organized by the Department of Commerce on 26th August 2014. Dr. V. Raghu Raman, Senior Faculty, from IBRA College of Technology, Oman, Dr. A. Karunakaran from Hawassa University, Ethiopia, Dr. M. Karthikeyan from Ambo University, Ethiopia were the resource persons.

One Day International Conference on "Ethnic Tourism in the World Scenario" was conducted on 18th September 2014, by the Department of History. The inaugural Address was given by Dr. M. Ponnillango, Director, Jenny's Academy Tiruchirappalli. Mr. F. Fredrick Irudhya Raj, Director, Social Securities, Government of New South Wales, Australia, spoke about Australian Topography, Culture and Tradition of Australia.

Two day International Conference on 'Media, Youth and Values' was organized by the Department of Visual Communication on 27th and 28th November, 2014. The chief guests were Dr. Maria Cristina Santana from the University of Central Florida, U.S, and Dr. Shanthi Balraj Baboo, from the University Sains, Malasiya, Dr. Ram Ganesh, Professor, Dept. of Educational Technology, Bharathidasan University. Rev. Dr. Sr. Rosy Antony, Provincial, released the book titled "Media, Youth and Values", authored by Rev. Fr. Dr. Victor Sunderaj. Rev. Dr. Sr. Jeusin Francis, Principal received the first copy.

An international workshop on "Research Methodology with reference to Mixed Methodology was conducted on 22nd December 2014 by the Department of Social work. Rev. Dr. Sr. Lilly, secretary, Holy Cross College, delivered the Presidential address and Rev. Dr. Sr. Jeusin Francis, Principal, offered felicitation. The keynote address was given by Ms. Annika Karlson, from the University of Dalarna, Sweden. She explained the use of Quantitative Methodology in social science Studies from the global perspectives.

UGC sponsored National Conference on "Issues and Challenges of Service Sector in India" was organized by the Department of Economics, HCC and Oriental Institute of Catering Technology and Hotel Management, Madurai on 7th

January 2015. Prof. A. Ranga Reddy, UGC Emeritus Fellow from Sri Venkateswara University, Tirupati gave the keynote address. A book “Issues and Challenges of Service Sector in India” was released.

One day National Conference on Contemporary Indian Writing in English-Inland Flashes was conducted by the Department of English on 10th January 2015. The aim of the National Conference was to provide a forum for academicians, Writers, Literary Critics, Research Scholars and students to deliberate on the recent trends and approaches in Indian writing in English and to explore its spatio temporal dimensions for regional, national and global discourses.

The highlight was the release of the Book Inland Flashes: Essays in Contemporary Indian Writing in English, a collection of the best papers selected for this National Conference which was released by Rev. Dr. Sr. Rosy Antony, Provincial, Sisters of the Cross of Chavanod, Province of Trichy and the first copy was received by Dr. JaydeepSarangi, Associate Professor of English, Jogesh Chandra Chaudhuri College, Kolkata. This was followed by the release of Dr. JaydeepSarangi’s Book Homeward Bound and the first copy was received by Rev. Dr. Sr. Rosy Antony, Provincial, Sisters of the Cross of Chavanod, Province of Trichy.

UGC sponsored National Conference on “Exploring Gender Issues in Multi Dimensional Approaches – Inter-disciplinary Relevance was conducted on 6th February 2015 by Women Studies Centre, Holy Cross College in collaboration with Department of Women Studies, Bharathidasan University, Trichy. Dr. Molly Kuruvilla, Director, Centre for women’s studies and of Academic staff college, University of Calicut, gave the keynote address.

A National Seminar on “Futuristic Prospects of Biological Sciences” was conducted on 26th February, 2015. Dr. Bindu Roy C Senior Scientist, Plant Pathology Division, Rubber Research Institute of India, Kottayam, Dr. G.Venkateswaran, Senior Principal Scientist, Food Microbiology Department, Central Food Technological Research Institute, CSIR (Govt.of India), Mysore, Dr.M.Vasanthy Assistant Professor, Department of Environmental Biotechnology, School of Environmental Sciences, Bharathidasan University, Tiruchirappalli, and Dr.G.Melchias, Dean, School of Biological Science, Department of Botany, St.Joseph’s College (Autonomous), Tiruchirappalli, were the eminent speakers.

A National Seminar on “Growing importance of soft skills and Software Development” was organized by the Department of Computer Science on 21stFebruary 2015 by Shifts I and II. The resource persons were Mr. N.R. Alwinking, Program Manager, GAVS Technologies Pvt. Ltd., Chennai and Mr. Parathasarathy, Executive Director, Morgan Stanley Technology, Bangalore.

IQAC

The core committee members of IQAC attended several meetings on 27th June; 1st, 4thand 8th July 2014 to discuss and consolidate the data for AQAR report. The report for the academic year 2013-14 was posted on 10th July 2014.

The members of core committee met on 14th July 2014 to plan and prepare the Academic calendar for 2014-15, to conduct the orientation programme for the newly recruited staff and to revise the format of feed-back forms from different stake holders, to fulfil the requirements of NAAC – Parents, Present students, Alumnae, User agencies.

On 13th August 2014, the core committee met to prepare templates for documenting the Departmental activities according to the NAAC parameters, to address the Student Council Members (SCM) to constitute the quality circles and reconstitute sub-committees along with representatives from each department for IQAC.

The meeting of the IQAC members was held on 19th December 2014 to discuss the plan to collect information from Departments as per the AQAR format for the academic year. It was decided that filled in templates need to be sent to IQAC by the 1st week of every month and the core committee has to check and verify the proof during the month of March.

Suggestions given by the members were:

- Department wise representatives for each parameter
- Staff representatives from Shift II to be included as IQAC members
- Group e-mail ID to be created for each sub-group of the NAAC parameter
- HoDs to inform staff to collect the documents for all extended services and linkages offered by the Departments

Orientation programme on “My College and its activities” for Science and Arts faculty (70) with less than 5 years of service in Shift II and recent recruits of Shift I was organized by IQAC on 28th and 29th January 2015. Dr. (Sr.) Jeusin Francis, Principal addressed the gathering and emphasized the responsibilities of a good teacher.

The faculty were oriented towards “College Culture” by Sr. Christina Bridget, HoD of Commerce, “Curriculum Designing” by Dr. A. Leema Rose, Dean of Science, “Teaching and Learning Methods” by Dr. M. Mary Jayanthi, Assistant Professor of English, “Evaluation techniques” by Dr. S.M. Pushpa Rani Dean of Arts. “Research Development” by Dr. S. Vasanthi, Associate Professor of Commerce and “Extension Activities” by Dr. S. Lilly Rosari Associate Professor of Commerce.

The sessions were highly interactive and participative and enabled the teachers to refresh themselves and learn new strategies and techniques to improve their career. Feed-back forms were distributed to all the participants and the responses were consolidated. Feed-back from parents was collected during Parent-Teacher meet conducted by different departments.



Department Highlights

Audiology and Speech Language Pathology

The Department of Audiology and Speech Language Pathology conducted one day workshop on "Research methods and basic statistics related to speech and Hearing and Assessment of child and adult language disorders" on 28th June 2014. Dr. Sunil Kumar Ravi, Vice Principal and Associate Professor, Naseema Institute of speech and Hearing, Bengaluru, delivered an informative and resourceful lecture about recent scientific research topics and basic statistical procedures to be used in research processes in speech and hearing field. Students were asked to form a research design in groups and present their topics. Queries were clarified by Dr. Sunil Kumar and Mr. Sundaresan and innovative methods were discussed.

In the afternoon session detailed assessment procedures for child and adult language disorders were discussed and therapy techniques were also taught based on the queries and certificates were distributed to the students.

For the benefit of all students, a medical camp was held on 26th and 27th August 2014 by the Department of Audiology and Speech Language Pathology. The college students were screened for hearing and speech -language disorders. Counseling was given to all students regarding protecting hearing and vocal hygiene. Further detailed evaluation and recommendations were given to the students. 580 students from various departments benefited from the medical camp.

The student's Speech and Hearing association was inaugurated on 17th September 2014 by the chief Guest Dr. Jawahar Nagasundaram and Guest honors

were given by the Head of the department, Mr. R. Sundaresan.

The Chief Guest Dr. Jawahar Nagasundaram delivered a powerful speech about the need for Speech & Hearing profession in our society. He spoke about the importance of Audiologists & Speech-Language Pathologists & their services in our country. The office bearers for the academic year were selected. Mr. R. Sundaresan spoke about the demand for Audiologist & Speech-Language Pathologist in India & abroad.

Then the papers selected for TAN-ISHACON 2014 were presented and Dr. Jawahar Nagasundaram appreciated the paper presenters.

The department organized School Screening Camp on 17th and 18th July 2014 at Thiruvasi village near Trichy. The School going Students from 6th to 12th standards were screened for Hearing and Speech Language Disorders.

Counseling was given to all Students regarding protecting hearing and vocal hygiene. Further detailed evaluation and recommendations were given to the students concerned. 627 students were assessed.

17 Students with Learning disabilities

5 Students with Articulation disorder
7 Students with stuttering disorder
3 Students with Voice disorder
36 Students with Hearing disorder
559 Students were Normal

A Camp was held on 2nd September 2014, at Kuruvampati, Chennakarai Village near Trichy by the Department for the School going Students from 6th -12th standards who were screened for hearing and speech language disorders.

Counseling was given to all Students regarding protecting hearing and vocal hygiene. Further detailed evaluation and recommendation were given to students who are concerned. Among 187 students assessed, it was found that students with Misarticulation -1, with Delayed speech & Language due to Hearing Impairment -1, with Inadequate speech & Language due to Hearing Impairment -1, Normal -184

The staff and students of the Department attended the 4th TAN-ISHA conference held at Yercaud from 19th to 21st September 2014. Mr. R. Sundaresan HOD, Assistant Professors Ms. K. Bhuvanewari, Ms. Anna Vinu Varghese, Ms. Sanitha Marin Thomas Ms. Pushpa Sarena, and 62 students attended the conference. On 19th September 2014 staff and students attended Pre Conference which was about recent advances in Audiology and Speech Language Pathology. On 20th September 2014 there were guest lecturers, poster presentations and scientific sessions. The students actively participated and presented 6 posters.

On 21st September 2014 there was walkathon and platform presentation. Mr. R. Sundaresan HOD was elected as Executive Council member of TANISHA. The conference was very informative. The staff and students were benefited and gained knowledge on the recent advances in the field of Speech and Hearing.

The Department organized free audiological screening camps in various schools in Tiruchirappalli. Camps were conducted in various schools like Methodist Nursery and Primary School, Methodist Girls Higher Secondary School, Bishop Heber Higher Secondary School, Teppakulam, NEST, Oldage home-Shanthivilla Puthur, Danny and friends, St. Johns Vestry Anglo Indian Higher Secondary School during the period of 27th January to 6th and 12th February 2015.

Students of these schools and the public attended the screening camps and got benefitted. About 2000 people were screened and identified for hearing loss and other hearing related issues. Further detailed evaluation and recommendation were given to all students concerned. Counseling was given to all the people who attended the camp and hearing protection advice was also given and the importance of early identification and intervention were explained.

The staff and students of the Department attended the National Workshop on Paediatric Voice Disorders: Assessment and Management funded by AIISH, Mysore & ICMR, New Delhi held at AIISH, All India Institute of Speech and Hearing Mysore. Assistant Professor Ms. Anna Vinu Varghese and 26 students attended the work shop. On the first day 12th February 2015, the workshop focused on Anatomy and Physiology of Adult with child and infant Larynx and Assessment and Management of Paediatric voice disorders. The Practical session was held on afternoon.

On the second day 13th February 2015 the focus was on Assessment of voice maxillofacial anomalies and special care for paediatric singers. The video session were held in the afternoon. The workshop was very informative; the staff and students benefited and gained knowledge on the recent advances in voice Assessment and Management.

A Seminar on basics of Diagnostic Audiology was organized by the Department on 17th February 2015. The guest speaker was Mr. Vijay, MASLP practising Audiologist and Speech Language Pathologist, Karur. The seminar was initiated by a prayer by the students followed by the welcome address delivered by Mr. R. Sundaresan, HOD. Academic coordinator Rev. Dr. (Sr.) Lourdu Mary delivered a speech on the

department progress in the past 8 months and explained the importance of discipline.

Then the chief guest Mr. V. Vijay gave a detailed presentation on Pure Tone Audiometry, Speech Audiometry - assessment of various types of hearing loss, need of masking and he taught the same practically. He clarified the doubts regarding hearing loss and plotting audiograms. The seminar concluded with the vote of thanks proposed by Assistant Professor Ms. K. Bhuvaneshwari.

Work shop on Voice and its disorders - Assessment and Management was organized by the Department on 19th and 20th February 2015. The guest speaker was Mr. G. Muthukumar, MASLP Assistant Professor, Faculty of Allied Health Sciences, Department of Audiology and Speech Language Pathology, Aarupadai Veedu Medical College and Hospital, Pudhucherry. The welcome address was delivered by Mr. R. Sundaresan HOD. Academic coordinator, Dr. (Sr.) Lourdu Mary delivered a speech on importance of learning voice assessment and management.

On 19th February 2015, the workshop focused on perceptual assessment. The practical session on acoustic analysis was held in the afternoon. On 20th February 2015 the focus was on management of voice disorders with special emphasis on voice therapy techniques pertaining to specific disorders. At the valedictory function in the evening, the guest speaker was honored by Mr. R. Sundaresan HOD, with a memento and feedback about the workshop was given by the students. Then certificates were distributed and the workshop concluded with the vote of thanks proposed by Assistant Professor, Ms. Anna Vinu Varghese. The workshop was very informative; all the students were enthusiastic about the content and the overall quality of the workshop. Students benefited and gained knowledge on the

recent trends in voice Assessment and Management.

The Department organized a free Audiological and Speech Language screening camp in Holy Cross Matriculation School, Dindigal, Vakkampatti, on 25th February 2015. About 400 students were screened and identified for Hearing Loss other hearing related issues and also Speech and Language difficulties. Further detailed evaluation and recommendations were given to the students concerned. Counselling was given to all of them who attended the camp and safe hearing tips were also given and the importance of early identification and intervention were explained.

Workshop on recent advances in electrophysiological testing for the early identification of hearing loss was organized by the Department on 2nd February 2015. The guest speaker was Mr. P. Arivudai Nambi, Associate Professor, Department of Audiology and Speech Language Pathology, Kasturba Medical College, Attavar, Mangalore. The workshop focused on basic aspects of electrophysiological testing, testing parameters, protocols and application of tests.

The practical session on electrophysiological testing was held in the afternoon. At the valedictory function in the evening, the guest speaker was honored by Mr. R. Sundaresan HOD with a memento and feedback about workshop was given by students.



The workshop concluded with the vote of thanks proposed by Assistant professor Ms. Sanitha Marin Thomas. The programme was very comprehensive; students and staff benefited and gained knowledge on the recent advances in electrophysiological testing for the early identification of hearing loss.

Department of Audiology and Speech Language Pathology and the Post Graduate Research Department of Rehabilitation Science organized a massive hearing screening camp on 3rd, 4th & 5th March 2015 in the Department of Audiology. The Chief Guest for the program was Dr. E. Ram Ganesh Professor and Head, Dept. of Educational Technology, Bharathidasan University, Tiruchirappalli and the special Invitee was Rev. Dr. (Sr). Jeusin Francis, Principal.

The welcome address was by Mr. R. Sundaresan HOD. The Principal Dr. (Sr). Jeusin Francis honored the chief Guest and gave a special address. Academic coordinator Rev. Dr. (Sr.) Lourdu Mary delivered a speech on importance and salient features of the day. Then the Chief Guest addressed the gathering. The program concluded with the vote of thanks by Assistant Professor, Ms. Anna Vinu Varghese. Ms. S. Joe Anie Milaska, Ms. R. Ragavi, Ms. E. Mathubala II B.Com., hearing impaired students of our college participated in the inaugural function and Ms. Joe Anie Milaska gave a speech on the significance of the day. The time schedule for screening camp for 18 departments was circulated and around 3000 students benefitted from the camp.



Biochemistry

On 7th August 2014, the Biochemistry association inaugurated its activities by conducting a lecture on Soft Skill Development. The resource person was Dr. Jacob Godwin Prem Singh, Dean of International relations, Director of Childline, Bishop Heber College, Trichy.

His speech motivated the students to aspire and achieve more in their life. He boosted them mentally for achieving their goals and dreams. He also gave various tips for becoming a good communicator. It was the best platform for students to groom themselves as unique individuals.

The extension activity of the department, “Bioscintillators 2014”- science cum health awareness exhibition was conducted at Bishop Heber Higher Secondary School on 3rd September 2014. The students displayed various exhibits pertaining to various topics viz. Human Physiology, Food & Nutrition, Body Mass Index, Microbiology, Health and Hygiene, Environmental issues, Adulteration, Current issues, and Recent advancements in Science and Technology etc, which gave them an opportunity to disseminate their knowledge on these topics.

On 9th September 2014, the Department organised a Workshop on First Aid Management in which the students of various departments participated. Mr. Radhakrishnan, lecturer and trainer in St. John’s Ambulance, New Delhi, one of the best trainers in Tamil Nadu, was the resource person.

The session commenced with a prayer service which invoked the blessings of God. After the welcome address the trainer began his lecture with some general facts about first aid and the need for first aid. He first taught the students about the CPR (Cardio Pulmonary Resuscitation)

and HFL (Hear, Feel, and Listen) which is very important before doing CPR. A live demonstration was also given with two student volunteers. The second session mainly dealt with the First Aid, that should be given during fire accidents, low and high blood pressure and choking.

Towards the end of the workshop, he gave some general instruction that should be followed while giving First Aid. The main aim of the workshop was to inculcate the knowledge of life saving skills in our students and to make them aware of how to act brilliantly in an emergency situation.

The Department conducted an intra-departmental fest –Molfest-14 on 25th November 2014. This event was conducted to bring out the hidden talents of students in the department. The students benefited a lot from this event. This fest was an eye opener for the students as well as for the teachers. Many students who were timid to participate broke the barrier of stage fear and performed wonderfully. At the end, the HOD announced the results of the various competitions. It was a life time event where the faces of the teachers lit up with joy at their students achievements.

The department organized a guest lecture on 8th December, 2014 on the topic Prebiotics and Probiotics delivered by Dr. Shri Vijaya Kirubha, head, department of Pharmacognosy, Periyar College of Pharmaceutical Sciences, Trichy. She spoke on the Probiotics and prebiotic foods and their benefits. Students came to know about the probiotic foods and drugs which stimulate the growth of beneficial microorganisms, especially the natural bacteria in the intestines. This session enabled them acquire more knowledge about such substances.

The department organized a guest lecture on 16th January, 2015 on the topic Prospects of Biochemistry delivered by Dr. Karthik Mohan, Asst. Prof. of Biochemistry, St. Joseph's College,

Trichy. The session was indeed very useful and encouraging for the students of the department. The talk revealed many hidden ideas such as Biochemistry as an interdisciplinary area and how a Biochemist should have a basic knowledge of biology and chemistry to solve many interlinked problems.

They also learnt a lot of interesting and unpredicted facts about obesity, cure for birth defects, diabetes mellitus and it was indeed amazing to know that the answers and solutions to these problems and defects come from a Biochemist. Various websites on different job opportunities were given to the students to pursue their career in the field of Biochemistry.

On 16th February 2015, the department organized a meeting in collaboration with a pharmaceutical firm, CIPLA IMPULSE, Trichy. The resource person was Dr. S. Anand Kumar, Consultant Psychiatrist, Athma Institute of Mental Health and Social Sciences, Trichy. He addressed the students on the topic “A way for optimism”. The session was highly informative on the various recent electronic gadgets and how teens are addicted and the steps to follow in order to help them overcome anxiety etc. The session was very useful and interactive.

In order to enable the student community to focus on the various aspects of biological sciences and research, a National Seminar on “Futuristic Prospects of Biological Sciences” was conducted on 26th February, 2015.





Dr. Bindu Roy C Senior Scientist, Plant Pathology Division, Rubber Research Institute of India, Kottayam, Dr. G. Venkateswaran, Senior Principal Scientist, Food Microbiology Department, Central Food Technological Research Institute, CSIR (Govt. of India), Mysore, Dr. M. Vasanthy Assistant Professor, Dept of Environmental Biotechnology, School of Environmental Sciences, Bharathidasan University, Tiruchirappalli, and Dr. G. Melchias, Dean, School of Biological Science, Department of Botany, St. Joseph's College (Autonomous), Tiruchirappalli, were the eminent speakers.

The lectures mainly focused on gaining insights into biological research through classical procedures, as well as newly developing and rapidly evolving “omics” approaches, the production of microbial phytase by recombinant DNA technology and use as feed additive in order to enhance the retention of the nutrient phosphorus, environment sustainability through ecofriendly waste management and Creation of super humans through genetic engineering and its effect.

It was an eye opening event for the entire life science students who participated in the seminar. Many students from our college and other colleges who participated in the seminar presented posters and biomodels. Best posters and biomodels were awarded prizes.

Biotechnology & Bioinformatics

The Watson and Crick club of the Department of Biotechnology and Bioinformatics was inaugurated on 24th July 2014 in DBT-BIF Centre by Prof. S. Parthasarathy, Head of the Department of Bioinformatics Bharathidasan University, Tiruchirappalli, who delivered an interactive lecture on “DNA Bar Coding” with special reference on recent trends in Bioinformatics and its application in research.

A scientific lecture on “Success story in designing inhibitors for IRAK4 and ACC using Docking and Hydration site thermodynamics” was delivered by Mr. R. Ragu, Vice-President, Schrodinger, Bengaluru, on 31st July 2014. The talk gave an elaborate idea of screening the compounds and identifying the targets with enhanced computational methods.

The DBT - Bioinformatics Infrastructure Facility and the Department collaboratively conducted a Workshop cum Training on “Basics of Bioinformatics & Computer Aided Drug Designing” for the faculty members & Research scholars of Life Science Departments of our College from 12th to 14th August, 2014 to enable the participants to know and practise the available Bioinformatics tools for their research.

Dr. M. Rajalakshmi, Assistant Professor of Zoology, inaugurated the workshop and delivered a lecture on Computer Aided Drug Designing. The scientific sessions were taken by Ms. R. Pon Nivedha, Trainee, DBT-BIF Centre & Ms. A. Ludas on Databases and Structure prediction, Information Retrieval from the database and Structure based Drug Designing, Ms. A. Anita Roy on Sequence alignment tools and Ms. S. Kavitha & Ms. A. Sherlin Rosita, Assistant Professor in Bioinformatics on Chemical Database. Hands on training was provided for all the

participants on various tools in Computer aided drug designing. Dr. Horne Iona Averal, Head & Associate Professor and Head, Department of Zoology, delivered the valedictory address with her talk on Application of Bioinformatics tools in Research. Our Principal Rev. Dr. (Sr). Jeusin Francis., distributed the certificates to the participants.

A one day Colloquium on “Integrative Biology” was organized on 27th August 2014. The Scientific session started with the lecture of Dr. Oommen V. Oommen, Professor, CSIR Emeritus Scientist and Chairman, Kerala Biodiversity Board, Trivandrum, on Curcumin- “The Indian Solid Gold” with the focus on the compound’s therapeutic values such as antioxidant, anti-inflammatory, antifungal, antiviral, antibacterial and anticancerous effects. Dr. T. Sivanandappa, Emeritus Scientist, Department of Studies in Zoology, University of Mysore delivered a lecture on “Transgenic animals in Biomedical Research”.

Dr. M. Michael Aruldhas, Retd. Professor and Head, Department of Endocrinology, University of Madras, Taramani, Chennai spoke on Basic Concepts of Biology and its Research Applications. Dr. S. Parthasarathy, Head, Department of Bioinformatics, Bharathidasan University gave a lecture on “Systems Biology and the Biology of the future”.

On the day a tribute was paid with a prayer service to Late. Dr. P. Daisy, Former Head Department of Zoology, Co-ordinator of Department of Biotechnology and Bioinformatics. Scientists, Research Scholars, faculty members, students and her well-wishers from our College and other institutions shared their remembrance of Dr. P. Daisy and paid their respectful homage to late Dr. P. Daisy.

A book “Research on Phytotherapeutic Approach towards Drug Designing” comprising of 83 research papers of Dr. P. Daisy and her team in Scientific Journals was compiled and released and a CD on her journey in Holy Cross College was released.

Two students from Africa were given a one month training programme on ‘Tools in Bioinformatics’ at the DBT-BIF centre of the college, in June 2014 and they were issued certificates.

A lecture on “Metabolic basis of inflammatory cytokines mediated cytotoxicity” was delivered by Dr. Maneesh Mailankot, Pushpagiri Research Institute, Kerala for the students, research scholars and faculty of the Department on 20th October 2014. He gave an elaborate and unique idea of Diabetic Retinopathy, Cancer Biology and a foregoing thinking of Translational Research in Biotechnology.

A 3 day National workshop on “In-silico Drug Designing approach” was conducted by the centre for the Students, Research scholars and College Teachers from 5th to 7th November 2014. More than 20 participants from various Institutions in and around Trichy participated and benefitted through the workshop which focused on the various computational approaches available for drug discovery.

Ms. M.V. Sujitha, Assistant Professor of Biotechnology and Ms. R. Pon Nivedha, Trainee, DBT-BIF Centre were the resource persons for Nanotechnology and Bioinformatics in the three day workshop on Immunological & Nanotechniques and Bioinformatics held from 8th -10th January-2015 under-(DBT Star College Scheme funded) for UG and PG Life science students and Research Scholars of our college and neighbouring colleges.

Dr. M. Rajalakshmi, Co-ordinator of the department participated and presented the annual progress report on the activities, strength and proposed plan of the DBT-BIF Centre of our College for the year 2014-15 on 4th February 2015 at Sri Venkateshwara University, Tirupathi. The Centre of our College was ranked as second for the best paper publication among colleges with the Centre in India.

The valediction of the Watson and Crick club of the department was held on 10th February 2015 with the valedictory address by Dr. Damodharan Bakkiyaraj, Research Associate, Department of Microbiology, Bharathidasan University, Tiruchirappalli, on the topic “Can Bacteria talk?”

A lecture on “Opportunities for Life Science graduate in clinical research” was delivered by Ms. Saranya, PRM Associate, Icon Clinical Research, Chennai, on 14th February 2015 for the out gone students of the department.

Dr. M. Rajalakshmi, delivered a scientific lecture on ‘Plant derived bioactive molecules and drug-to-target identification software development for cancer’ and was also conferred with

Membership in Reproduction & Endocrinology (MRE) award for young scientist for their research achievements in the field of Life Science in the International Conference on ‘Bioactive chemicals for Reproduction & Human Health’ at XXXIII Annual meeting of the Society for Reproductive Biology & Comparative Endocrinology’ held at Life Science Departments, Davangere University, Karnataka from 26th - 28th February 2015. Two research scholars & three P.G students of the department participated and presented their research work as posters in the conference.

Botany

The inauguration of Botany Club for the Academic Year 2014-2015 was held on 9th July 2014. The chief guest was Dr. Mrs. Cissie Theeblyn David, Assistant Professor, Home Science extension, TNAU, Madurai. She gave an enlightening talk on “Probiotics for Vibrant Living”.

She highlighted the ingredients, foods and the role of probiotics. She also insisted that we consume roughages (prebiotics) in our daily food, as it serves as substrate for probiotics. The different sources of prebiotics, probiotics, synbiotics and postbiotics were also dealt with in detail. The speech was very informative, interesting and useful to the students. The chief guest concluded with the note that “Health for All is Everyone’s Responsibility”. The students actively participated in the session. The programme came to an end with the vote of thanks.

The Herbal Study Centre of the Department of Botany organized one day workshop on “Preparation of Herbal Medicines & their uses” for the parents of Botany students on 1st August 2014. Dr. P. Shanthi, Assistant Professor in Botany welcomed the gathering. Rev. Dr. Sr. Jeusin Francis, Principal, inaugurated the workshop.



Mr. T.R. Sasi Varier, Executive Director, K.S. Ashtanga Ayurveda, Thayanur, Trichy, was the chief guest and he delivered a talk on “Medicinal herbs & their uses”. In his lecture, he stressed that Ayurveda is Tomorrow’s Science; it is based on experience rather than experiment and it helps to reduce stress, obesity, corrects back pain and control diabetes naturally. The importance of medicinal herbs like Curry leaves, Nilavembu, Lawsonia, Acalypha and Aloe were also discussed by the chief guest. Thirty seven parents were present and they actively participated. Some of the parents shared their experiences with others.

Dr. A. Roseline, Head, Department of Botany, gave an introductory talk on Food and Nutrition, aim and objectives of Herbal medicines and their advantages to the participants. She also explained the method of preparation and uses of herbal oils. Dr. A. Roseline and Dr. P. Shanthi demonstrated the preparation of oils such as curry leaf hair oil, amla hair oil, veppallai oil and karpurathi oil to the parents.

In the workshop, herbal tea was provided to all the participants. II PG and III UG students of Botany department prepared nearly 15 healthy and delicious food items as a part of their assignment in main papers and served to all the parents and faculty to impart the usage of nutritious and healthy food to maintain their good health. Miss. B. Helen Mary Piramila, Assistant Professor of Botany thanked the gathering. The parents came to know about the importance of traditional medicinal oil, their preparation and uses.

The students of II PG (15) and III UG (26) Botany and the staff members visited K.S. Varier’s Ashtanga Ayurvedic Pvt. Ltd. at Thayanur on 19th August 2014. T.R. Sasi varier, the Executive Director welcomed the gathering. He gave an introductory talk about the Institute and the importance of herbal medicines. The

students were taken to the different processing units of different medicines and explained the methodology of preparation of medicines and their uses.

The students had a chance to see the crude drugs, grinding room, disintegrating unit, pulverizer, vibroshifter, boiling room, preparation of pills, packing and storage room. He showed and explained the marketing of drugs that are prepared in the Institute. The students gained knowledge about the various methods of preparation of herbal medicine on a large scale.

A meeting was organized by the Botany club on 20th August 2014. The welcome address was given by Dr. T. Mayba Gnana Suky, Associate Professor of Botany. The chief guest, Miss. S. Sumathy, Assistant Professor and Head, Department of Social Work, Thanthai Hans Roever College, Perambalur, gave a lecture on “Emotional Intelligence”. She enlightened the students on various aspects of the topic. She emphasized the importance of five steps such as self-confidence, self-regulation, empathy, motivation and social skills to be followed in day-to-day life.

II PG students were taken to Mukkombu on 23rd August 2014 by Dr. P. Shanthi and Ms. Helen Mary Piramila on a field trip to study the taxonomy of plants. The students saw the habitat of some angiospermic plants and they collected the plants for herbarium preparation. The trip was very useful to the students to remember the plants for future use in selecting the plants for doing the projects in different branches of Botany.

An educational tour was arranged for II P.G. Botany students to Kodaikanal on 12th September 2014, as a part of their curriculum to get a wider knowledge about the vegetation on the hills. The students visited the places such as Coaker’s Walk, Bryant Park, Government Horticultural Research station, Fairy falls, Silent Valley,

Golf ground, Silver Cascade etc., and collected the plants from these areas, for the department museum and also for their herbarium preparation. The students had a rare chance to see and collect Kurinji malar, which blooms once in twelve years, while coming down from the hill. The students were accompanied by staff members Dr. A. Roseline and Ms. R. Kavitha and a non-teaching staff Mr. Basker.

The herbal study centre of the PG & research Department of Botany conducted a skill based training programme on "Traditional Herbal Oil preparation" for UG and PG students of different disciplines, staff and non-teaching staff from 17th to 19th September 2014 for II and III B.Sc. Botany students on 20th and 21st November 2014. The training was conducted at the herbal study centre by Dr. A. Roseline, Head, and Department of Botany.

She gave a lecture on the uses of herbal medicine and their importance in day to day life. The students actively participated in the training and learnt the techniques of preparing hair oil, Amla hair oil, vepalai thailum and karpurathi thailum for preventing hair fall, chest cold, fever and body pain. The students also taught the techniques to the people of the adopted village during their one day camp conducted on 22nd November 2014 in Palaiyur village. This was very useful to the students and also to the village people.

III B.Sc. Botany students visited Suruli falls, Sothuparai Dam and Kumbakarai on 18th September 2014 as a part of their study tour. They were accompanied by two staff members, Dr. T. Mayba Gnana Suky and Dr. S. Catharin Sara.

Students observed the different kinds of vegetations and collected and pressed some plants for herbarium preparation. They enjoyed taking bath in the natural

falls at Suruli. They also visited the grape vine farm and were enlightened to see the bunches of grape fruits in their natural habitat. The trip was very useful for the students.

A lecture was organized as a part of Botany Club activities on 22nd September. Dr. K. Jeganathan, Associate Professor, School of Physics, Co-ordinator, Centre for Nano Science and Nano Technology, Bharathidasan University, Trichy was the resource person. The programme began with the prayer song followed by welcome address by Dr. S. Catharin Sara, Assistant Professor of Botany. Dr. K. Jeganathan highlighted the topic 'Nanoparticles for biological applications: Gold nanorods, Nano curcumin and Doxorubicin bioconjugation etc. It was highly informative and very practical in day to day applications in the control of various diseases.

The meeting of Botany Association was held on 24th November 2014. Dr. V. Nanda Gopalan, Associate Professor of Botany, National College (Autonomous) Trichy-1 was the chief guest and he gave a talk on the topic "Concepts and challenges in protoplast isolation and culture". He highlighted the totipotent nature and the significance of isolation, fusion and culture of isolated protoplasts of plant species in the production of somatic hybrids, cybrids and somaclonal variants. In addition, he also stressed the importance of critical analysis of every plant cell to overcome self-incompatibility of the species and genetic barriers that exist between the species in the production of new crops through Biotechnology. The lecture was highly informative and useful to the students.

In order to enrich the knowledge on binomials, nomenclature terminologies, family name of the plants and names of taxonomists in Systematics, a power point based quiz competition was conducted for II PG Botany students on the topic "Plant

Taxonomy” on 8th December, 2014 Mrs. P. Francisca, Associate Professor of Botany was the Quiz mistress.

A two day lecture workshop on ‘Phytochemistry, Cytochemistry, and Electrophoretic techniques’ was organized by the Department on 11th and 12th December 2014 under the ‘Star College Scheme’.

The lecture- workshop was inaugurated by Prof. Dr. C. Sebastian Rajasekaran, Vice-Principal and Associate Professor, Department of Botany, Bishop Heber College (Autonomous) and he released the lecture workshop manual. Rev. Dr. Sr. Jeusin Francis received the first copy of the manual and offered felicitations.

The session on ‘Electrophoretic techniques’ was dealt with by Dr. Leon Stephan Raj, Assistant Professor of Botany, St. Xavier’s College Palayamkottai. He explained in detail the principle, methodology adopted to isolate and separate plant DNA and Protein (Agarose & SDS-PAGE). The students were individually trained to prepare gel, buffer and stock solution. They were also trained to cast the gel and load the sample in the wells.

In the next session the students were trained for Phytochemical analysis and Mr. Rajendran, Research scholar, Department of Plant science, Bharathidasan University, was the resource person. The third session on Cytochemistry was dealt with by Dr. V. Nanda Gopalan, Associate Professor of Botany, National College. He demonstrated the simple techniques adopted to localize various secondary metabolites of plants and conducted motivational competition for sectioning, staining and interpreting the materials given to them and he also assessed the groups. He taught the students the ‘basic principle of phytoconstituents. All the students were given hands on experience

in all the techniques. The lecture workshop was attended by 57 final and second year Botany under graduate students.

The department of Botany organized one day Exhibition cum sale of Botanicals, titled “Plants thy food; food thy medicine” on 8th January 2015. Rev. Dr. Sr. Jeusin Francis inaugurated the exhibition. All UG & PG students took part very enthusiastically. In the exhibition many plant products were exhibited which include varieties of greens, fruits & vegetables, herbal oils, spices & condiments, cereals, millets, pulses & nuts on the basis of the nutritive, medicinal and aesthetic values. The students exhibited many rare fruits such as fig, musk melon, kiwi, dragon fruit, strawberry, litchi, durion, apple varieties, plums, pomegranate, banana varieties etc. The students explained the common name & their nutritive values for all the viewers. They had made models of human and a bicycle with a man selling fruits with peels of all varieties of fruits, which attracted the viewers.

The creativity of students was exhibited through vegetable carvings such as crocodile from bitter guard, flower vase using pumpkin, crane using radish, sheep from cauliflower, tomato duck, fish & rats from lemon fruits. A Tamil poem on ‘plant’ was written a first year student, which explained the significance of plants to world.

A herbal shop named ‘Farmacia de herb’ was established with different herbal oils, spices and condiments. The medicinal values of products & their uses were explained. The herbal products like long pepper, celery, poppy, fenugreek, fennel, rock salt, nut mug, saffron, black cumin, licorice, white pepper, cinnamon, garlic, mint etc. were exhibited.

Another group of students exhibited the millets, cereals & pulse varieties. The next group of students exhibited the whole

plants along with their products like bark, seeds, leaves, flowers and roots for their medicinal, nutritional and aesthetic values. More than 40 medicinal plants used for various medicinal preparations were exhibited. More than 3000 persons visited the exhibition and gave a positive feedback about the exhibits.

Dr. R. M. Meenakshi Endowment Lecture was conducted for the Botany students on 9th January 2015. The chief guest was Rev. Dr. Sr. Anne Xavier, Former Head (Department of Botany) and Former Principal, Holy Cross College (Autonomous), Trichy. She gave a guest lecture on “Green thinking and Green living”. She insisted that we must love the Creator and the creations. She also created in us an awareness to safeguard the environment and the Mother land and help the future generation to live happily. She showed some video clippings. “Environment is God’s gift to us. “Environment has everything for human’s need, not for human’s greed.

She also stressed the concept of Reduce, Recycle and Reuse the natural resources. The talk was very impressive and the video clippings made the students aware of the need to protect the environment by the quote “If not you, who will do”? The students promised to love nature and try to save the environment.

The Department of Botany, conducted 15 days Hands -on Training programme on “ Mushroom cultivation” under “Star College Scheme” sponsored by DBT, Govt. of India for the undergraduate students from various disciplines and botany, to impart knowledge and develop entrepreneurial skills in our students

The inauguration of the Training Programmes was on 9th January 2015 by Rev. Dr. Sr. Jeusin Francis, the Principal. Dr. S. Catharin Sara, Asst. Prof. of Botany welcomed the gathering. Mr.

Karthikeyan, an expert in this field gave a special lecture on cultivation of mushroom.

The main aim of this programme was to promote the skill of culturing mushrooms among the young UG students. The students from various disciplines from the college enrolled their names (20). A group of 20 students from III B.Sc Botany also enrolled themselves to undergo this training.

The students were given live demo by the expert Mr. Karthikeyan, for the practical training such as preparation of substrate (straw), sterilization of substrate (using autoclave), inoculation of spawn (formation of layer of straw with spawn), casing, spawn running and bud production and harvesting mushroom. The programme ended on 23rd January.

As a part of our curriculum the UG students of Botany (41) were taken to Madurai Kamarajar University (MKU) on 6th February 2015 under Star College Scheme. The students were accompanied by the following staff members Dr. P. Shanthi, Mrs. M. Revathi and Mrs. R. Manonmani. Dr. Manoharan, Head & associate Professor, Department of Biological Science, MKU made the arrangements for visit of research laboratories such as Genetic engineering, Molecular Biology, Plant Biotechnology and Bioinformatics. Dr. Ashok Kumar, Assistant Professor, Department of Genetic Engineering, MKU gave an introductory talk about the establishment of School of Biotechnology in MKU and he explained his research area on Genetic Disorders with Nutrition. Then the students visited the Plant Biotechnology research lab and received the information about the production of viral resistant Bendi plant in the lab.

In the instrumentation lab, Dr. Ilakkiyam showed and demonstrated the working principles and uses of various

instruments like Lyophilizer, Vacuum Concentrator, Sonicator, Incubator, UV Cross Linkers, PCR, Centrifuge, UV Spectrophotometer, etc. Dr. R. Sripriya, Assistant Professor, School of Biological science, MKU explained the genetic engineering of plants with the help of power point. She also showed many slides related to transformational studies and explained the process of transformation of DNA into desired plants. The visit to the MKU research laboratories was very useful and highly informative to the students, which may inculcate the research aptitude in the students.

III UG botany students (26) were taken to National Research Centre for Banana, Pothaavor on 17th February, 2015 as part of their curriculum. Three staff members Ms. P. Francisca, Ms. R. Kavitha and Ms. H. Helen Mary Piramila accompanied them. A lecture was given by Dr. Uma, Department of Biotechnology, NRCB about the various works carried out in the centre with a documentary film.

Then the students visited Biotechnology Lab where the staff explained the working principle of PCR, PCR chamber, Gel documentation unit, 2D electrophoresis, Agarose gel electrophoresis and SDS-PAGE. The staff & scholars in the Dept. of Biotechnology explained the methods followed in raising new varieties of Banana through tissue culture techniques. It was followed by the visit to Post harvest Technology Lab, where Dr. Shiva showed the various products produced from Banana, plantain and the other parts of Banana tree. Finally the students were taken to the banana farm maintained by the centre and they saw the different varieties of Banana cultivated in the farm. The trip to Research centre for Banana was very useful and created a thirst for research in the minds of students.

II and III undergraduate students (54) were taken for a field trip to Munnar on 20th February, 2015 for two days. They

visited the Lukkam falls at Eravikulam and National park. While climbing they observed Adiantum, Salvia, Dahlia, Datura, Daisy and Golden shower. They were taken to Carmel Giri Botanical Garden at Korandikadu and they observed medicinal and ornamental flowers. Then they reached Mattuputty dam in Idukki district. Mattuputty is the beautiful lake completely fenced by Conifers and other huge trees. On 22nd Sunday, they visited Kannan Devan Tea Museum. There they saw machines for processing the tea leaves. At last they visited Hydel park.

Professor Ms. Jaya Marie Memorial Inter Departmental Debate was conducted on 25th February, 2015. The topic was “Technological innovations in ICT for Agriculture and Rural Development” – A Boon or A Bane. Three groups participated in the debate. The best team was awarded the rolling shield. The team consisting of C. Ireen and V.A. Jemi Feiona of I B.Sc. Zoology were the winners. The best speaker prize was given to V.A. Jemi Feiona of I B.Sc. Zoology and the 2nd prize was won by T. Suparna of II B.Sc. Chemistry.



Business Administration

Shift I

The Association of Business Administration conducted a Workshop on 22nd September, 2015 on the topic “Career Guidance”. Mr. S. Sivakumar, CEO of Trichy Plus was the chief guest. Mr. Sivakumar started the session by interacting with the students. He asked the students about their dreams, aspirations and gave many suggestions regarding their career. He also conducted a game on Team Work. Later, he spoke about different courses and the competitive exams.

The Association conducted a programme on Current Affairs on 2nd December 2014. The resource person for the session was Dr. P. Parthiban, Assistant Professor, NIT, Trichy. The chief guest spoke about the economical conditions of the country covering the various sources from which the country receives income, the present governmental activities, policies framed by them and so on.

He stressed more on the importance of reading newspaper, which must be

inculcated among the students as a day to day practice. He also gave many ideas and guidelines to prepare for the various competitive exams. The meeting came to an end with the vote of thanks.

Shift-II

The Inauguration of the association was held on 24th July 2014 and the office bearers were elected and the secretary for the Department of Business Administration is Ms. Mariya Nathalie Vanhaltren, Assistant Professor. Dr. Kingsley, Child Specialist (Trichy) was the chief guest for the inauguration. He spoke about Health awareness and Technology development.

On 10th January 2015 the speaker was Ms. Mary Priya Michael Financial Analyst for Life style International, Bengaluru. She addressed the gathering on how to be successful in life and career. On 9th March 2015, a state level seminar was conducted on the topic “Challenges of Women Entrepreneurs in the Global Era”. The chief guest for the session was Ms. Namrata A. Guchiya Fashion designer, Bengaluru.

The Association of Business Administration conducted a State Level Intercollegiate Meet Delantero’15 on 4th February, 2015. The honourable chief guest for the session was Mr. Sankar Ganesh, Manager – Human Resources, Bunge India Private Limited, Trichy. The Session was inaugurated with a prayer service given by department choir. The Welcome Address was delivered by Ms. S. Kanchana, Assistant Professor and Staff Incharge of Business Administration Association.

Felicitation was given by Rev. Dr. (Sr.) Jeusin Francis, Principal and the memento for the Chief guest was handed over by Rev. Dr. (Sr.)Christina Bridget, Head of the Department of Business Administration and Commerce. The Chief



Guest gave a speech insisting on the key roles and responsibilities of a HR manager. He also focused on the managerial skills required, importance of training, the problems faced and the grievance redressal measures followed by quoting examples. The programme ended with the Vote of Thanks.

Delantero'15 proceeded with various events that were conducted like Ad-zap, Mime, Dumb Charades, Face painting, Corporate Show and Best Manager to bring out the talents of the participants. Many students from various colleges in and around Trichy participated. The judges for various events were Mr. Ramkumar from Trichy Plus Academy, Mr. Soundarajan, Mime Trainer for various colleges, Mr. Anand – Assistant Professor from Shivani Institute of Management Studies, Mr. Seeralan from PRIST University, Mr. Siva Kumar, Director, Department of Management Studies, Oxford Engineering College and Mr. Balakrishnan, Retired Vice Principal of St. Joseph's College. The programme came to an end with the Valediction presided over by Mr. Balakrishnan, Former Vice Principal, St. Joseph's College. The winners of Delantero'15 were students of Jamal Mohammed College and the runners up were students of St. Joseph's College. To motivate the students, Best Performer award was given.

The one day state level seminar on “Challenges of women entrepreneurs in the global era” was conducted on Monday, 9th March 2015. The seminar was conducted in four sessions. Different chief guests were invited to address the gathering. Inaugural session began with the welcome address given Ms. M. Gayathri, Assistant Professor of commerce. The chief guest for the session was Ms. Namrata A. Guchiya Fashion designer, Bengaluru. She addressed the gathering on the topic “women entrepreneurship” and she shared her experiences in the business world and

encouraged the upcoming entrepreneurs in the gathering. She emphasized on the individuality, importance of entrepreneurship for women. Her thoughts motivated the gathering.

Felicitations were given by Dr. Sr. Lily. V secretary, Holy Cross College and Dr. (Sr.) Jeusin Francis Principal, Holy cross college. The inaugural session was ended up with the vote of thanks delivered by Ms. Mariya Nathaile Vanhaltren, Assistant professor of Business Administration. Followed by plenary session started. The chief guest for the plenary session I was Ms. Rajamaheshwari, Managing Partner, Jayem Industries, Thanjavur. She focused on the topic “problems faced by entrepreneurs” she threw light upon facts of the entrepreneur career. Her words were very inspirational. The session ended with the vote of thanks delivered by Association Secretary of Business Administration.

In plenary session II, the chief guest was Ms. Inbavalli, Proprietor Trichy. She spoke about “Future Role of Women Entrepreneurs” which was informative for us. She also shared her lifetime experiences, how she fought and became a successful person now. She gave a brief idea about the business world in the economy. Her words stimulated us very much. Finally the valedictory session begun again with the prayer, welcome address given by Ms. Suregka Felix, Assistant Professor of Business Administration. The chief guest for the session was Ms. Gita Chennappa Project Manager, TREC-STEP, Trichy. She gave the valedictory address and shared her



thoughts about women entrepreneurship in society. The Rapporteur's report was presented by Ms. Janova Mary L, Assistant Prof. of Commerce. Then the vote of thanks delivered by Ms. Francis Felicia, Assistant Professor of Commerce and the seminar was ended with the National Anthem.

Chemistry

Shift I

The activities of the Chemistry Association for the year 2014-2015 started with the inaugural meeting on 11th July 2014 presided over by Dr. Thennarasu, Senior Principal Scientist, Organic Chemistry Laboratory, Central Leather Research Institute, Chennai.

In his inaugural address on "Chemistry in our daily life", he discussed the role of chemistry in the products that are used every day like soaps, oils, perfumes, cosmetics, textiles, food materials etc.

The members of the Rockfort Gas Agency met the final year UG students on 20th August to create awareness about the safety measures in handling gas cylinders. A lecture on "Overview of Bio-informatics" was given by Dr. S. Selvaraj, Assistant Professor of Bio-informatics, Bharathidasan University, on 19th August 2014. He provided information regarding sequence of proteins and nucleic acids in a gene, various databases and their applications in storing and comparing the genetic data.

The department arranged a tour to Mysore for the final year UG and PG students on 28th and 29th August. The students had a memorable experience of visiting various places like Coorg Hills, Tibetan Monastery, Brindavan Gardens, Chamundeeshwari temple, Rajiv Gandhi Zoological Park and Mysore palace.

On 31st July the final year UG students were taken for an industrial visit to High Energy Batteries, Mathur, Trichy. Students learnt about the manufacturing of eco-friendly batteries using less hazardous metals and their waste disposal techniques. On 21st February 2015, II & III UG students visited TNPL, Karur.

On 4th July 2014, Dr. Gopi Krishnan Phani Dathar, Application Scientist gave a talk on 'Chemical Discovery Analysis and Optimization using Schrodinger Materials Science suit', which gave an insight into quantum mechanical software applications.

One day Seminar on "Safe Use of Chemicals in Day-To-Day Life" was conducted by the PG and Research Department of Chemistry, on 16th September 2014. Chemicals are key to healthy living, which include pesticides that improve the extent and quality of food production, pharmaceuticals that cure illnesses and cleaning products that help establish hygienic living conditions. Chemicals are also critical in many industrial processes for developing products, which improve the global standards of living.

Chemicals pose a broad range of potential adverse effects, from health hazards such as cancers and physical hazards like inflammability to environmental hazards such as widespread contamination and toxicity to aquatic life. Many fires, explosions and other disasters result from inadequate control of the physical hazards caused by the chemicals.

Modern food-production methods have opened major avenues of exposure to toxic chemicals in the form of pesticides sprayed on crops, antibiotics used on poultry and hormones given to cattle.

They expose people involuntarily to contaminants that become part of their bodies. The risk of some of these

exposures was addressed by Dr. V. Alex Ramani, Associate Professor of Chemistry, St. Joseph's College, Trichy who gave a lecture on the topic "Food and Chemicals".

Pesticides and fertilizers are largely toxic in nature. The safe use of fertilizers and insecticides in a judicious manner was addressed by Dr. Padmanabhan, Principal Scientist, National Research Centre for Banana, Trichy. He enlightened the students on the harmful effects of pesticides, their environmental hazards and biomagnifications in food web. He stressed on the safe handling of pesticides without sacrificing ecology.

A side effect is basically an unintended occurrence that results from taking a drug. All drugs that come in the market cause side effects, where many are minor and few are serious. Common side effects from the drugs include nausea, dizziness and skin irritation. A comprehensive list of possible side effects caused by the drugs was given Dr. G. Ganapathy, Medical Advisor, NIT Hospital, Trichy, in his lecture on 'Commonly used Drugs and its Side Effects'.

Every cosmetic we use contains a number of ingredients, like preservatives, cleansing agents and fragrances. With no required safety testing, cosmetic companies use almost any chemical they want, regardless of risks. Many of these chemicals can be harmful to the skin and thereby pose serious health problems. Highlighting this fact, Dr. Narmatha Srinivasan, Consultant Dermatologist, gave a lecture on "Safe Use of Cosmetics".

The One Day Seminar, attended by the UG and the PG students of the Department of Chemistry was organized to comprehensively and simultaneously address the health, safety and environmental aspects related to the production and use of chemicals in day-to-day life.

The Department organized Inter-Collegiate Competitions Chem-Fest'14, on 17th September 2014. Nearly ten colleges from in and around Trichy participated in the inter-collegiate fest. The various events were block and tackle, quiz, dumb-charades, puzzle, cartooning and naduvula konjam disturb pannuvom. All the events were based on chemistry concepts. The students actively participated in all the events and the overall trophy was bagged by National Institute of Technology, Trichy. St. Joseph's college and Cauvery College, Trichy, bagged the second and third places respectively. Dr. Felicia Rajammal Selvarani, Associate Professor and Head of Department of Chemistry, congratulated the participants and distributed the prizes.

The department released the chemistry Lab Manual adapting Green Techniques" on 2nd December 2014 and conducted the chemistry exhibition "Chem Expo 2014" on 2nd and 3rd December 2014. The exhibition was inaugurated by Dr. Bheeter, Associate Professor and Head, Department of Chemistry, St. Joseph's College (Autonomous) Trichy. The exhibits were made to promote chemical sciences at the school and college level. Around 500 students from the schools and



students from various departments of the college participated in this fair. The exhibition created awareness about the needs of sustainability of the self and the environment.

Commerce

Shift I

The Departments of Commerce and Business Administration, Holy Cross College, jointly inaugurated the Association activities for the academic year 2014-15, on 10th July, under the guidance of the Head of the Department, Dr. Christina Bridget. Mr. A. Kalamurthy IPS, Former Superintendent of Police was the Chief Guest. He motivated the students to continuously pursue education the most powerful weapon. He insisted that only through continuous and constant practice, one can reach the peak of success. He also stressed on the importance of Women empowerment. The Chief Guest honoured the leaders of the Association for the academic year with the badges. The meeting ended with the College anthem.

The Post Graduate and Research Department of Commerce conducted a National conference on 'Micro small and Medium Enterprises – Role of Bank in India, Sponsored by UGC, on 21st and 22nd of August 2014. Rev. Dr. (Sr.) Christina Bridget, HOD of Commerce and Business Administration welcomed the gathering. Rev. Dr. (Sr.) Jeusin Francis, Principal and Rev. Dr. (Sr.) Lilly, Secretary, felicitated the gathering. Ms. Rani Muralidharan, Executive Director, GK Sons Engineering Enterprises Pvt Ltd, Tiruchirappalli addressed the students.

She highlighted the importance of MSMEs for the development of the economy as well as the entrepreneurs. She motivated the students to become entrepreneurs and join the band wagon of MSMEs flourishing in India. She emphasized the fact that MSMEs are contributing to the national development

by offering lakhs of jobs, improving the exports and GDP of the Nation.

The special guest on the occasion of the Inauguration was Mr. L. N. Letchumanan, Proprietor, Nagappa Corporation, Trichy. He shared his experience as trader and how he is able to offer jobs for hundreds of people in his own business. Rev. Dr. Sr. Lilly V, secretary and Dr. Sr. Jeusin Francis, Principal, offered felicitations. Dr. Lilly Rosari, Dean of Extension and Associate Professor of Commerce, thanked the dignitaries and the audience.

In the Plenary session I Mr. Raja Rajan, General Manager, DIC Trichy enlightened the students on the Role of DIC in the Development of MSMEs. He gave a wealth of information on the various schemes available for starting business and the subsidies granted by the state Govt., Central Govt., and the various institutions.

The success stories of some of the entrepreneurs were highlighted. In plenary session II Dr. Hemantha Kumar Pamarthy Consultant Adviser, Micro Finance & Marketing, Chennai gave his speech on the topic "Skill Development & Training for Entrepreneurs". He made the students aware of the fact that entrepreneurs should possess various skills for their success. He highlighted the importance of Human Relation, Social Skills along with the necessary Technical skills. The session was interactive and very lively. On the second day, the origin growth and Development of MSMEs in India was elaborately discussed in the plenary session under the leadership of Mr. Chandra Sekera Babu, Exbanker from Hyderabad

There was an Interview session with Entrepreneurs from Trichy who have made use of the schemes of Entrepreneurship offered by the Government and run successful ventures in Trichy.

The entrepreneurs were Dr. Arul Kanna, Proprietor, Thai Bio-Tech Mr. and Ms. Prabaker, Proprietors, Apex Industries and Ms. Arokia Sharmile Proprietor Newood carvings, Trichy. The students interviewed them and the entrepreneurs answered the queries of the students and motivated them.

In the technical session 26 papers were presented by the Faculty and Research Scholars from various colleges. Dr. S. M. Pushpa Rani & Dr. Lilly Rosari were the moderators for the paper presentation session. The Valedictory function was chaired by Mr. S. Narasimhan, Chief Regional Manager, IOB, Trichy.

He congratulated the department for the successful conduct of the conference and addressed the students on the Role of Banks in India for the Development of MSMEs. The conference ended with the vote of thanks.

The Post Graduate and Research Department of Commerce organized an International Conference on “Emerging Trends in Global Business” on 26th August 2014. Dr. S. Vasanthi, Associate Professor of Commerce, welcomed the dignitaries and the participants. Dr. V. Raghu Raman, Senior Faculty, Business Studies Department, IBRA College of Technology / Sultanate of Oman, gave the key note address on New Trends in Management. Felicitations were given by Rev. Dr. Sr. Lilly Varghese, Secretary of the college. She stressed on the importance of core banking and the role of media in global business.

Rev. Dr. Sr. Jeusin Francis, Principal of the college also offered felicitations. She emphasized that entering into international markets, requires innovation rethinking and revaluation. Dr. Raghu Raman gave an introduction to management. He spoke about evolution of management and management theories. He

also gave a comparative analysis of management styles in different countries such as France, USA, UK & Japan. He brought out the differences between the old and the new styles. He pointed out that India is an emerging economy and in spite of economic crisis in other parts of the world India was not shaken because of its strong management. Mrs. Josephine. D. Lourdes Asst. Prof. of Commerce proposed the Vote of thanks.

In plenary Session I Mrs. Rexline, Assistant Professor of Business Administration welcomed Dr. A. Karunakaran, Associate Professor, College of Business & Economics, Hawassa University, Hawassa, Ethiopia. Dr. Karunakaran presented an Assessment on the impact of Investments in Hawassa City Administration; Ethiopia. He gave examples of investment opportunities in Hawassa including Energy Sector. He also brought to light the role played by private sector and the efforts taken by the Government to improve the city. He gave few recommendations such as maximizing labour intensive investment project, diversification of business etc.

In plenary session II Ms. Kanchana, Assistant Professor of Business Administration welcomed Dr. M. Karthikeyan, Associate Professor, Department of Co-operatives, Institute of Co-operatives and Development Studies, Ambo University, Ethiopia. Dr. Karthikeyan brought to light Social Networking as a powerful tool of Digital Marketing. He explained the concept of social media, possible goals of social media. He also explained how social media can be used for business and spoke about Social networking digital marketing. He invited the participants to use the new marketing strategies and undertake business activities.

Technical sessions were chaired by Dr. S.M. Puspharani, Dean of Arts and Associate Professor of Commerce, and Dr.

S. Lilly Rosari, Dean of Extension Activities and Associate Professor of Commerce. A total of twenty six papers were presented by the faculty members and research scholars on various aspects of emerging trends in Global business. The Valedictory session commenced with a prayer service. Dr. S. M. Pushparani, Dean of Arts and Associate Professor of Commerce welcomed Dr. A. Tamilarasu, Associate Professor in Co-operation, Institute of Co-operatives and Development Studies, Ambo University, Ethiopia.

He explained that the World is a Global village. He also highlighted that through FDI, India is earning more Foreign Exchange. New businesses are coming into India where our country expects 50% investment in FDI. IMF expects contributions from developed nations to be diverted to developing nations. India will have maximum export through distribution information system, financial information system HR information system etc. Nowadays banks expand services beyond their borders. With the valedictory session the deliberations of the conference came to an end with the vote of thanks by Dr. Sr. A. Christina Bridget, Head, Department of Commerce.

A counseling session on 'an effective method of preparing for CA Exams' was conducted on 4th December 2014, for the students of III B.Com. Ms. Mary Priya, Chartered Accountant, Financial Analyst, Lifestyle International, Bengaluru, gave tips for completing the CA and other Professional courses in a short period of time. She also insisted on the necessity to be optimistic about the future in order to be successful in the career. The meeting came to an end with an interactive session.

A state level Inter-collegiate competition Comvaganza 15, for the students of Commerce, was conducted on

24th February 2015. Mr. N. Gopaldaswamy, Director, Dalmia Cements, Trichy, inaugurated the function. Competitions like AD-ZAPE, AD-Mad, Quiz, Face painting, Group song, paper presentation and Mime were conducted. Mr. and Ms. Comvaganza, were awarded the title through the event 'Best Manager' the day ended with the Valedictory address by Mr. Vinod, Assistant Professor of English, UDC, Trichy. Valediction of the Association was conducted on 7th March 2015. Mr. Kumaravel, Managing Director, Naturals, delivered the Valedictory address.



Shift-II

The Inauguration of the association was held on 24th July 2014 and the office bearers were elected and the secretary for the Department of Commerce is Dr. V. Mathuravalli, Assistant Professor. Dr. Kingsley Child Specialist (Trichy) was the chief guest for the inauguration, he spoke about Health awareness and Technology development.

On 10th January 2015 the speaker was Mrs. Mary Priya Michael Financial Analyst for Life style International Bengaluru, she addressed the gathering about how to be successful in life and career.



Computer Science & Computer Applications Shifts I & II

On 18th July association Inaugural meeting was held on the topic “IT- The Prevailing Trends”. The resource person Mr. Johnson I, CEO of Shalom InfoTech, focused on the new trends in IT such as Big Data Analytics, Mobile Applications and IOT (Internet of Things).

On 19th August 2014, a meeting was held on “Android and its Applications”. Mr. Mohanavelu and Mr. Suresh Kumar from MASCON System Technologies were the resource persons. A comparative study of Mobile Operating Systems was made.

On 15th September 2014, the third association meeting on the Title “Project Management” was organized. The Resource person was Dr. Aloysius, Assistant Professor of Computer Science, St. Joseph’s College, Tiruchirappalli-2. He spoke on Software Development Life Cycle (SDLC) and its implementation.

A Workshop on “Android Application Development” was organized on 21st November. The resource person Mr. Suthakar, Shalom Info Tech., spoke on SQLite queries, JSON format with WAMP server and Android with PHP.

The next meeting was held on 25th November, 2014 on the Title “Service Oriented Architecture”. The Resource person Mr. Srinivasan, from CMS Info System, lectured on SOA (Service Oriented Architecture), along with its components.

Another meeting was held on 26th November on the topic “Embedded System”. Mr. S. Balachandar, V-Tech Vocational Training Providers discussed Embedded systems in real time and showed the 8051 Developer kit with its functionalities.

A workshop on PHP was held on 28th November, 2014 under the guidance of Ms. Shobana from Iris Solutions. She explained the concepts of PHP using the Dremweaver8 software.

A team of 16 students from III-MCA along with 4 staff went to Hyderabad for an Industrial Visit. They visited Lumbini Park, Hussain Sagar Lake, Ntr Gardens, Brilla Mandir, Golconda Port, Charminar,

Basilica Church in Secunderabad, Planetarium, General Bazaar.

They were delighted on seeing more than 30 companies such as WIPRO, ORACLE, TCS, MICROSOFT, IBM, etc., located at the Hi-Tech City. They also had a one day seminar on “SAP”. Through this seminar they came to understand the basic concepts and various applications of SAP

On 4th February 2015, a One day Workshop on “J2EE” was organized. Mr. Mani, Lab Technician, Department of Computer Science, St. Joseph’s College (Autonomous), Tiruchirappalli handled the session.

On 5th February 2015, workshop on “Photoshop & Flash” was arranged. Mr. Pachaiappan and Mr. Pushparaj, Website Designer, Dream Zone, Tiruchirappalli, were the resource persons.

A National Seminar on “Growing importance of soft skills and Software Development” was organized on 21st February 2015 by Shifts I and II. The resource persons were Mr. Alwinking, Program Manager, GAVS Technologies Pvt. Ltd., Chennai and Mr. Parathasarathy, Executive Director, Morgan Stanley Technology, Bengaluru.

Inter-Departmental Competition “Compfest’15” was held on 23rd February 2015. The competition focused highlighting the competitive spirit and talents of the students. The events were Surprise Event, Quiz, Dumb Charades, Ad-Zap & Poster Presentation.

A Two day Intra-Departmental Technical Competition, “Web Scintillators’ 15” was organized by the faculty of the Department of Computer Science Shift-I on 27th February & 2nd March 2015 for the students of B.C.A and M.C.A. Various contests such as Software Contest, Web Designing, Debugging, Code Conversion Paper Presentation, Quiz, Dumb Charades, Ad-zap, Multimedia Presentation and Surprise Event were conducted. Students

enthusiastically participated and won many prizes. Certificates and prizes were distributed to the winners.

Departmental Magazine Com’fete ’15 was released on 9th March 2015.

One day Intra-Departmental competition, Cyberfest’14 was organized by the Department of Computer Science Shift-II on 16th December 2014 for the students of B.Sc. and M.Sc. various technical events such as Paper Presentation, Quiz, Debugging, Dumb charades, Multimedia presentation and Web Designing were conducted. 150 students enthusiastically participated in various technical events. Ms. M. Amutha Gracy Alexis, Assistant Professor of Computer Science, was the organizer of Cyberfest’14.

A Two day excursion was organized by the Department of Computer Science Shift-II on 21st and 22nd November 2014 for the UG and PG final year students. The places visited were Wonderla theme park, Cherai beach, Cochin boating and Athurapalli water falls.

Mr. Iruthaya Raj, Secondary Grade Teacher in St. Joseph’s Higher Secondary School, Trichy presided over the Valedictory Function. In his Valedictory Address, he appreciated the students’ active participation in the technical events and distributed the prizes and certificates



to the Winners. The overall Best Performer Award was given to Ms. N. Priyadharshini of I-M.Sc. Computer Science.

Economics and EDC

Planning Forum

The planning forum for the academic year 2014-2015 was inaugurated by Dr. A. Roseline, Associate Professor and Head of the department of Botany on 30th July 2014. She delivered an excellent speech on “Vibrant health through Herbal medicine”. She spoke on the importance of the physical, mental & spiritual wellbeing with not just the absence of diseases of the society. She also spoke about the nutritional & therapeutic values of various vegetables & fruits used in daily life. She then gave a detailed summary on the various backyard herbs, their medicinal values and the preparation of medicinal concoctions using those herbs. Her speech was very informative & aimed to promote good health, to prevent diseases, to restore health & to rehabilitate the society. The function ended with the vote of thanks.

The planning Forum conducted a meeting on 28th August 2014. The chief speaker was Ms. Thilagavathi, Master in Acupuncture (Acupuncture Therapist). She gave an inspiring speech on “health awareness through acupuncture” and explained how acupuncture therapy method is very useful in curing different diseases through acupuncture touch and point needle method. She also highlighted how to use the acupuncture therapy method to solve problems like headache, fever, cold and cough and improve memory power. Her speech was highly useful and informative for the students.

She also stated that the acupuncture therapy method was used to offer free medical services to the children since children were really satisfied and this method has helped them to improve their health condition. The students were highly enthusiastic and also interacted with her.

She also demonstrated the point needle method & helped some students who were suffering from headache, back pain, etc. The meeting ended with the vote of thanks.

Planning Forum Meeting was conducted on 12th September 2014. The speaker of the day was Dr. A. Alexander Assistant Professor in Humanities, NIT, Tiruchirappalli, who inspired the students with his speech on “Financial awareness among young college students”. He highlighted the significance and use of Securities & Exchange Board of India (SEBI) and insisted on bank loan, rate of interest charged and gold loans of Nationalized Banks. He used power point presentation method to explain the process of extraction and making of gold biscuits in mining industries & importance of gold and foreign currency. It was helpful, useful and informative for the students since it helped them to know how to save money and know the value of money. The programme was highly effective, with the interaction session of students with the chief guest and the programme ended with the vote of thanks.

A Meeting was conducted on 18th October 2014. The chief guest was Dr. Sankari S. Member, Child Welfare Committee Tiruchirappalli. Former Vice Principal & Head, Department of Social Work, Cauvery College for women, Tiruchirappalli. She gave an inspiring speech on “Born to Win”. Through her enthusiastic speech, she motivated the students to achieve their goals and gave some guidelines to better their life. She narrated wonderful stories and cited the case of a photographer who died and whose work was appreciated since his photographs brought the significance of economic concepts like poverty, death, misery and low standard of living. She motivated the students to become more responsible.

She also encouraged them to read newspapers and know how to widen

their knowledge perspective. She insisted on the opportunities extended by Infosys. She also spoke about self-analytical graph through honesty measurement. She highlighted the relevant significance of Economics and the role of Economists in society. She also advised the students to spend money carefully. The meeting ended with the vote of thanks.

Planning Forum Meeting was conducted on 27th November 2014. Dr. Shanthi Getzie, Head of the department of Economics, Bishop Heber College, Tiruchirappalli was the chief guest. She delivered a talk on “Women and Health” She concentrated more on women health in society and highlighted the current data on literacy rate, demography, HDI indicators, fertility rate, infant mortality rate, etc. she gave statistical estimates about India’s population and insisted on health care access pertaining to mediclaim policy or insurance with regard to contraception, immunization with regard to bone density checkup and eye checkup for women above 60 years.

She also reminded the students about the mammogram test to be conducted to identify breast cancer & uterus cancer. She advised students to keep the environmental surroundings clean. She taught how to use health indicators. She also made special reference to Ms. Poorani who was the first woman Regional director in Delhi who was an adviser for international health. Her speech was very effective, useful & inspiring for students. The meeting ended with the vote of thanks.

Planning Forum Meeting was conducted on 18th December 2014. Rev. Dr. (Sr.) Jacqueline (Family Physician) Medical Superintendent, Child Jesus Hospital, Tiruchirappalli presided over the meeting and gave an inspiring speech on “Health Economics”-Improved Sanitation Benefits. She indicated the relevance of resource allocation for healthy promoting activities and application of principles of

Economics in health sector. She also insisted on manpower resource availability with regard to recruitment of doctors, nurses, technicians and paramedical practitioners.

She categorized two types of cost as direct cost (spending for health, buying medicines, trade & transport) & indirect cost (salary loss). She also spoke about the classification of diseases such as communicable diseases (TB, malaria, fever and cold) & non communicable diseases (diabetic, heart attack, blood pressure) and other non-communicable diseases. She advised everyone to be relaxed & be happy for which she displayed a child’s dance programme through power point presentation. She also insisted on developing a clean & healthy India (2019). She described sleep as a state of unconsciousness and how to manage stress. She insisted on 3Ss, stamina, strength and suppleness.

C. Ranjitha and P. Renuga Devi of M.Phil. Economics attended a one-day workshop on “Art of publishing” conducted by the Publication division of Bharathidasan University, Trichy.

Scientific Research Association for Economics and Finance has conducted an Awareness kindling test 2014 on the theme of “Know Your Economy (KYE). 103 Students from various departments participated - Economics, History, Mathematics, English, Commerce, Computer Science, Physics, Chemistry, Zoology and Botany. Out of them two were selected and awarded cash prizes worth of Rs. 1000/- and Rs. 500/- for the first and second places respectively. Students from Commerce Department V. Akshaya scored 83 marks and won the I place and R. Pooja scored 82 marks and secured II place.

One day UGC sponsored National Conference on “Issues & challenges of service sector in India “(NCICSSI2015)

was conducted on Wednesday, 7th January 2015.

It was jointly organised by P.G. and Research department of Economics, Holy Cross College (Autonomous) Tiruchirappalli and Oriental Institute of Catering Technology and Hotel Management, Madurai. Resource persons, Professors, Academicians, Research Scholars and Students were the participants of the conference. The conference called for research papers with regard to selected sub themes such as Financial and Insurances Services, Health, Education and Community Services, Tourism, Hotel and Hospitality Services, Transport and Communication Services, Trade Related Services and IT enabled services (ITES).

Technical sessions were arranged parallelly. 63 papers were published & 40 papers were presented. Ms. Rajeswari Suriyanarayan, Head of the Department of Economics, welcomed the delegates of the conference. Rev. Dr. (Sr.) Jeusin Francis, Principal, delivered the inaugural address. Rev. Dr. (Sr.) Lilly V, Secretary, released the book on “Issues and Challenges of Service Sector in India” Ms. Shyamale N. highlighted the conference theme. Prof. Dr. Rangareddy. A, UGC Emeritus Fellow, Department of Economics, Shri Venkateswara University, Tirupathi, delivered the Keynote Address. Rev. Dr. (Sr.) Lilly V, felicitated the faculty members for this academic venture of organizing the National Conference. The inaugural session ended with the vote of thanks by Ms. Senthamarai. S. Associate Professor of Economics.

In the first technical session invited talk was given by Dr. Arunachalam, Professor, Department of Applied Economics, Cochin, University of Science and Technology Cochin, Kerala on “Impact of FDI on service sector.” The second invited talk was given by Prof. Suganthi John .J.M, Associate Professor of

Economics, Madras Christian College, Chennai on “Development in the Service Sector in the Post Liberalisation Era”. During the second technical session Dr. Komala B, Head and Associate Professor of Economics, Seethalakshmi Ramaswamy College, delivered a talk on “Need for improving the quality of human capital in India”.

Paper presentation was held simultaneously in four halls and the chair persons of the presentation session were Dr. Shanmugha Sundharam, Associate professor of Economics, Kandhaswamy Kandars College, Vellore, Dr. A. Saravanadurai, Assistant Professor of Economics, Periyar University, Salem, Dr. Venkatachalam A, Associate Professor of Economics, Erode Art’s College, Erode and Dr. D. Kumar, Associate Professor of Economics, Jamal Mohamed College, Tiruchirappalli.

The Valedictory function was chaired by Dr. Arul Chellakumar, J.A, Professor and Head, Department of Economics, Bharathidasan University, Tiruchirappalli. Welcome address was given by Ms. Shyamale N, Associate Professor of Economics followed by Valedictory Address.

Ms. Fouzia Kousar, Assistant Professor of Economics, summarized the conference proceedings. This was followed by Vote of thanks by Ms. Chamane Unus Rodrigues, Associate Professor of Economics. Ms. Senthamarai and Ms. Fouzia Kousar attended a Work



shop on Economics of Information and Internet Economics at National Institute of Technology (NIT), Trichy. 30 undergraduate students also attended it.

One day Seminar on “Marching towards Holistic Development” was held on 19th February 2015. Dr. S. Kamaraj, General Siddha Specialist, Govt. Hospital, Trichy, spoke on healing through traditional methods in Indian Medicine. Dr. Suganthi, Asst. Prof. of English, spoke on personality development. Mr. S. Martin, Advocate, President of Trichy Bar Association spoke on Women and legal rights and Dr. Nagamani, Gynecologist, spoke on Women specific health problems and prevention.



Entrepreneurial Development Centre (EDC)

The EDC has been active since the beginning of the academic year 2014-15. 154 students of shift I, 88 students of shift II, 60 students from Holy Cross College of Education and 10 outsiders enrolled for various certificate courses such as tailoring, arts and crafts, embroidery, etc. Ms. Josephine Pramela, the instructor in EDC gave training to 64 students in basic tailoring course and to 68 students in advanced tailoring course. 37 students learnt hand embroidery and 28 students enrolled in flower making activity. Nearly 105 students registered for doll making, paper quilling, pillow and bag making and master course in arts and crafts. 10 students completed beautician course. Stalls on arts and craft items were

displayed for sale from 10th to 12th September 2014 and from 13th to 17th December 2014. Thus EDC remains a hub of activity centre attracting students for crash courses throughout the year.

English, Language Lab & Communication Lab

The Inauguration of the English Literary Association was held on 9th July 2014. The chief guest was Dr. A.S.D Pillai, Former Vice-Principal, St. Joseph's College, Trichy. The minutes were read by Ms. Anugraha, Vice-President. The office bearers were honoured with badges. The Chief Guest spoke on Contemporary literature. The programme came to an end with the vote of thanks.

One day National Conference on Contemporary Indian Writing in English-Inland Flashes, was conducted on 10th January 2015 with the aim to provide a forum for academicians, Writers, Literary Critics, Research Scholars and students to deliberate on the recent trends and approaches in Indian writing in English and to explore its spatio temporal dimensions for regional, national and global discourses.

The scope with its focus on works from the Post 1990s to the present is to reflect on new discourses, perspectives and paradigms for a distinct identity of the Indian self, the Indian consciousness and the Indian sensibility. The Inaugural session commenced with the prayer and the lighting of the lamp. Dr. Grace Beula Malini, Head of the Department of English, welcomed the gathering and introduced the Special invitees. She set forth the scope and objectives of the National Conference.

The highlight was the release of the Book *Inland Flashes: Essays in Contemporary Indian Writing in English*, a collection of the best papers selected for this National Conference which was

released by Dr. Sr. Rosy Antony, Provincial, Sisters of the Cross of Chavanod, Province of Trichy and the first copy was received by Dr. Jaydeep Sarangi, Associate Professor of English, Jogesh Chandra Chaudhuri College, Kolkata. This was followed by the release of Dr. Jaydeep Sarangi's Book *Homeward Bound* and the first copy was received by Dr. Sr. Rosy Antony, Provincial, Sisters of the Cross of Chavanod, Province of Trichy.

Dr. Sr. Rosy, well known for her exemplary commitment to the cause of education, felicitated the audience, organizers, Special invitees, experts in the field, Research Scholars and students for their participation and creative venture. She said, literature is a voice in the wilderness holding fast to values, and Indian Writing is one of the languages through which universality is expressed—holding out a new vision.

Dr. Sr. Lilly Varghese, Secretary of Holy Cross College, felicitated the staff and students for the initiatives taken to conduct this Conference, and wished the conference would stimulate others for further progress. Rev. Sr. Dr. Jeusin Francis, Principal, the inspiring motivational impetus behind every academic endeavour, expressed appreciation for the growth of academic aspirations of the faculty and she lauded the Department on the choice of the topic which has great significance for us in present time. She wished all the participants success in their endeavour.

Dr. Jaydeep Sarangi, Writer, Critic, Translator and Professor of English, Kolkata, in his keynote address chartered the courses of Indian Writing in English down the ages and spoke on the development, uniqueness and diversity of Indian Writing in English. He said that, Language choice is a private selection, and bilingual and trilingual Indian Writers

have been able to absorb the essence of Indian culture and translate their ideas in English. He also pointed out how there is always a cultural as well as linguistic gap that prevails between an Indian author and a foreign reader of the text. Therefore, Autonomy of interpretation leaves room for reading the texts in multiple ways. English is conditioned by Indian geography, linguistic habits and socio-cultural patterns.

He also expounded the relation between language use and types of situations in literary contexts. He also spoke of an approach dealing with the sociology of language, linguistic anthropology and linguistic realism which enabled Indian novelists to use English as the Global medium, effectively and elegantly to express their cultural plurality. Illustrations from Novelists and their works gave a comprehensive understanding of the Globalisation, indigenous sensibility, Nativisation, Indianisms and Indianness in Indian English writing.

The Presidential Address was by Dr. K. Srilata, Poet, Writer, Translator and Professor, Department of Humanities and Social Sciences, IIT Chennai. She spoke about her response to experiences in life and read out few of her poems from *Writing Octopus – Bright Blue Bird, Grave Yard Faces, England 1999, Dreaming mostly of nameless things, Trace and Writing*. It was a reflection of how writers write with a fresh consciousness and faithfulness to the creative spirit. The inaugural session concluded with the Vote of Thanks by Sr. Judy Gomez, Assistant Professor of English.

The next session which followed was a panel discussion with award winning authors in conversation, Dr. Prema Nandakumar, Dr. Jaydeep Sarangi, Dr. K. Srilata, and Prof Eugene D'vaz, from the Department of English, St.

Joseph's College, Trichy, and the moderator was Dr. Jaydeep Sarangi, It was an enlightening, interactive and contemplative session leading to discussions on Poetic canon formation, Poets of everyday reality, the role of magazines, media and on-line publishing, the politics of writing, standardisation and whose standard, personal choice for every selection, from degradation of culture to dignified and value added literature, role and responsibilities of academicians, promotion of good writing through research work, research scholars and projects. It was an intense learning experience on poetics and literary discourse writing. The valuable discussions with distinguished writers enabled the participants to perceive the writers world and their literary and poetic sensibilities. It was an informative and rewarding session on the critical task of writing, the writer's conceptual working, the literary discourse, the literary functions, the strategies used for comprehending reality and the path to enlightenment.

Three Parallel Technical sessions were conducted with interactive paper presentations by Professors, Research scholars and students from colleges in and around Tamil Nadu. The Chairpersons for the sessions were: Dr. Christine Gomez, Writer and Critic, Former Head of the Department of English, Holy Cross College, Trichy; Dr. D.E. Benet, Associate Professor of English, National College, Trichy and Dr. A. Mohammed Ali Jinnah, Associate Professor of English, Jamal Mohamed College, Trichy.

The staff in charge of the Technical sessions were: Ms. Muthuselvi, Assistant Professor of English, Ms. Charmaine Owenita, Assistant Professor of English and Ms. Eileen Brisha, Assistant Professor of English. The areas focused were: Writers and their work, Tradition and Culture, Women and Family, Feminine

Sensibility, Gender inequality, Environmental concerns, impact of Westernization, Narrative structures, children's literature, comparative literature and translations.

There was a special educative meet Tete'-a-Tete' with the writers for students and scholars with Professors Dr. Jaydeep Sarangi and Dr. K. Srilata. The interactive session with discussions and queries helped students understand the need and importance of writing, writing as a powerful medium, conscious choice of place and writing, nuances of writing, inspirational poetry, autobiographies, narrative styles and influences, translation and transcreation.

At the valedictory session, Mrs. Sandra Quintal, Asst. Prof. of English welcomed the gathering. Dr. Prema Nandakumar, Writer and Journalist, a constant source of inspiration, in her valedictory address deliberated on literature as powerful tool, inspirations from Aurobindo interdisciplinary research, teachers and students interaction, importance of writing a diary and enrichment of one's English with healthy sound simplicity should reign. It was a metafunctional perspective of an ideational, interpersonal, logical and experiential analysis reflecting how Indian writing in English has passed through many stages with changes reflecting the Indian voice in English. Feedback from the chief guest was motivational and educative. A report of the Conference proceeding was presented by Dr. Quental Cheryl Mary, Assistant Professor of English.

The distribution of certificates to the participants was by acclaimed Writer and Critic, Dr. Prema Nandakumar, Dr. Jaydeep Sarangi and Dr. K. Srilata, and the Vote of thanks was by Dr. M. Mary Jayanthi, Assistant Professor of English. The faculty of the Department of English hopes that this Conference has ensured a clear green environment for literary

creativity and also instilled a passion for a continuous search for intellectual advancement and academic progression.

The Department of English conducted ACME '15 – a One day National Level Intercollegiate Literary Fiesta on the theme: Indian Feminist Writers in English, on 11th February, 2015. The chief guest Rev. Dr. Sr. Rosy Antony, Provincial, Province of Trichy felicitated the gathering stating that the immense potential of today's youth, their cognitive skills and creative approach in all educational ventures would glorify and enhance the kingdom of God.

The Principal, Rev. Sr. Dr. Jeusin Francis felicitated the English Literary Association, appreciating the staff and students for their endeavour to showcase their talent and creative skills through an exhibition of performance based learning experience of novel ideas. Competitions like Thinker's Den / Poets Cafe / Colour Chrome / Literary Runway / Lights Camera Action / Autobiography / Spellers Spell / Quiz/ Spot and Act / Literary Pageant were conducted. 16 Colleges participated and the prizes were distributed by the chief guest Mr. Amjath Meeran, Director, Writer and Artist at the valedictory function. The chief guest appreciated the students' innate abilities and talent. He advised the students to be more focused in all their endeavours and

give importance and fulfilment to their creativity with a vision and purpose for future success.

Language Lab

The academic year 2014-2015 started with the renewal of the tie-up programme between Holy Cross College and the two schools namely Sri Sivananda Balalaya and Hope Home. First Saturday of every month the children come to the Language Lab between 9 am to 4 pm. The sessions comprise Ice Breaking, Vocabulary building, Style & Diction, Articulation of sounds in English, Action songs, Tongue twisters, Listening, Speaking, Reading and writing skills, Games and some activities based on communication skills.

The students were very happy with the innovative methods of learning English. The Resource persons were Sr. Judy, Ms. Srimugi and Ms. Suganthi. Regular General English classes for I year Students from Regional Medium of Shift I & Shift II are conducted in the Language Lab to improve integrated language skills namely Listening, Speaking, Reading and Writing.

During the month of January a four day workshop was conducted for the Aspirants of sisters of Cross of Chavanod, at the advanced level. The sessions comprised of Ice breaking, Listening, Speaking, Recording, Idioms & Phrases, Word Finder, Narrating the Stories, News Paper Reading, Shout aloud. These sessions were facilitated by Sr. Judy Gomez, Ms. Srimugi and Ms. Suganthi. Students continue to use the Laboratory voluntarily for reading, listening and viewing purposes.



Communication Lab

The activities of the Communication Lab for the academic year 2014-2015 included a variety of programmes that were designed to develop the language skills of the students of various departments.

The screening of English films and the use of the LCD projector and computers helped provide students with the opportunity to improve their communication skills while also gaining a practical awareness of the language. A number of competitions such as short story writing, poetry writing, essay writing and reviews of movies were conducted during the year in collaboration with the Department of English.

Shift II

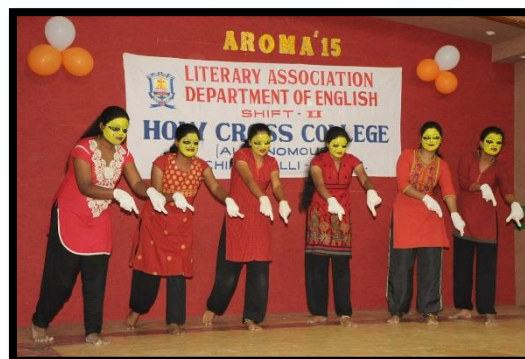
The inaugural of English Literary Association was held on 10th July 2014. The programme commenced with the investiture ceremony are bestowing of badges for the newly elected members. Dr. Stephen Prabakaran, Retd. Assistant Professor, Department of English, EVR College, Trichy, presided over the function and gave a lecture on 'Creative Writing'

A Lecture on 'Koran' was given on 10th September 2014 by Dr. Regina Dorothy, Former Head, Department of English. It was an enlightening session which gave the students an insight into the Holy Scripture 'The Koran'

A special guest lecture was arranged on 15th December 2014, for the second and third year students on 'Phonetics'. The resource person was Ms. Benita, Assistant Professor of English, Shift- I, Holy Cross College, Trichy. The Students were introduced to the sounds of English language.

A Workshop was held on 5th February 2015 by Ms. Rebecca Manickam on the topic 'Inner Life Integrity'. The

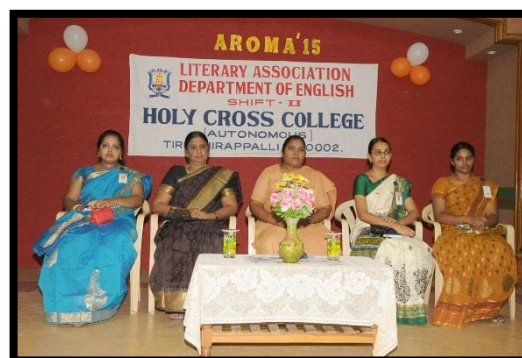
session covered the topics of Moral-spiritual development and the need to blend and create strong healthy everlasting relationships.



On 17th February 2015 a lecture was given by Dr. Regina Dorothy, Associate Professor and Former Head, Department of English, on the topic 'Emotional Maturity'. Her inspiring speech focused on how to lead a radiant happy life and she also stressed certain virtues of life which the students have to inculcate.

On 20th February 2015 a lecture was given by Dr. Sagaya Sophia, Assistant Professor of English, Shift- I, on the topic 'Literary Criticism: An Overview'. The session covered criticism from Plato to the present age. The students were introduced and influenced with the thoughts and views of the critics.

On 3rd March 2015, Interdepartmental Literary Fiesta Aroma'15 was conducted. Rev. Dr. Sr. Isabella Raja kumari, Vice Principal and In-Charge of shift II was the resource person.



On 4th March 2015, the Valediction was held. The chief guest was Dr. D.E. Bennet Associate Professor of English, National College, Trichy.

French

On 10th July 2014, the department of French conducted Holfrest 2014 – French Association Inaugural at 2.30 p.m. in Sophy’s Hall of Holy Cross College, Trichy – 2. Mr. Ivan D’ Gama – French teacher of Campion Higher Secondary School, Trichy, presided over the function.

The programme started with a short prayer, which was followed by some cultural programmes. In his presidential address, the chief guest talked about “The Need to learn French Language and French Culture”. This was followed by an interaction of the students with the chief guest. There he insisted upon having a great love for this language, Keeping up the resolution to learn the vocabulary and sentences every day, and following the French teacher as the best guide.

On 2nd September 2014, the department of French organized a study tour to Kodaikanal for the French students. There were songs, dances and laughter in the bus. The silver cascade of Kodaikanal welcomed them with a beautiful attractive smile to Kodaikanal at dawn. The students were extremely excited to see this sight. They became one with the beautiful nature and visited the important tourist spots such as pillar rock, botanical garden, park, Coakers walk, pine forest, suicide point, Guna cave, Lake, etc. They took photos, enjoyed shopping, horse riding, cycling and so on. Based on this experience they will get a creative writing question for 10 marks in II internal examination. The long awaited day proved to be exciting and refreshing.

On 8th January 2015, the department of French conducted “HOLFREST 2015 – French Cultural Day”, an inter-

departmental competition in French. The programme began with a short prayer. Ms. Deepa Raj Padua, Asst. Prof. of French, Bishop Heber College, Trichy, was the chief guest. Rev. Sr. Jessy Joseph, a missionary to France for the past 7 years was the special invitee and one of the judges for the French events. In the presidential address, Ms. Deepa spoke about “Today’s Youth and the Benefits of Learning French Language”. Then the most awaited Inter departmental French competitions of French cultural programme started.

The competitions were French Quiz, French Dumb Charades, French Picture reading, French Elocution, French Group Song, French dialogue and western dance. Ms. Deepa conducted the French Quiz. Both the chief guest and the special invitee appreciated the students for their pronunciation and mastery of skills in these French events greatly and wished them all success in all their future endeavours. This was followed by the valedictory function, prize distribution and vote of thanks. The memorable day came to an end with college anthem.



Hindi

The Hindi Association Geethanjali Samiti selected Miss. Lakshmi Jain as Secretary and Miss. R. Pooja as Joint Secretary. The inaugural meeting was conducted on 15th July 2014. Miss. Miss. Lakshmi Jain and Miss. R. Pooja were elected as Secretary and Joint Secretary. The Hindi Association Geethanjali Samiti was inaugurated on 15th July 2014 by Dr. J. Senthamarai, Head, Department of Hindi, Seethalakshmi Ramasamy College, Trichy. She spoke on the topic “Hindi Literature”. Cultural programmes were also conducted.

45 first and second year Hindi students of shifts I and II went on a study tour to Kodaikanal on 2nd September 2014. An essay writing competition was held on 9th February 2015. Other competitions such as Mehendi, Singing, Dohas Recitation, Tongue Twisters, on the Spot Speech, Connections, Antakshri and Debate were also held on 12th February 2015 at the valedictory function and the



chief guest was Mrs. J. Amuthavalli, Senior Lecturer of Hindi Teaching Scheme, Department of Official Language, Ministry of Home Affairs, Trichy. She spoke on “Women’s Safety”.

History

The Inaugural Meeting of the History Association for the Academic year 2014-15 was held on 18th July 2014. Rev. Fr. Dr. Arul Doss, Assistant Professor of History & Director of Shepherd, St. Joseph’s College, Trichy, was the Chief Guest & Rev. Dr. Sr. Georgia, Controller of Examinations, Former Head, Dept. of History, was the Guest of Honour. Rev. Fr. Dr. Arul Doss, addressed the students on ‘Importance of History’. He gave an interesting and informative Inaugural address. The Guest of Honour in her address, motivated the students to study history with interest.

The Department organised soft skill training programme for the students of History on 7th August 2014. Mr. Rengarajan, Director, Soft Skill Development Centre, Chennai was the resource person for the programme.

He addressed the students on ‘Personality Development’ and how to interact with others. He gave a clear and informative ideas on interview techniques .He enriched the students on usage of computers and need to develop and to learn the new techniques in computers. The Vote of thanks was proposed by Dr. Menaka, Assistant Professor of History.

The department organised the Independence Day celebration for the students of History on 10th August, Dr. Priyadarshini, NRI from Canada who was the guest of the celebration spoke on ‘Cultural and traditional Importance of India’.

She shared her international experience in an interesting and informative way. The Guest, in her address, motivated the students to study history with interest and to know the importance of our land.

One Day International Conference on “Ethnic Tourism in the World Scenario” organised by the Department, was held on 18th September 2014. The inaugural Address was given by Dr. M. Ponn Illango, Director, Jenny’s Academy Tiruchirappalli. He highlighted how to promote the Tourist destinations of India. The Presidential Address was given by Rev. Dr. Sr. Lilly, Secretary. She insisted the importance of Tourism in the present Scenario.

The special invitee of the Conference was Mr. F. Fredrick Irudhya Raj, M.E. Director, Social Securities, Government of Australia, he dealt with the Topography of Australia, Culture and Tradition of Australia. He insisted that people should travel far and wide for getting Knowledge about Ethnicity. The Keynote Address was delivered by Dr. Arockia Rani, Coordinator of Scholastic India Pvt. Ltd, New Delhi. She spoke on women and Tourism. She provided the information about the role of women in the Tourism Industry.

The first session was presided over by Dr. R. Kumaran, Associate Professor, Head, Dept of History, Rajah’s College, Pudukkottai. He traced the origin and growth of Tourism and types of tourism. The second session was headed by Dr. Milton, Prof & Head, Department of Tourism, Asan Memorial Institute of Hotel Management, Chennai. He spoke on the Strategies of preservation of Environment. He also gave suggestions and recommendations to improve the Tourist places.

The third Session was presided over by Dr. Asokan, Assistant Professor of

History, Bharathidasan University. He spoke on why Ethnic Tourism is essential and various problems of ethnic Tourism. He gave valuable informations regarding ethnic identity. In the Valedictory session Valedictory Address was given. Dr. A. Rajendran, Associate Professor and Head, Department of History, Bishop Heber College, Tiruchirappalli.

In his address, he emphasized the importance of products of Tourism and insisted that ethnic tourism is nothing but cultural tourism. Valedictory session came to an end with the national anthem.

The History Department arranged a visit for the students, of I and II B.A History to Rockfort temple on 11th July 2014. The Department of History organised the field visits to Utthamar Kovil, Thirupancheely, Tirunelveli on 9th August 2014. The Department organised one day trip to Dharmapuri on 6th March and visited the places of Athiyamma Kottai, Nulambas temple, Thenkarai Kottai and chitteri hills.

The Department organised the Workshop on First Aid & Home Nursing on 11th December. Major. Dr. Viji, Head of the Department History welcomed the gathering. Mr. Nallathambi, Mr. Muthukaruppan and Mr. Rajkumar were the Resource persons for the First Aid & Home Nursing Workshop. They gave demonstration on 108 services. He enriched the students on usage of 108 services. Mr. Nallathambi gave useful information on first-aid. Mr. Muthukaruppan addressed the students on ‘First Aid & Home Nursing’ and Health awareness. Mr. Rajkumar gave a clear and informative ideas regarding Emergency situation.

The Department organised a workshop on Personality Development on 23rd January 2015. Major. Dr. Viji, Head of the Department History welcomed the gathering. Dr. Sheila Christopher,

Associate Professor of Rehabilitation Science, was the Resource person. She gave useful information on Interview Techniques.

One Day Workshop on ‘Inscriptions in Tamil Nadu’ was held on 17th February 2015. The welcome address was given by Dr. (Sr.) Isabella Rajakumari, Sister In-charge (shift II) Assistant Professor of History. Felicitation was given by the special invitee Rev. Dr. (Sr.) Lilly V., Secretary. Rev. Dr. (Sr.) Jeusin Francis, Principal, Holy Cross College graced the occasion. The inaugural Address was given by K. Nedunchezhiyan, Founder, World Tamil Language and Philosophical Cultural Research Centre, Tiruchirappalli. He highlighted the Importance of History. The Keynote Address was given by Dr. C. Chandra Sekar, Assistant Professor of History, Government Arts College, Dharmapuri. He insisted on the importance of Studying Tamil Nadu History in the present Scenario. He provided the information about the role of the Tribal Community in the History of Tamil Nadu. The vote of thanks was by Dr. K. Menaka, Assistant Professor of History.

After the Tea Break the first Session-I was presided over by K. Nedunchezhiyan, Founder, World Tamil Language and Philosophical Cultural Research Centre. Tiruchirappalli. He spoke on ‘The Religion of the Stone beds during Sangam Period’. He traced the origin of Religion in Tamil Nadu. The II session

was headed by Dr. C. Chandra Sekar, Assistant Professor of History, Government Arts College, Dharmapuri. He spoke on ‘Science and Technological aspects in Sangam Inscriptions and Sangam Literature’ He spoke on why the study of the inscriptions is essential? He gave valuable information on Hero Stones of Tamil Nadu. In the Valedictory session the welcome Address was given by Ms. J. Theresa Rosetti, Assistant Professor of History. Valedictory Address was delivered by Dr. N. Subramanian, Assistant Director, Department of Archaeology, Government Arts College, Dharmapuri. He spoke on ‘Graffiti Marks and Tamil Brahmi in Excavation’. The Vote of thanks was proposed by Ms. Pricila, Assistant Professor of History.

Mathematics

Shift I

The inauguration of Mathematics Association was held on 10th July 2014. The inaugural address was given by Dr. K. Thilakam, Associate Professor and Head, Department of Mathematics and Dean of Science, Seethalakshmi Ramasami College, Trichy. She explained how to compute the Energy of a Graph and one of the topological indices namely wiener index. She also explained graph labeling such as graceful labeling, magic labeling and bimagic labeling.

An association meeting was held on 11th July 2014 exclusively for III UG and II PG students. The session was handled by Mr. Venkatesh from SEEKERS. He explained briefly about ways and means to face the entrance exams such as CAT, MAT, IBPS, NET, SLET. He explained about the job vacancies in bank and how to face this competitive world through our communication skills and knowledge.

One day workshop was conducted on 13th August 2014 for the staff members of Department of Mathematics, Physics, Chemistry and Zoology in Flash



Document. Mr. Mubarak Ali, CCI Computer Center, Palakarai, Trichy explained how to create pictures and how to animate those pictures using Flash Document.

An Association meeting was held on 19th August 2014 for UG and II PG students. The chief guest was Dr. B. Esther Clara, Associate Professor of Mathematics, Bishop Heber College, Trichy. She explained the Applications of Mathematics in Real Life.

The next meeting was held on 3rd September 2014 on the topic “Astronomy in Day-to-day life” for all UG and PG students. The chief guest was Dr. Ruban Raj, Associate Professor and Head, Department of Mathematics, St. Joseph’s College (Autonomous), Trichy. He brought to light many amazing facts of Astronomy in day-to-day life and explained how the horoscope is written with ideas of Astronomy.

An Association meeting was held on 26th September 2014 on the topic “Human values for the now generation”. The Guest of honour was Dr. John Robinson, Assistant Professor of Mathematics, Bishop Heber College, Trichy. He talked about empowerment of women, abortion and addiction of the young generation.

A two day workshop on “Fluid Dynamics and Number Theory” was conducted on 9th& 10th December 2014, for a selected group of 52 UG and PG students. The resource persons were Dr. Rukmani Shridharan, Professor of Mathematics (Retd.), Stella Maris College, Chennai and Dr. M. A. Gopalan, Professor, Department of Mathematics, Shrimathi Indira Gandhi College, Trichy.

Dr. Rukmani gave a talk on the topic “An Invitation to Fluid Dynamics”. She explained Hydro Dynamics and Aerodynamics. Dr. Gopalan explained various types of numbers like Polydromic

numbers, Nasty numbers, Ramanujam number, 2nd order Ramanujam no. and 3rd order Ramanujam number and explained how to solve diophontin equations.

The Department of Mathematics conducted one day seminar on Topology and Decision Making on 20th January 2015 for the staff and students. Dr. Revathy, Principal, Chettinad College of Arts and Science, Trichy inaugurated the seminar. She gave an informative and innovative talk on Fuzzy Decision Making. She beautifully explained the relation between Fuzzy Set Theory and Operations Research.

The next session was handled by Dr. A. Antony Eldred, Assistant Professor, Department of Mathematics, St. Joseph’s College (Autonomous), Trichy. He gave a lecture on the topic ‘Topology and Real Numbers’. He gave information on the basic definitions and concept of pure mathematics. Dr. Roop Kumar, Assistant Professor, Department of Mathematics, Alagappa University, Karaikudi handled the final session of the one day seminar. He gave a strong foundation on Real Numbers. The One Day seminar ended with the college Anthem.

The department of Mathematics conducted an Inter Collegiate competition Math Spark 15 on 19th February 2015. Math Spark ‘15 consists of 5 events namely Math Intellect, Math Rangoli, Math Reckon, Math Blaster and Cool Math. The first event Math Intellect was conducted by I M.Sc Mathematics and this event was judged by Ms. Imelda Samathanam Evangeline S, and Dr. Mary Mejrullo Merlin M. In this event Bharathidhasan university got the first prize.

The second event Math rangoli was judged by Dr. Maheswari S, and Ms. Joy Jona A. In this event Jamal Mohammed College got the first prize. The third event Math Reckon was conducted by III B.Sc.

Mathematics and this event was judged by Dr. Ritha W, and Dr. Lilly Robert. In this event Bharathidhasan University got the first prize. The fourth event math blaster was conducted by II M.Sc Mathematics and this event was judged by Dr. Merline Vinotha J, and Dr. Rexline Jeyakumari. In this event Nehru Memorial College got the first prize.

The final event Cool Math was conducted by II M.Sc Mathematics and this event was judged by Ms. Amalorpava Jerline J, and Ms. Roshini I. In this event Cauvery College for Women got the first prize. The prizes were distributed by Dr. Maheswari, The Head of the Department. Bharathidasan University got the winner award and Jamal Mohammed College got the runner's up award. Math Spark 15 came to an end with the vote of thanks.



Shift II

The Inaugural meeting of the Mathematics Association (Shift -II) for the academic year 2014-2015 was held on 17th July 2014. The guest of honour was Dr. C. Durairajan, Assistant Professor, PG and Research Department of Mathematics, Bharathidasan University, Trichy gave a talk on the topic “Applications of Algebra”.

Next meeting was held on 2nd September 2014. The Chief Guest was Ms.

Marie Sheila, Assistant Professor of Commerce. She spoke on the topic “Managing Stress-A Guide for College students”.

Dr. B. Esther Clara, Assistant Professor of Mathematics, Bishop Heber College, Trichy, the chief guest, gave a talk on ”Applications of Mathematics” at the meeting held on 19th September 2014.

The next meeting was held on 11th December 2014. The Chief Guest was Dr. P. John Robinson, Assistant Professor of Mathematics, Bishop Heber College, Trichy. He shared his views on the topic “Women Empowerment for social development”.

One day seminar was conducted on “Contemporary trends in mathematics” on 9th February 2015. The resource persons were Dr. M. Marudai, Professor and Head of the Department of Mathematics, Bharathidasan University, Trichy. He spoke on the topic “Sequences and Series”. The second session that followed was by Dr. R. Jahir Hussain, Associate Professor of Mathematics, Jamal Mohamed College, Trichy. His talk was on “Domination in Graph Theory”. The last session was handled by Mr. A. Praveen, Assistant Professor of Mathematics, St. Joseph’s College, Trichy. He gave a talk on “Quick Fire Maths”.



Physics

Shift I

Physics association was inaugurated on 17th July 2014 by Dr. Suhasini Ernest Esther Ravi, former HOD of Physics, Urumu Dhanalakshmi College, Trichy. She delivered the inaugural address on “Essentials of Nanotechnology”.

NET, SLET coaching classes were conducted from 5th to 8th July 2014. 36 Post Graduate students from Physics department attended the classes. The classes was taken by Prof. Sundar Sekar, Associate Professor, St. Joseph's College on the topic of Mathematical Physics and also by Dr. Alfred Cecil Raj, Associate Professor St. Joseph's College, Trichy on the topic of Quantum Mechanics. Material Science is the field inherently multidisciplinary, encompassing mechanical, chemical, biomedical, civil, electrical, aerospace engineering, physics and chemistry.

On 27th August 2014, a state level seminar on “Material science” was conducted. The programme started with a prayer service. The inaugural address was delivered by our Principal and the presidential address was delivered by our Secretary. The keynote address was given by the head of the department of Physics.

The resource persons were invited from various places. The first speaker Dr. V. Ramakrishna, Scientific officer, Kalpakkam gave a brief talk on the topic, “Nuclear energy”. He gave some basic ideas about fission and chain reaction and also explained about the conservation of energy. The second speaker Mr. Mathrubootham, Advisor, High Energy Batteries (I) Ltd, Trichy, gave a talk on “High energy batteries”. He discussed the various types of batteries and fuel cells.

In the afternoon session, the next speaker Dr. Sivakumar, Associate Professor, EVR College, Trichy, gave a talk on “Evolution of batteries”. He explained the ideas of lithium battery and the role played by them in different gadgets. Dr. Mathiyalagan, former Vice Principal, St. Joseph's college, Trichy shared his ideas on “Applications of Spectroscopy”. He had shown the various types of spectra along with EM spectrum and gave some important applications of NMR spectroscopy. The seminar ended with the vote of thanks.

60 students of I B.Sc. Physics, visited Anna Planetarium on 12th September 2014. The Science Gallery, Cosmic journey and the 3D show were quite interesting and informative.

PG students visited Tanjore museum, royal place, and Poompuhar museum on 19th September 2014 with three staff members Ms. Babiyana, Ms. Philominal and Ms. Ruby Nirmala.

To tap the potential of students and to check the knowledge on basic physics a science exhibition was conducted on 26th November 2014. The selection of exhibits was based on skill, creativity and basic principle of physics and nearly 74 exhibits were displayed on that day for final selection. The skills of the students were tested by Dr. Amala, Department of Chemistry, Dr. Lilly Robert, Department of Maths, and Mrs. Francisca, Department of Botany. Out of 74 models, 46 were selected as the best for the final phase. The best six exhibits were given the prizes.

The forty six exhibits selected by the committee for the final phase were displayed on 8th December 2014. Under star college scheme the exhibits displayed were judged based on creativity and relevance to basic principles of physics. The model displayed in the UG Physics lab was inaugurated by Rev. Dr. Sr. Jeusin Francis with much enthusiasm. The

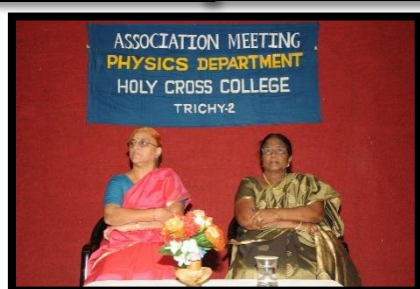
innovation of the students was judged by Mr. A. Patrick Prabhu from St. Joseph's College and Ms. G. Maheswari from Cauvery College. The best nine exhibits were selected for the prizes.

The students of II B.Sc Zoology and III B.Sc., Botany went on a field visit to Lachmandas Hospital in Kattur, Trichy on 21st August 2014 to learn about X-ray Scanning and E.C.G. and their features.

On 3rd September 2014 III B.Sc., Physics students visited "SIDCO Hoisery Industries" at Urangampatty, Madurai. PG Physics students went to Sarfoji Palace and Art gallery in Thanjavur.

An association meeting held on 9th September 2014 was presided over by Mr. Sundar Sekar, Associate Professor, St. Joseph's College, Trichy. He delivered a talk on the topic "Universe". He insisted that "something can be done by nothing".

On 21st January 2015, Dr. K. Sathyamurthy, Associate Professor, Department of Bio Medical Sciences, Bharathidasan University presided over the meeting. He delivered a lecture on "Prevention and control of health hazards". He discussed the different kinds of microbes. He gave awareness on vaccines. He clearly stated the difference between vaccines and vaccinations and also discussed immunizations.



On 22nd January 2015, the last association meeting for this academic year was held. Mr. K.C. Tamil Vendhan, Director, LIFT technologies, Trichy, explained the basic principles of Physics and he gave a demonstration on simple electronic experiments.

Seventy four students from Shift I & II (UG Students) appeared for the National Graduate Physics Examination (NGPE, Kanpur) on 25th January 2015.

Shift II

The business meeting of the Physics Association of the year 2014-2015 was held on 20th June 2014. Ms. I. Karoline Mary, Assistant Professor was elected as the Association Staff Secretary for Department of Physics (shift – II). Ms. A. Sasireka (III B.Sc. Physics) and P. Muthulakshmi (II B.Sc. Physics) were selected as the office bearers. The Physics Association of shift-II was inaugurated on 18th July 2014 by Mr. A.J. Clement Lourduraj, Assistant Professor of Physics, St. Joseph's College, Trichy. The first association meeting was held on 12th September 2014 on "ADHD".

Ms. Elizabeth David, Professor of Rehabilitation science was the resource person. The next association meeting was held on 22nd September 2014 on "Non Destructive Testing" by Mr. J. Andrews Arockiaraj, Senior Engineer, G.B Engineering Enterprises & private ltd, Thuvakudi, Trichy.

One day Seminar on "Recent Developments in Physics Education" was held on 9th February 2015. The Resource Persons were Dr. S. Alfred Cecil Raj, Associate Professor of Physics, St. Joseph's college, Trichy, Dr. P. Philominathan, Associate Professor of Physics, AVVM Sri Pushpam College, Poondi, Tanjore, and Dr. M. Sterlin Leo Hudson, Principal Investigator, DST INSPIRE Project, Department of Physics,

Central University of Tamil Nadu,
Thiruvarur.



Rehabilitation Science

The Business meeting of the Association for the academic year 2014 – 2015 was held on 10th July. Sr. Melba Thangaraj of III B.Sc Rehabilitation Science was elected as the Secretary for the Rehab Association, Aarthi Rani of II year, Annetta Joy from I year, Sharli Sharmila from II DSEMR, Sasikala from I year DSEMR were also elected as member representatives from their respective classes. The members planned for various informative and innovative programmes for the academic year.

On 23rd July 2014, the activities of the Rehab Association was inaugurated by the Chief Guest Mr. Saminathan, the District Differently abled Rehabilitation Officer. He guides and encourages people to work for the differently abled children. The Chief Guest gave an inspiring speech for the students to enrich their minds and focus on the special children to make their life better.

The Rehab Association met on 6th August 2014 for an informative session on Marriage and family Perspectives from the west. Dr. Sheba Stanly, Theraplay Therapist from Plymouth, the UK, was the key speaker. Dr. Sheba spoke comparing the rich traditional values that exist in India and other Asian countries. The dwindling family values in the west and the UK Government support for such families was an eye opener to the students. Dr. Sheba's lecture was special with real instances of such family conditions. Her experience of working with children with Attachment Disorder made her presentation very lively.

The students were privileged to listen to an informative talk on Pregnancy and Birth by Dr. Ravi Stephen, a leading Gynecologist from Stephens Nursing Home at Woraiyur, Trichy on 9th September 2014. The audience was students from the Department of Rehabilitation Science and P.G. students who had opted for Family and Child Care as part of their "NME" course.

One day workshop on Project Proposal writing with special significance to Logical Framework Analysis (LFA) was conducted for the Post Graduate students of Rehabilitation Science on 1st October 2014. Mr. Antony Stephen, Assistant Professor of Social Work was the resource person. Logical Framework Analysis is the most important part of a project proposal. This was dealt with by Mr. Stephen through group discussions and presentations. The students were assigned different tasks and given a time frame to complete them. At the end of the day they presented their views through charts and role plays. It was a very useful exercise for the students.

Awareness and the importance of Sign Language was the theme of the next Rehab meeting which was held on 19th January 2015. Ms. Leema Suganya and

Ms. Karthika, Assistant Professors of Rehabilitation Science were the resource persons. The participants were I B.Sc. Rehab students. Sign Language commonly develops in Deaf Communities. A Sign Language is a language which, instead of acoustically conveyed sound patterns, uses visually transmitted sign patterns to convey meaning by simultaneously combining hand shapes, orientation and movement of the hands, arms or body and facial expressions to express freely the speakers thoughts. Practical sign language sessions were also conducted for the students which made the students participate with enthusiasm.

One day workshop on Early Intervention Games for Children with Special Needs was held on 12th February 2015. III B.Sc. students organized this workshop for the children of Holy Cross Blossoms Opportunity School. The games were designed to address the sensory system and give children that sense of belonging. They were designed to help children develop motor skills so that they can be successful in the playground. They were planned to help children be more sensitive to some systems and less sensitive to others. But mainly, the games were played so that these children could see that being with other people could help them in building relationships. 25 children from Blossoms participated in this workshop and enjoyed.

The Research Department of Rehabilitation Science conducted a three-day workshop on Orientation and Mobility from 6th to 8th August 2014. Students of II B.Sc Rehabilitation Science and I D.SE.MR were the participants of the program. The workshop was inaugurated on 6th August 2014 by Mrs. S. Kalaiarasi, Chief Education Officer for SSA program, Trichy. She motivated the participants by explaining the role of a teacher especially special educator in the lives of differently abled children. She also promised to

render all necessary support and services regarding assistive devices and teaching learning materials for Children with Special Needs.

In the first session, Dr. Joicey P. Manickam, Associate Professor of Rehabilitation Science explained the importance and common terms used in Orientation and Mobility using PPT. In the second session Dr. P. Nagalakshmi, HoD gave an introduction about Mobility Skills and gave practical demonstration of sighted guide techniques for the children with Visual Impairment. After the demonstration, students were divided into pairs and were provided opportunity to practise the sighted guide technique.

On the Second day, Ms. Angel Selvaraj, Asst. Prof. of Rehabilitation Science was the resource person. She explained and demonstrated independent travel skills. Then various long cane techniques were demonstrated and the participants were asked to practice the learnt skills. On the third day of the workshop Dr. P. Nagalakshmi, HOD explained and demonstrated Out-Door skills. Then the participants were practically taken out to various places like road, ground, college canteen and were taught how to implement the outdoor skills techniques. They were asked to practise moving around the campus independently using the techniques learnt.

The last session was taken by Ms. Karthika, Asst. Prof. of Rehabilitation Science. She took the session on the role of resource teachers in teaching orientation and Mobility, preparing lesson plans and training the Visually Impaired persons in Orientation and Mobility. She explained each and every step to note and aspects to be considered in developing lessons plans and implementing the training programs. Feedback from the participants was collected at the end of the program.

The workshop on material preparation, Teaching Practice and Therapeutics for Special Educators was scheduled for two days 24th & 25th August 2014 with Mrs. Elizabeth David and Dr. P. Swarnakumari as the resource persons. The two day programme was an attempt to describe varieties of expertise that should become habits of mind for students with special needs. The resource persons enlightened the special educators on effective practices that weave through and promote holistic development.

The special educators were fine tuned to strengthen students language, computation, communication, and conceptual understanding skills and practically apply the principles of therapeutics to strengthen positive behaviours and reduce undesirable behaviours in children with special needs. The teacher educators were also oriented on advocating innovative teaching practice by incorporating technology to set realistic goals, measure progress along the way, and reflect on growth.

Thus in short this workshop facilitated to create a platform to help special teachers to choose appropriate Alternate Performance Indicators (APIs) to assess student skills, how to develop activities to best evaluate that skill, and how to collect data to document the skill level of the student.

Additionally, participants were asked to voice out their concerns and also clarify on difficulties and problems encountered in the work setting. The workshop helped them to develop the right content, knowledge and perspectives aligned with appropriate instruction, teaching for critical thinking, creating a positive classroom learning environment and to evaluate progress and growth along the continuum.

The Inaugural Function of the Rehab Wing was followed by the Soft Skills

Workshop conducted by Dr. Sheila Christopher. In the next session by Dr. Turin Martina spoke on attitudes and values, where she spoke, touching on values that are standards to guide our actions. We moved on to Body Language Session taken by Mrs. Elizabeth, who stated that body language is a form of non-verbal Communication and the first language that we use and also the different kinds of handshakes that can be followed by practising it. The art of writing by Dr. Swarnakumari, explained the different kind of writers and the keys to effective writing were explained during this session.

The session on stress management and how to stay and be relaxed was taken by Mrs. Joyce and she also explained the seven steps which will help to stay cool and calm. The session on 'Team work' was taken by Ms. Karthika and Mrs. Leema Suganya. The team played games on Team work and how to work as a team and to set goals in a team was explained. In the session on 'The act of Listening' by Ms. Angel Selvaraj we heard the different kinds of listening techniques that we follow as individuals, and also about the listening etiquette and what are the benefits of reading effectively.

In the time management session by Ms. Uma, students did a little task analysis to know how to plan and use time in a very useful and effective way. How to plan and execute work was also explained. Act of speaking by Dr. Nagalakshmi explained how to speak during public meetings and gave 30 tips for public speaking and the KISS (Keep It Short & Sweet) method to be used i.e. when speaking in public. How to plan and speak very effectively was also discussed. Students benefitted by the many power point presentations and they gained a lot of information from this workshop.

To commemorate the Day of the Deaf, (26th September), International Day of Sign Language, (28th September) and in concurrence with the International Week

of the Deaf and to recognize the importance of sign languages of the world along with the linguistic and human rights of deaf people, the PG and Research Department of Rehabilitation Science has inaugurated a Certificate Course on Sign Language and Communication Disorders on 26th September 2014. The programme commenced with a short prayer service. The welcome address was delivered by Dr .A. Turin Martina, Associate Professor and the chief guest was honored with a shawl and memento by Dr. P. Nagalakshmi, Associate Professor and HoD of Rehabilitation Science.

This innovative effort was inaugurated by the Senior Teacher Mrs. Marie Josephine Lilly who has more than 30 years of experience in teaching Children with Hearing Impairment in Dolour's School for the Deaf in Ponmalaipati.

The course is designed for 30 hours with theoretical input, practical sessions and skill based training. On completion of the course the students will gain hands on training in using sign language and be oriented to the various communication disorders and therapeutic intervention for them. This course will be of great benefit to the student community and the people or Children with Hearing Impairment in the process of rehabilitation.

Mrs. Marie Josephine Lilly addressed the students on the various communication approaches used with the hearing impaired and the need for sign language which is the natural language of the deaf. The need for a psychological approach in the intervention process of the hearing impaired was highlighted. The programme came to an end with the vote of thanks delivered by Ms. R. Leema Suganya, Assistant Professor of Rehabilitation Science.

World Disability Day - Students of Holy Cross College were made aware

about different disabilities through poster presentations. Badges were also pinned for them describing the abilities of the Person with Special Needs. 3000 students participated.

8th December was a special day commemorated as the Day of Mentally Retarded to help create awareness about mental handicap, showcase the special abilities of the mentally retarded and enable the society to accept them as one among us.

This year the research Department of Rehabilitation Science took special pride in commemorating this special day in a very special way. The Mentally challenged kids from the Blossoms Opportunity School accompanied by the students of the department of Rehabilitation Science joyfully made a visit to FSM-HYPER - the shopping Mall which is a new attraction to Trichy Town. The special kids had a happy day out climbing down the escalators, window shopping and watching the colourful display of the consumables, toys and festive decorations, enjoying the games and sporting rides and interacting with the public at large.

They were accorded a warm welcome by Thiru Mohammed Abubaker, MD of FSM HYPER and were provided gifts and refreshments as a goodwill gesture. The smiles and cheers of these special kids created an air of warmth, dispelled myths that that they are disabled and brought a new ray of hope among the public that they are gifts of God, who need our compassion and love.

On 10th February 2015 Dr. K. Manivasan, State Commissioner for the Differently Abled, Government of Tamil Nadu inaugurated a number of new initiatives taken by the Institute of Rehabilitation and Special Education. They are as follows.

1. State - “Disability Helpline – 1800 121-1245”

Disability Helpline is a Toll Free helpline service in which various information regarding different disabilities and services for Persons with Special Needs in the State will be provided. This service will be available from Monday – Saturday from 8.00 a.m to 8.00 p.m.

2. Concurrent Training for Students with Visual Impairment on Computer Skills - from 11th – 14th February 2015. As a part of Empowering Persons with Special Needs, concurrent training program on Computer Skills was conducted for Students with Visual Impairment from 11th February 2015 onwards. Each batch will comprise of 15 students.

3. Be the Change – Project Volunteering

This is a volunteering project, where the general public, interested in rendering volunteer service to Persons with Special Needs particularly in Holy Cross Blossoms Opportunity School and the Rainbow Early Intervention Programme volunteer to work for a noble cause.

4. Soft Skills Training for College Students - on 11th& 12th February

This is provided to develop competency among the budding professionals, as there is a huge demand in the society to offer such services professionally.

5. Workshop on Intervention Strategies for Children with Learning Disabilities – 14th February. Regular teachers have a major role in Identifying and Training Children with Learning Disabilities in their classrooms. Thus this workshop trains the regular teachers in the local Primary Schools in Trichy.

6. Workshop on Current Perspectives and Emerging Trends in Inclusive Education for Children with Special Needs – 17th February.

This workshop is to update the SSA – IED teachers on current trends in Inclusive

Education which helps them in providing quality service to the Children with Special Needs.

7. Workshop on Developmental Disabilities - Intervention Strategies for Children with Autism – 20th February.

This workshop helps Special Educators to develop effective management plans in dealing with Children with Autism.

8. Workshop on Innovative Cultural Arts for College Students on 26th& 27th February, is to aid in overall development of the students. This is mainly to train students in Theater arts and street plays. These skills will empower them to create awareness on disability at different forums.

9. Release of Disability Helpline Manual “Nalla Nanban”

This manual is a compendium of services and service Organizations in Tamil Nadu for Persons with Special Needs.

The Department of Rehabilitation Science in collaboration with the Rajiv Gandhi National Institute of Youth Development jointly organized Aspire 2015, a two day Thematic Capacity Building Workshop for Enhancing Entrepreneurial and Employability Skills for Disabled Youth on 20th and 21st January 2015. The workshop was planned by the programme co-ordinator Dr. P. Swarnakumari, Associate Professor of Rehabilitation Science to improve the quality of life and livelihood of youth with disabilities primarily from the socially marginalized category and building their capacity to exercise their rights to employment and gainful living. The purpose of the Youth Conclave was to develop disabled youth who have the courage to dream, the drive to make a difference, the ability to believe in themselves and the persistence to convert their thoughts into action.

The programme content included experiential activities on essentials of

Entrepreneurial Personality Development, Idea Generation Canvas - Identification of business opportunities, Business Plan, Funding agencies and entrepreneurship Creativity and Innovations. Eminent experts, field functionaries, differently abled achievers and experienced faculty from neighbouring colleges and all the faculty from the department of Rehabilitation science were invited as resource persons to share their knowledge and expertise. This two day workshop ignited the entrepreneurial spark in young minds and expanded the capacity of youth with disabilities and facilitated decent employment which will have an impact not only on the role of the individual in the economy (working life) but also in society (social and personal life) as well.



Buddy Club

We realized that although the traditional school setting is important, our children need learning beyond the classroom and the ABC's and 123's. We

know that there is a large spectrum of learning that needs to be available to them so that the “whole child” can be developed while meeting their individual needs. Our goal is not to replace traditional school but to be a support and give them the tools they need to be successful. Since the third years had left, new set of matching had to be made. Our Buddy Club program offers our special needs children one-on-one support in reaching their goals as well as the basic fundamentals of learning. Our students enjoy sensory and fine motor activity learning games. They learn to follow directions and to attend to tasks for the appropriate amount of time. The buddies from the club met their little buddies frequently as and when they had time. This is a low-intensity program in which students meet to target their buddies needs through small group instruction in a natural (i.e. play) environment. Social skills are targeted such as: sharing, negotiating, forgiving, co-creating, problem solving, taking others' perspectives, and enjoying different types of humor in a group setting.

SIB Club

On 23rd November 2014, the sib club meeting was conducted to share some times with the siblings of children with special needs. Dr. P. Swarnakumari Associate Professor of Rehabilitation Science spoke about Autism to the siblings and parents. Among the siblings there were 9 boys and 16 girls and few parents. Among them 7 siblings were college going students and the remaining were school students.

The Head Mistress of the Blossom's Special School conducted the games to build rapport among the siblings. After the tea break, a few clippings from the movies Anjali and Haridoss were shown to the siblings. A special time was allotted to the siblings to share their experience about being/ living with children with special needs. A parent of an autistic child shared

her testimony with the siblings. Some tips and ideas were given to them. This was well received by the participants. A game of Thumbola was conducted and prizes were given to them. This was done to lighten the situation.

Blossoms Opportunity School

From 2007 to 2014 Sr. Josephine rendered her service as a Head Mistress to our school for past 7 years. As she was placed as a formater for the novices, she could not continue her mission in our school. In her place Sr. Anitha was appointed as Head Mistress. This Year we have appointed 2 more staff in our school Sr. Fabiola & Mr. Vincent. At present we have 100 children and 18 staff. In Early Intervention Programme there were 22 children who benefited by it. This Year we have placed 2 children to the normal school. In our vocational unit we prepare popcorn, candle and appalam.

Our students participated in SDIT Sports competition in Bishop Heber College and they won the prize in running, lemon and spoon, kicking the ball. Annai trust conducted several games for our children. District level sports meet was conducted by SOB and our children won the 1st, 2nd, and 3rd prizes. On world disabled day we had a programme in 2 places (DDAWO Mr. Swaminathan, NGO Mr. Martin) to give awareness to the society that they also can do everything. We got a chance to have a one day exposé to FSM conducted by our Rehab Department on the World Mentally Retarded Day. We also conducted different celebrations such as Mother Foundress day, Independence day, Sports Day, Teachers Day, Holy cross feast, Deepavali, Children's day, Christmas Day, Pongal, Republic Day.

After the Beginning of the year an orientation was conducted for the teachers to strengthen their positive thinking and to increase their self-esteem. One day

General health checkup was conducted for our children. Parent's association meeting was conducted to have a good relationship with the parents and motivate them to support us in our service to our children. Refresher course was conducted for our staff to have an idea to give a better service to these children. M.Sc Nursing Student conducted a programme for the parent's to create awareness about how to bring up the children in the society.



Social Work

The SWAN Association Inauguration began with a short prayer service on 11th July 2014. Sr. Niranjana, HOD welcomed the gathering. Ms. Gomathi Balasubramaniyan, Development consultant, Trichy presided over the function. Ms. Gomathi, shared with the students her personal life experiences of working with leaders like Mother Teresa, Mr. Anna Hazare, Mr. Nammazhvar and others. She motivated the members never to give up but strive hard always to give the best for the development of the society. After the chief guest address, the Office bearers had the Oath taking ceremony. Ms. Manimegali, II year MSW, Secretary of the Association led the ceremony. She

also made a PowerPoint Presentation on the SWAN activities of the year 2013-14. With the vote of thanks by Ms. Sowbarnika, the Joint Secretary, the programme ended.

On 3rd December 2014, the SWAN Association organized a programme on “Awareness about laws for disabilities in India”. Mr. John Britto was the chief guest of the programme. He served as an advocate as well as paralegal volunteer in Trichy Court. He discussed the social structures of our country and compared the same with other countries. He explained the rights of the disabled person and the responsibilities of the social workers to disseminate the information to the common public. He discussed with the students the Mental Health Act, National Policy on Disabilities 2006 etc. He concluded by saying that the differently abled people must be given awareness on their rights and privileges.

A talk on “Personality Development and Interview Facing Skills” was given to the students on 8th December 2014. Ms. Shiny, HRD Coordinator was the resource person of the program. Then Sr. Niranjana, Head of the department, honored the resource person with a memento. Ms. Shiny spoke about personality and it was more of an interactive session. She motivated the students to think in English and speak in English. This would enhance their confidence.

She spoke about Barriers in Communication and how to overcome them. She also explained the interview facing skills. The candidate should introduce oneself and speak in English with optimism and confidence. Listen with interest, time keeping, speak about strength and weakness without fear, be in one’s natural self, confidential, formal dressing suited to the job and not speak about salary or other benefits until the appointment.

On 10th December 2014, Mr. Mohan gave a talk “Role of social worker in community settings”. He critically analyzed the community power structure. The people in the community must be sensitized about the power structure within the community. He highlighted many areas and issues in which the social workers could work in the villages for their development.

On 25th and 26th August, a Workshop on Counselling was held. Mrs. V. Daisy Rani, Asst. Prof. of social work delivered the welcome address. Rev. Sr. Niranjana, Head, Dept. of Social Work, offered felicitation. The resource person for the workshop was Rev. Sr. Catherine, Counsellor of Holy Cross College. Both I and II year MSW students were the participants of the Workshop.

The session started with a short film, and the resource person raised the questions about the Quality of good counselor. Later she explained - Professional ethics of counseling, steps in the counseling process, directive counseling and eclectic approach in counseling. The students viewed video clippings and had exercises related to counselling. On the second day the students had role-play and Sr. Catherine gave practical exercise on how to give counseling. Students participated very actively in the counseling session and then Ms. S. Nidharsana, II year MSW delivered vote of thanks and the workshop came to an end.

A two day workshop on Social Case Work and Social Group Work was held on 23rd and 25th July in collaboration with Come Alive, Centre for Counselling and Psychotherapy. Rev. Sr. Saghayamary, Director, Come Alive was the resource person. The day began with the prayer. Ms. J. Josephine Jeba, Assistant Professor, Department of Social work, welcomed the gathering. Social work students from various colleges in Trichy

and Perambalur participated in the workshop.

On 23rd the participants had session on Psychosocial Casework. Rev. Sr. Saghayamary gave some orientation about what is case work, and then she gave a demo on how to identify feelings during the interview with clients and how to respond and paraphrase with the client. This would help for problem identification, which was the basic area in casework. Numerous emotions were discussed in detail.

Without ventilation of feeling and identification of feelings, one could not do casework. After that, she explained this through a verbatim case in the reading material. Then she explained on how to do case work by taking different case details, diagnosis and using different intervention techniques with a help of a model case. During this process she educated the students with minute details.

In the post lunch session, model cases by the social work students were discussed. During the discussion, various social work techniques and difference between case work and counseling were delivered. Students understood that counseling dealt with only the psychological part but at the same time casework dealt with all the dimensions of the case and the client. The whole day workshop ended with the feedback from the participants. From their feedback it was felt that they knew about various details about case work which was not familiar with them.

On day two Rev. Sr. Saghayamary asked the students about social group work, formation of group work and explained about different social group work settings. For example group work could be done for old age, women, children, youth, divorcee, care takers etc. Then the students were segregated into groups and they were asked to discuss and

present about one group work setting comfortable for them in which group norms, group goals, number of sessions they want to have, content of each session, games included in that, intervention techniques could be used etc.

At the afternoon session, she dealt with presentation of model group works. They enacted it. It was videotaped. After each presentation sister appreciated their effort and educated them in the missed facts in that group work. She explained about group work process and information related to group work. Then it came to end with feedback and vote of thanks.

On behalf of the department and participants a small memento was given to Rev. Sr. Saghayamary and certificates were distributed to the participants. Nearly 80 participants benefited through this two days workshop.

International workshop on Social Work Research with special reference to Triangulation (Mixed Methodology) was held on 22nd December, 2014. Rev Sr. Niranjana Anthonisamy, Head, Dept. of Social Work welcomed the gathering. Rev Dr. Sr. Lilly. V., Secretary, delivered the Presidential address and Rev Dr. Sr. Jeusin Francis, Principal felicitated the gathering. The keynote address was given by Ms. Annika Karlson, Health Economics, The University of Dalarna, Sweden. She explained about the use of Quantitative Methodology in social science Studies from the global perspectives. 50 participants doing PhD, M.Phil, and MSW students from various colleges participated in the program.

The speaker Rev. Dr. Fr. V. Joseph Xavier, Director, St. Joseph Institute of Management, explained about Research Methodology with special reference to Triangulation (Mixed Methodology). Purpose of mixed methodology, uses of research, how to build the knowledge about the research, research leading to

practice, human right as core value, different approach to research, qualitative research methodology, quantitative methodology, integrated approach, using mixed methods in social work research, benefits of mixed approach, setting up mixed methodology, formulate mixed research and mixed methods.

Then the speaker gave five questions for proposal preparation and the scholars were divided into five groups in each group they had six members then the preparation was started after the lunch break, the discussion started with the help of Mr. Joseph Sahaya Anand, Associate Professor, Faculty of Manufacturing Engg, Technical University of Malaysia Melaka, Malaysia.

After the discussion, Mr. Joseph Sahaya Anand explained about Logical Reasoning with Critical Review and how to write the review and he explained how to publish paper in the journal. The valediction started with Prayer service Dr. T. Joseph Sahaya Anand gave the keynote address, then certificates were distributed by the chief guest to the participants. Mrs. Anita Sharon delivered the vote of thanks.

The students of the Department were given four days training in street theatre and folk arts from 27th to 30th September 2014. Mr. Mani from Madurai and Staff from Sindhu Bairavi were the trainers of the programme.

Rainbow FM of all India radio invited I & II MSW students to participate in the kaluri Galata live programme on 7th January 2015. In this programme, students exhibited their talents & expressed their concerns about the society. The programme was for one hour and had wide coverage in Trichy district. Faculty members also participated in that programme, they talked about the course, about the curriculum and about the strength of MSW students.

The first year students were taken for observation visits to reputed Social Work organizations in Trichy. The Organizations visited were Athma Mind center, SOCSEAD, Spastic Society, Hospital Visits, Udhayam, Thuraiyur, Care & Share, Uyakondan Thirumalai, ORBIT, Boonge Industry, Holy Family Hansorium and Payir. This gave the freshers the first hand information about the roles and responsibilities of the Professional Social workers.

One month Block Placement was given to students with 'Hands on Experience' from 1st to 28th February 2015 in various organizations where they were placed in and around Tamilnadu like Madurai Multipurpose Social Service Society, Sellamuthu Trust Madurai, Dalmia Cements, Rice Project, Andimadam, SAAL, IDT Kanchipuram, Peak Trust Kodaikanal, Leaf society Namakkal, SSS Kovai, Kudumbam, CHEERS Kovilpatti, Dr.Ruthran Clinic, Chennai.

The Department of Social work had organized more than 50 Community Based Activities in the current year. Various problems in and around Trichy were addressed through these programmes. The activities also included training programmes like, Counselling and Physiotherapy, Skill training, Awareness Programmes On Welfare Schemes, Right To Education, Eradication of Child Labour, Environmental Sustainability, Breast Cancer Awareness Programme, Mental Health and Alcoholism, Health and Hygiene etc. Formation of Children's Parliament and Millet Food Competition.

The first year students were taken to Kuruvampatti village at Mannachanallur Taluk for their rural camp. From the 30th July - 5th August 2014 they stayed in the village. The Theme of the camp was "Pudhumai". They were given training in Self Awareness, Social analysis, Team Work and Leadership, Yoga, Attitude of

the Social Worker, Mother and Child Care. The students organized an Eye Camp and ENT Camp for the community. In the evenings they organized awareness programmes to the village people. The resource persons were Dr. Suba, Department of Women's Studies, Mr. Tamilazhagan and Dr. Aruna Dhinakaran. General Medical Camp and ENT Camp was also conducted.

To give a broader perspective on the scope of Social Work, II year students had gone to Mumbai for their Educational Tour from 18th to 27th September 2014. The students visited Nirmala Niketan Extension Project, Dhaaravi Slum, EPIC Center, CHIRAG & Tata Institute of Social Sciences. On 11th October 2015, the I year MSW students were given a group project. They conducted a Homeopathy Medical Camp for the inmates of the Shanthi villa Old Age Home. Dr. Kamaraj, DHMO treated the inmates. They developed the team spirit while working in a group.

The students spent one day with the Professional social workers who made a difference in the life of the poor and the marginalized. 18th September 2014 became a red lettered day in the life of the budding social workers. They interacted with the Professionals and learnt about their commitments, achievements and struggles in working with the people and the Government.

I year MSW students during the summer holidays stayed at Udhayam, Thuraiyur for 10 days to undergo training in Social Analysis, Photography and Short filmmaking from 18th to 28th May 2014. Rev. Fr. Michael Raj, S.J. Ideas, Madurai was the resource person. They had shot four Documentary films on various social issues in and around Thuraiyur. I year MSW students went in the month of April to Kodaikanal for three days to visit the

hill tribal of Kodaikanal. This experience gave them the orientation to work for the development of the tribals in future.



Tamil

Shift I

On 16th July 2014 the inauguration of 'the Veermamunivar Tamil Ilakkiya Peravai' was held. The Principal of St. Paul's Seminary, Trichy. Rev. Father. Johnson spoke on the topic "Ulaga Illakkiyamum Tamilum". I U.G students participated and benefitted.

On 5th August 2014 the Tamil Ilakkiya Pearavai's Ilakkiya Mandra programme was organized. Mr. Karuthaan, Asst. Prof. of Tamil, National College spoke on the topic "Tamil Kaapiyangalin Manithanayam". II U.G students were benefitted by this.

On 19th August 2014 an International seminar on the topic “The contribution of Christians to Tamil grammar in 17th& 18th centuries” was conducted by the department of Tamil, Holy Cross College. The welcome address was given by Dr. P. Thanapackiam, Associate professor, department of Tamil. The secretary of the college Rev. Dr. Sr. Lilly Varghese proceeded over the meeting. The presidential address was given by Rev. Dr. Sr. Jeusin Francis, Principal Holy Cross College. Dr. Daniel Jayaraj, Prof in Liverpool University, England and director ‘Andrew wells’ institute, was the chief guest and delivered the key note address. Students and teachers from colleges’ all-around Trichy participated in the seminar. The contribution of Christians especially the foreigners was deeply discussed. The change of grammar from poetical to prose type was the biggest contribution to the world of Tamil literature. The vote of thanks was given by Dr. M. Prema, Assistant Professor of Tamil.

On 17th December 2014 Muthamizh vizha was conducted by the department of Tamil. The welcome address was given by Dr. P. Thanapackiam, Associate Professor of Tamil. The Presidential address was given by Rev. Sr. Dr. Jeusin Francis, Principal Holy Cross College. Rev. Sr. Dr. Margaret Bastin, Principal of Kalai Cauvery Nunkalai College was the chief guest. ‘Students and teachers from Colleges’ all around Trichy participated in the function. There were many competitions conducted for other college students.

Speech competition on the topic “Kudumba Porulatharathai Nirvagippathil Siranthavargal Aangala? Pengala?” was held on 16th September 2014. Poetry writing competition on the topic “Ilatchiyangalai Kokki” was held on 17th September 2014. Essay competition on the topic “Sutruch Chuzhal Pathuk Appu” was held on 18th September 2014. Singing

competition on the topic “Bharathiyar, Bharathidasan Songs” was held on 19th September 2014. On 23rd September 2014, Dr. Saiyath Jahir Hussain, from Jamal Mohamed College gave a lecture on the topic from “Kambanil Aallumaith Thiran”.



Poetry writing competition on the topic of “Perithinum Perithu Kel”, Singing competition on the topic “Bharathiyar Bharathidasan Songs”, Essay competition on the topic “Vaiyam Thalaimai Kol”, Speech Competition on the topic “Thisaimaariya Kalaacharama, Seeraliyum Kalaacharama Seermigu Kalaacharama”, Drama Competition was also conducted.

The second session was presided over by Mr. S. Soma Sundaram, Head of the Department of Tamil, Bishop Heber College. The chief guest distributed the prizes to the Winners. The Muthamizh Vizha ended with the vote of thanks by Ms. A. Sharmi, Assistant Professor of Tamil.



On 16th February 2015, the Veeramamunivar Tamil Illakiya Peravai was inaugurated by invoking God’s blessings. It was presided over by our

college Principal Rev. Dr. Sr. Jeusin Francis and organized by Dr. P. Thanapackiam, Associate Professor of Tamil. The chief guest, Dr. F. Selvakumar, Head of the Department of Tamil, St. Joseph's College spoke on the topic "Tamil Illakiya valarchiyil Melainaatinarin Pangalippu". He spoke about the arrival of Veeramamunivar, Dictionaries and modulation of the alphabets for the betterment.

On behalf of the "Veeramamunivar Tamil Illakiya Peravai" competition on speech, Poetry and essay writing were conducted for I and II UG students. The Winners of the competitions were given prizes by the chief guest.

Shift II

Veeramamunivar Tamil Literary Association Inaugural function was held on 18th July 2014. Our chief guest was Rev. Dr. Sr. Jeusin Francis, Principal. She gave an inspring talk on the topic "Kappiya nokkil manitham". She spoke about epical qualities like love, kindness, brother hood and hospitality present among the people of old civilization and the day to day situation. She also compared the characters of epic related with biblical characters and their qualities.

On behalf of this association a special lecture was held on 19th August 2014, which was headed by Dr. Rajakumari, Assistant Professor of Tamil, S.R.C College, Trichy. She gave an inspring talk on the topic "Indraiya Kaala Soolazhil Pudhukavithai". She spoke about how modern poetry came into existence through Bharathiyar and about Bharathidasan, Kannadasan and Namakkal Kavingar, and the characteristics in relation to its role in the film industry.

The next activity of the association was many competitions like poem writing, essay writing, and elocution held on 15th, 16th& 17th September 2014. These

competitions were held to bring out the talents of first and second year students.

On 25th September 2014 there was an association meeting in which Dr. Raman, Assistant Professor of Tamil, Government Arts College, Trichy, was the chief guest. He gave an inspiring talk on the topic "Kambaramayanathil Meippadugal". He explained the factors of expressions like fear, anger, happiness, etc. related to the characters like Kughan, Anuman, in epics like Ramayana and Mahabharatha.

A meeting was held on 11th December 2014, on the topic "Sanga samoogathil ara unarvugal" by Dr. Aasiya Thara, Assistant Professor of Tamil, Cauvery College for Women, Trichy. She gave a message about what are the virtues to be imbibed in one's life according to the content in Manimegalai, through stories.

The Muthamil vizha, of veeramamunivar Tamil literary association and valedictory function was held in February 2015.



Chidambaram Pillai College for women conducted speech competition on "Thirumoolar – patham Thirumurai" Ms. D. Anne Sherly of II B.Sc Maths won III

Prize and cash award of Rs.1000 /- . Bharathidasan University conducted a speech competition on 24th September 2014 on the topic of “Vidalaipparuva Visumbalgalum kanavuglum Thedalgalum” Ms. P. Illamathi of II B.Sc Maths participated in “Muthiyor Nillai” held at Srimathi Indira Gandhi College. She also participated in “Ariviyal Tamil” held at Jamal Mohamed College and in “Master Mind Competition” held at Sangam Hotel.

Value Education

On 19th June 2014, a general assembly was conducted to experience God’s love presented through music and mime by the Youth for Christ, an international team working to spread the good news of God. They insisted that only God’s love is permanent and unconditional. This programme gave a strong spiritual experience to the students and staff gathered.

MAM (‘Meditation in Action Movement’)

On 8th July 2014, the inauguration of ‘MAM’ was held. Rev. Fr. Maria Arockiasamy S.J. known as Rev. Fr. Amasamy SJ, the sambo-kyodam Zen teacher, inaugurated the ‘Meditation in Action Movement’ (MAM) in HCC. Rev. Fr. Amasamy joined the Jesuit order and was searching for a sense of fulfillment. He was ultimately drawn towards the Zenpath.

Fr. Amasamy is rooted in Christianity and Zen. He is also the founder of Bodhi Zendo Zen centre in India at Kodi Hills. Father spoke on Zen meditation and also on mindfulness. Mindfulness is a state of active, open attention on the present – observing our thoughts and feelings and living in the present.

Rev. Fr. Thamburaj SJ, Fr. Amasamy’s disciple spoke on meditation, how it was started and the usefulness of MAM. He also mentioned the benefits of MAM. Dr. Turin welcomed the group and Sr. Petronilla gave the vote of thanks. This meditation is introduced for I UG students. A core group was trained to train others.

During this meeting a book on ‘MAM’ was released by Rev. Fr. Amasamy. Regular MAM classes were held during the Ethics hour, on every third day order. It is useful for all – (children, adults, youth, elders and it is above caste, creed, color and culture).

Retreats

The charismatic team comprising of Fathers, brothers and lay persons from Emmaus – a Diocesan Retreat Centre, near Tindivanam, were the preachers and facilitators of the retreat for all the UG students for two days on 22nd & 23rd August 2014. The Emmaus Centre is under the Tamil Nadu Bishops Conference (TNBC) and it is available for any Parish institution and other organizations.

On the first day Rev. Fr. Dellos started the session with prayer and worship. He shared his own life-experiences to convince the students that God uplifts people who are weak and incapable, for His service and His Glory. “God makes possible, the impossible”. “God does not call the qualified but qualifies the called”. These promises were fulfilled in his own life. God did marvelous things for His own glory. Rev. Father also advised the students not to indulge in evil actions. He added that disobedience to parents, teachers and elders, telling lies, stealing others’ belongings, and gossiping are some of the ungodly actions. The fact that the fruits of the Holy Spirit are given to those who are loyal, true and faithful to God, was highlighted with Scriptural verses. He stressed the importance of leading a good,

moral and humane life, nourished and strengthened by the Word of God.

Our bodies are temples of the Holy Spirit and we should respect it. On the second day Rev. Father Xavier, the Rector of Emmaus, spoke on God's call to everyone in diverse ways. One has to grow spiritually in all aspects of one's life-physical, emotional, intellectual, social and spiritual and he also gave some guidelines for the same. Rev. Father Alexander, stressed the need for the sacrament of confession, which helps one to have a pure and clean conscience and to do every act with pure intention. All the girls were able to receive the penitential sacrament and counseling which helped them seek "discernment" in their decision making. The retreat which ended with Holy Mass, was a spiritual renewal for all the 1500 UG Catholic students who attended it.

Talks on 'Art of Living' and 'Facts of life and related factors' were given to III UG Ethics students of shifts I & II on 20th September 2014. The first talk was given by Mrs. Tamizharasi, School Assistant, Holy Cross Higher Secondary School, Vadugarpet. The next talk was given by Rev. Sr. Saghayam, in-charge of "Come Alive Program" and librarian of Holy Cross College, Trichy.

Ms. Thamizharasi spoke on the art of good living with ordinary, simple and practical tips. She explained several points for better living with proper quotes from the writings of philosophers, national leaders and spiritual animators. Video clips of short stories, life-incidents and simple examples from nature, animal, plants, ecological events and others were shown. There was healthy and lively interaction with the students who were very enthusiastic and attentive. Students could grasp the points immediately. Rev. Sr. Saghayamary spoke on facts of life, womanhood, suicide, prolife abortion and emotional maturity. She also explained about true friendship and true love and its

qualities. She helped the students to discern the difference between love and infatuation is. The students benefited from this which could help them to lead a wholesome and fruitful life.

The retreat for the Catholic Administrative staff was held on 22nd November 2014 at the B.Ed. Hall. Rev. Father Terrance from St. Paul's Seminary was the preacher. He spoke on "family life" and how to maintain healthy family relationship. He gave valuable suggestions to maintain the family dignity and not to air out family matters in the work place. He also said that matrimony is a sacrament blessed by God and children are God's blessings to a family. In the post lunch session he spoke about a few Biblical characters such as Adam & Eve, Esau & Jacob, Rebecca and Mother Mary. He gave these examples from the Old Testament and highlighted the other aspects in these characters. The retreat ended with Holy Mass. About 75 administrative staff benefitted from the retreat.



The retreat for the teaching staff was conducted on 7th February 2015 at AMSAM. Rev. Dr. Fr. Kulandai Raj from the seminary college shared his views

about the importance of silence. His main focus for the day was on 'God's Love'. He also mentioned the various ways of feeling the presence of Christ through silence. He insisted on God's love and the ways of seeking our true identity as a beloved daughter of God. He explained about God's unconditional love with biblical references and some short stories. He pointed out that our weakness is not a barrier to God's love. He highlighted how to experience, how to please him and have trust in him for he will make us succeed in all our attempts. He pointed out the life of St. Francis Assisi as a good example for his love for God. He also added how to concentrate on life seeking values. He mentioned St. Augustine's quote "Because you love me you made me to love you". The session ended with Holy Mass.

Retreat for the PG catholic students was held on 28th February 2015. The preacher was Rev. Fr. Alexander from Emmaus – a Diocesan Retreat Centre, near Tindivanam. The non-Catholic Christian students had day of prayer to thank God for all His blessings and grace.

Visual Communication

On 26th September 2014, the Department organized a one day workshop on "Fine Touch" which dealt with Paintings and Crafts. The workshop tutors Mr. Arun Kumar and Mrs. Suja, Camlin Kokuyo, the Indian stationery and marketing leader in Camlin, led the students to learn various techniques in painting such as different types of brush strokes, types of brush strokes on fabric, paper bag making, painting on Warlic canvas board and painting with vegetables. Different specification on kinds of brushes and their particular usages were explained.

On 22nd August, 2014, an industry visit to Light and Life Academy, Ooty, was organized. Six faculty members accompanied 56 students of both under

graduation and post-graduation. The visit commenced with the introduction of students to the academy. The students were shown different shots with different lightings taken by the students of that academy. A technical approach to portrait, paintings, still life and automobile photography was detailed in depth with hands on experience which helped the students have an enhanced understanding of the photography. The students discussed the career options in photography with a faculty of Light and Life Academy, who guided them all through the visit.

The department organized a 5 day workshop on quantitative research methods, (SPSS) from 21st to 25th July, 2014. Rev. Fr. Dr. Victor Sunderaj was the resource person. Many research scholars from various departments like Commerce, Economics, Rehabilitation Science, Women Studies, etc. actively participated in the workshop.

The workshop focused on various statistical tests such as frequency test, cross tab, correlation, T-test, recoding, one way analysis of variances, factor analysis, etc. and the process of interpretation of these methods were explained in detail. The workshop was highly interactive as the scholars practically tried out the various research techniques and actively learnt and clarified their doubts about every method. The workshop concluded with the awarding of certificates to all the participants. Feedback of the workshop was very positive and encouraging.

A spectacular two day international conference on Media, Youth and Values was organized on 27th& 28th November, 2014. At the outset, the first day of the conference sparked with the inaugural session with an invocation for celestial assistance. The chief guests were Dr. Maria Cristina Santana, Asst. Prof., Women's Studies, University of Central Florida, U.S, and Dr. Shanthi Balraj Baboo, Associate Professor of Design and

New Media technology, University Sains, Malaysia, Dr. Ram Ganesh, Professor of Educational Technology, Bharathidasan University, Dr. Sr. Jeusin Francis, Principal, Rev. Dr. Victor Sunderaj and Dr. J. Josephine.

Rev. Fr. Paulraj accorded the guests a warm welcome. The introductory note of the conference was delivered by Dr. J. Josephine who initiated the conference with the theme Media, Youth and Values. Dr. Ram Ganesh, Professor, Dept. of Educational Technology, Bharathidasan University, delivered the Presidential Address and requested the audience to unlearn the negatives about media. He underlined that unless a person makes a difference he or she will not be noticed. Dr. Maria Cristina Santana in her key note address highlighted that information revolution has reached maturity and communication is not just about the medium but is about the message. Rev. Fr. Dr. Joseph A. Rozario thanked the chief guests.

Dr. Maria Cristina Santana chaired the first session of the conference wherein Dr. Shanthi Balraj Baboo presented a profound panorama on 'Facebook in the lives of young Malaysians'. Subsequently, Rev. Fr. Dr. Victor Sunderaj presented a paper on 'Assertive, Rebellious Youth Immersed in Media'. In session II, Dr. Punitha, Head of the Department of Communication, Madras University, presented her paper on 'Educated Women Watching English news channels'. Dr. Uma Vangal, Head of the Department of Direction, Media and Entertainment at L.V. Prasad Film and Television Academy, presented a paper on 'Media Ethics among Young aspiring Film Makers in India'. Dr. Latha, Asst. Prof., Anna University, prepared a paper titled 'Commercial Breaks and Youth Values' which was read out by Dr. Punitha.

Session III was chaired by Dr. C. Jebakumar Professor and Head of the

Department of Visual Communication and Research Centre, Thiru.Vi.Ka Government Arts College. Five papers were presented in this session: Ms. Shilpa Kalyan from Bangalore on 'Cartoons and value systems', Fr. Irudhaya raj from Periyar university on 'Influence of Social Media in shaping the Socio- Psychological values among college going students', Ms. Blessy on 'A Study on the Selection of Personal Images in Facebook', Ms. Rashmi Raja from Pondicherry University on 'Narrative Strategies and Communication of Values in Epic Tradition movies of A.P. Nagarajan'.

On the second day, Session IV was chaired by Dr. Shanthi Balraj Baboo. It started with a concept paper on 'Media and Value structuring' by Rev. Fr. Dr. Joseph A. Rozario, Asst. Prof. of Visual Communication. Mr. Devendran presented a paper on 'Youth and Self Expression- A Study on AIR's Ilayabaratham'. Ms. Sunitha presented a paper on 'Role of Media in Redefining Value, Vices and Virtues in Society'. Ms. Uma Maheshwari came in with a paper on 'A study on the role of ICT in Community Laws and Ethics related information among Technical Students'. Mr. Arokya Sami worked out a paper titled 'Social Media links people: Does it offer a better life?'

After tea break session V which commenced was chaired by Dr. Govindaraju. Ms. Radha presented a paper titled 'Youth Interpretation of News Reports on Violence against women'. Mr. Vijay Kumar from Coimbatore presented a paper titled 'Do Youth utilize closed user groups for knowledge enhancement?' Ms. Mallika Vijaya Kumar from Karunya University, Coimbatore, presented a paper on 'Social Media and Learning among youth'. Ms. Margaret Suganthi, Asst. Prof. of Visual Communication, Holy Cross College, presented a paper on 'Pressure to be Perfect, The role of Television in Cultivating body Image Values among College Going Students'. Mr. Vinay from

Karnataka presented a paper titled ‘Superstitious Programs in Media and their impact on the society’.

After the lunch break, session VI was chaired by Rev. Fr. Dr. Joseph A. Rozario. Mr. Harsha Vardhan presented two papers titled ‘Aesthetic, Ludic and Sensorial Experiences of Smart Phone, Interfaces among the Students of Pondicherry University’ and ‘Parody in Facebook Interactions through interests of movie images and dialogues’. Ms. Shilpa A. V. from Pondicherry presented a paper on ‘Identity Formation through Selfies among youth in Facebook’. Mr. Nachimuthu from the Dept. of Education, Periyar University, Salem, presented a paper on ‘Emerging Media’. At 4 p.m. the valedictory function started with a welcome address by Dr. Margaret Suganthi. Dr. Shanthi Balraj Baboo proposed the valediction address. She congratulated the organizing team for their team work, and for maintaining a cordial rapport with people from other colleges.

She streamlined that with new technologies we can materialize the vision and mission of this International Conference on Media, Youth and Values. Dr. Maria Cristina Santana inculcated that we are one human race and motivated the audience that it is in their hands to team up for the cause of the conference as they are a part of media. She shared her conviction on the importance of value education for the youth deploying the mass media and new media. Dr. Govindraju appreciated the organizing caliber of the event. Dr. Sr. Rosy Antony profusely appreciated the Department of Visual Communication in Holy Cross College which has made galloping progress since the year 2008. She reiterated that media and information take the reins in cultivating values of life for youth and encouraged the students to be socially responsible and committed media professionals.

Dr. Sr. Rosy Antony released a book titled “Media, Youth and Values”, authored by Rev. Fr. Dr. Victor Sunderaj, a renowned researcher in Media and Communication with vast experience. Rev. Dr. Sr. Jeusin Francis received the first copy and Dr. J. Josephine received the second copy.

Following the book release, the students of the Department of Visual Communication showcased a gallery of cultural programs. A ramp walk by media professionals and a variety folk dances consisting of Gujarati, Bengali, Punjabi, Kerala and Tamil folk dances were performed by the students.

The International Conference touched its culmination with the vote of thanks proposed by Rev. Fr. Paulraj. He gratefully acknowledged all the guests and the team for the co-operation they offered. The conference successfully ended with the National Anthem.



IRIS Media Club

The Iris Media club started its activity for the academic year 2014-15 on 14th July 2014 with the screening of the award winning film 'Separation'. Ms. E.V. Prabha, Assistant professor of Visual Communication reviewed the short film and initiated discussions.

The club screened some rare collection of movies such as Bi-Cycle thief, Taken, Vaagai Soodavaa, Jigarthanda, life of Pi, Thanmathra, Insidious, The other end of the Line, to its members this year. Short films – Climax 'la' Twist, She stole my Heart, Daddy, real Blindness, Dayam, Iruthi, Vizhithelupenne, Teeth etc., directed and produced by students were also screened. The members were also shown various award winning advertisements. Discussions and Reviews followed the screening.

The Iris Media Club is oriented towards the women empowerment and entrepreneurship. The women directors' movies like (It Felt Like Love, Vanishing Waves, The Headless women) were screened which made the students feel that they are also equally talented and wanted to participate in the movie making world. Through this club the students were given awareness regarding health and hygiene.

Zoology

The business meeting of the Aristotle club of the Department of Zoology for the academic year 2014 –2015 was held on 4th July 2014 and the office bearers were elected. The inauguration of the Association was held on 8th July 2014. Dr. Ravi, Orthopedic Surgeon and Director of Mother cell Regenerative Centre, Tiruchirappalli delivered the inaugural address on "Stem Cells and its Clinical Applications". He spoke on the origin, source, culture and differentiation of stem cells and about the multiple modalities of

regenerative medicine. A pioneering effort was taken in the inaugural function when the association was named as Aristotle Club.

The Department of Zoology and Alumnae Association conducted a condolence meeting for late Dr. P. Daisy on 19th July 2014. Dr. P. Daisy served as Vice Principal, H.O.D of Zoology and Dean of Science. Rev. Sr. Dona, Rev. Sr. Petronilla, many retired senior Professors, faculty members of the Department of Zoology and other Alumnae were present for the meeting. An endowment fund was instituted in her name to provide financial assistance to underprivileged students.

Dr. Shanmugam Achiraman, Assistant Professor, Department of Environmental Biotechnology, Bharathidasan University, Tiruchirappalli, gave a lecture on "Heart and its related disorders" on September 2nd 2014. He spoke about embolus, atherosclerosis, myocardial infarction and drug induced cardiomyopathy.

Farewell function for Dr. A. Rajathi, Associate Professor, Department of Zoology was held on 21st November 2014. Dr. A. Rajathi's family members, Rev. Sr. Dona, Rev. Sr. Petronilla, many retired faculty members of the Department of Zoology, faculty and students of the Department of Zoology and other Departments attended the felicitation function.

Dr. Beschi Antony Rayan, Associate Professor, Department of Botany, St Xavier's college, Palayamkotai gave an informative talk on "Avenues in Biological science" on 25th November 2014. He spoke about various types of databases, DNA barcoding, Institutes offering training in Bioinformatics and personalized medicine.

Dr. Horne Iona Averal, Head, Department of Zoology and Dr. Beschi Antony Rayan, Associate Professor of

Botany, St Xavier's college, Palayamkotai unveiled the logo of Zoology association.

PG and Research Department of zoology organized a workshop on Immunological and Nanotechniques and Bioinformatics from 8th-10th January, 2015. Participants of the workshop were given hands on training on immunological techniques namely SRID, Ouchterlony, Immunoelectrophoresis and Rocket electrophoresis; also Nanoparticle synthesis, ELISA, RFLP and Bioinformatics tools. Students of Life Science Departments from neighboring colleges and III year B. Sc. Zoology students attended the workshop and got benefitted. Dr. K. Jeyamani, Former HoD was the resource person for the national workshop.

Students of I B.Sc. Zoology visited Rameswaram as a part of their study tour to observe marine biota and also visited Central Marine Fisheries Research Institute (CMFRI). III B.Sc, I M.Sc and II M.Sc. Zoology visited Eravikulam National Park and Lockhart Tea factory in Munnar on 27th and 28th November 2014.

Dr. A. Rajathi, Associate Professor of Zoology, has served the department for more than three decades by her profound teaching, research and extra-curricular activities. Her excellence in research also reflected in her teaching as she reached out to each and every student through her interesting, simplified and efficient teaching methodologies.

Ms. S. Uma Maheswari of II M.Sc. Zoology was awarded second prize for her paper, "Purification, characterization and antioxidant properties of c-phycoyanin" and first prize for Just a Minute event at VII Louis Pasteur Memorial Symposium on Momentous Microbes from Menace to Marvel-PSMM 2014 at Dr. N.G.P Arts and Science College, Coimbatore in August 2014.

Ms. Cybil Ignatius and Ms. Gabriella Maria Dumenil of I M.Sc. Zoology were awarded special prize for their paper entitled, "Screening of *Solanum nigrum* for its phytochemical and antimicrobial activity against respiratory tract pathogens" at the seminar on Applications of Radio Active Isotopes in Modern Healthcare & Energy demand in India - A Biotechnological at Karpaga Vinayaga College of Engineering and Technology, Chengalpet in September 2014.

Aristotle club of the department conducted an interdepartmental quiz, "Bioscience 2015" on 12th February 2015. 20 teams comprising 2 participants per team participated. 6 teams entered the final round and 2 teams were awarded first and second places based on their performance in the finals.

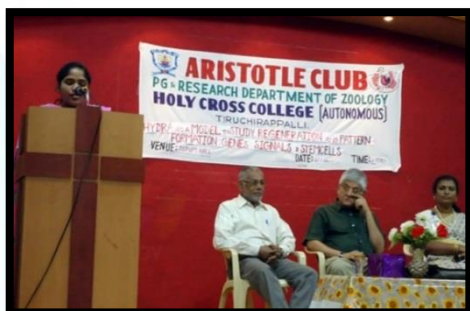
Dr. Surendar Ghaskadbi from Agaharkar Research Institute, Pune delivered a lecture on "Hydra as model to study regeneration and pattern formation" on 20th February 2015. He emphasized on the freshwater polyp Hydra that is used to study regeneration and the development of animal form for more than 250 years. In addition all the three cell lineages composing the polyp's body act like stem cell systems; therefore, Hydra is attracting interest in ancestral stem cell biology.

PG and Research Department of Zoology, Holy Cross College organized a Certificate Programme on Good Laboratory Practices (GLP) and Intellectual Property Right (IPR) in Biosciences on 23rd & 24th February 2015 in collaboration with Kavin Bioresearch, Chennai for PG students/ M.Phil/ Ph.D scholars and Teaching faculty. Dr. Thangamariappan, Senior principal investigator at Biocon, Dr. Kalyan Kumar, Scientist, Vanta Biosciences, Chennai and Dr. S. P. Subramaniyan, Assistant Controller of patents and designs, Ministry of Commerce and industry were the

resource persons for the two day certificate programme.

The activities of Aristotle club of the Department of Zoology came to an end with a valediction function on 27th February 2015. Dr. Anusiya, Associate Professor of Biochemistry, Bharathidasan University gave a valuable talk on the different avenues of Zoology for the undergraduates, postgraduates and M.Phil scholars.

Our students won the overall third place in Biofest'15, a state level competition held at the Department of Biotechnology National College on 28th February 2015.



DMLT

The Inaugural meeting of "Paramedical Technologist Association (PTA)" was held on 9th June 2014. As a part of association activity, the department conducted "Blood Group Screening Camp" for the First year UG and PG and M. Phil students of our college on 9th and 10th June, 2014. From this camp 1800 students were benefited.

On 7th June 2014, the department of DMLT in collaboration with RESCAPES

had conducted "Blood group Screening and BMI Evaluation" camp for the 200 students of Government High School in Thiruvasi village.

The department is conducting "Part Time DMLT course" for the UG and PG students of our college from this year onwards.

The department of DMLT in collaboration with RESCAPES had conducted "Blood group Screening and BMI Evaluation" camp for the 700 students of Government Higher Secondary School in Thiruvasi and Pachur village on 16th and 17th July, 2014.

On 5th August 2014, the blood group screening was done for the B.Ed. students of Holy Cross College of education.

"Blood group Screening and BMI Evaluation" camp was conducted for the students of Government higher secondary school in Chennakarai village on 2nd September, 2014. In this camp 240 students were benefited.

The students of Second year are undergoing internship program (January - July 2015) in various clinical laboratories in hospitals such as SMS hospital, Siva Sakthi hospital and Arthi diagnostics for the completion of their course.



Library

The library collection has reached 109223 books, 2680 cds and 176 newly subscribed Journals as on 31st March 2014. 2 scanners and 4 kindle book readers were added to the library this year. The total amount spent for buying books this year is 16,93,513/- and Rs. 1,38,678 for journals and 3393 books were added in the library. The library has an increase in the number of users and usage day by day.

An orientation programme for the fresher's was held from 30th June to 4th July 2014 by library staff, explaining library rules and regulations and the way to use OPAC. 1420 students participated in it.

A bible book exhibition cum sale was held in the library on 5th and 6th December 2014, in view of book promotion cum sale. Book sellers from Chennai and Trichy participated in it.

Apart from the library staff, 131 students work as a "part time staff" in the library each contributing 30-150 hours of free service. They are engaged in shelving, discipline and repairing books. The library has lent 21136 books and 23429 persons have used the library.

The library workshop on bibliographic formats and online search techniques was held on 7th and 8th January 2015. Dr. Sr. Isabella Rajakumari, sister in charge, shift-II inaugurated the workshop. On the first and second day the first session was about "How to access the library website" by Ms. Bobby. The second session was handled by Dr. Balasubramani and Dr. Surilinathi Asst. Professors from Bharathidasan University on "How to publish in online research Journal". They spoke about how to write a paper and article to publish in a journal and also gave many guide lines regarding MLA, APA, Chicago, etc.

The session after lunch was handled by Dr. Jayaprakash, Assiatant Professor of BDU on "different catalogues and online resources" and Thamaraiselvi, Librarian, NIT on "Search techniques for research to get full text research Journals and e-books" followed by Dr. Senthamilselvi, Librarian, Saranathan College of engineering who explained "How to write bibliography in following formats". She spoke about how to write a paper and article to publish in a journal. She gave certain guidelines about the different formats like MLA, APA, Chicago, etc. The two day workshop ended with the vote of thanks.

8438 scanned pages from 80-100 year old books, 778 theses and dissertation and 27 multimedia documents were uploaded on to DSpace during this academic year. Online journals were subscribed to such as Delnet, Infilbnet, N-list and Sage e-journals. 44667 transactions were carried out in circulation session. 44961 persons had used the library during the year.

E-library was constructed through a website, www.crossianslibrary.weebly.com, where the subscribed journals as well as open access full text journals were hyper linked for student's usage.



Exam Results

Success is the result of hard work without loss of enthusiasm, striving with patience and perseverance and with the goal constantly in mind.

UG

Shift I

- 13 departments in shift I secured a high pass percentage at the UG level
- The Departments of Visual Communication, Economics and Business Administration secured 100% passes.
- 6 Departments – Mathematics, Physics, Commerce, Botany, Computer Applications and English secured 94% passes and above.
- 1 Department - Rehabilitation Science secured 92% of passes
- 3 Departments – Zoology, Biochemistry and History secured 85% passes and above.

Shift II

- The Department of Computer science and Commerce secured 95% passes and above.

- 3 Departments – Mathematics, Physics and English Literature secured 87% passes and above.

PG

At the PG level, 7 Departments in Shift I – Biotechnology, Bioinformatics, Physics, Zoology, Rehabilitation Science, Tamil, English and PGDBI secured 100% passes.

3 Departments – Mathematics, Computer Applications and Commerce secured 91% passes and above.

3 Departments in shift I– Media & Communication, Social Work and Economics and in shift II the Department of Computer Science secured 83% passes and above.

Ranks

This year, our students secured 15 university ranks at the UG level, with 3 first ranks, 4 second, 2 third and 1 fifth rank, to mention a few.

Our students secured 11 university ranks at the PG level, with 2 first ranks, 1 second ranks, 2 third, 1 fourth, 1 fifth and 2 seventh ranks, to mention a few.

UNDER GRADUATES

S. No.	Name	Department	Rank
1.	D. Vinoli Jeriya	Mathematics (S-I)	3
2.	S. Ranjitha Begam	Physics(S-I)	12
3.	A.I. Anu Karthi Swaghatha	Chemistry	3
4.	M. Janet Shiny	Botany	2
5.	Cybil Ignatus	Zoology	1
6.	K. Lincy Juliet	Biochemistry	2
7.	C. Subhashini	Computer Science	15
8.	S. Vishnu Priya	Comp. Applications	1
9.	T. Amaladeepa	Vis. Com.	5
10.	Dolly Sharma	History	11
11.	S. Yogeswari	Economics	11
12.	N. Karpaha	English (S-I)	15
13.	J. Subhashini	Commerce.(S-I)	1
14.	A. Jenifer	Com. with Comp. Appln.	2
15.	N. Divya	Business. Admn. (S-I)	2

POST GRADUATES

S. No.	Name	Department	Rank
1.	A. Jennie Sebasty Pritha	Mathematics	4
2.	S. Jayashree	Physics	3
3.	A. Anish Banu	Chemistry	11
4.	M. Ramya	Botany	2
5.	G. Gomathi	Biotechnology	5
6.	N.S. Shobana	Computer Applications	1
7.	P. Renuga Devi	Economics	1
8.	J. Nancy Pearlin	English	3
9.	A. Gayathri	Commerce	7
10.	R. Logeswari	Tamil Literature	25
11.	K. Vanitha Poorani	Social Work	7

Graduation Day

The Annual Graduation was held on 14th February 2015. The Chief Guest was Dr. H. Devaraj, Vice Chairman, University Grants Commission, New Delhi. The Principal welcome the gathering and presented a brief report of the activities, awards received and achievements of the academic year 2014 - 2015. The chief guest spoke of the need for women empowerment and about the prime minister's vision of the national agency policy on education and excellence for every institution. He asked students to work hard for a bright career not forgetting teachers and parents who supported them. He spoke of the importance of quality education and green energy for a sustainable future. He mentioned that the competitive spirit and leadership qualities are very important. He stated that good teachers should update their knowledge and have innate teaching qualities and innate research and examinations could be taken online and e-content and lessons could be disseminated through computers.

He advised the students that every day is a knowledge corridor and hence three values – perseverance, endurance and sustainable development must be their motto in life so as to achieve excellence in the competitive world. A teacher is a permanent student and from her/him the students must imbibe good values. He quoted Prime Minister Thiru. Narendra

Modi's words, "Mothers give birth and teachers give life". He asked them to have the maxim: "Dare to learn and learn to dare" in their lives. He thanked the management for the invitation extended to him and congratulated the students.

Totally 1469 students (1165 UG, 265 PG and 39 M.Phil.) were qualified to receive their degrees. The college toppers from various disciplines bagged 15 university ranks in UG and 11 university ranks in PG Programmes. The graduation ceremony ended with the national anthem.

Extra Curricular

Physical Education

Holy Cross College celebrated its 91st annual sports meet on 26th July, 2014. The special focus of the day was "Go Green" which highlighted creating a greener earth. To emphasize the theme, the staff and students were dressed in shades of green. Dr. A. Rajathi, Associate Professor of Zoology welcomed the gathering. The chief guest of the day was Professor. S. Anbanandan, Principal (Retd.) Periyar EVR College, Trichy. He is also the coordinator of the Asian championship Masters Athletics. On the dais were Rev. Dr. Sr. Lilly. V, Secretary, Rev. Dr. Sr. Jeusin Francis, the Principal, Rev. Dr. Sr. P. Rajakumari, in-charge of Shift II Rev. Sr. Savariammal, Head Mistress of Holy Cross Hr. Sec. School, and Mr. Saveriyar, the chief guest's father-in-law.

The most enthralling and exciting event of the day was the march past by 462 students from 21 departments. The Grand Opening Ceremony depicted the games and the traditional dance of each state in India. It was indeed a colourful display. The student council members came around the college grounds in a procession in bullock carts to revive the traditions of the past and to emphasize the theme of the occasion. The chief guest delivered an address on the importance of sports in life. He added that sports has to go hand in hand with everyone's daily life style and should not be viewed just as a means to get employment.

Students of Shift I & II displayed their talents through the formation of a lady bird and holy star. After much anticipation the results of the March Past were announced. The department of Physics (Shift II) marched away with the shield for the best performance in march past. The second place was bagged by the department of mathematics shift I and the third place was shared by the two departments of English shift I & Computer Science shift II. The fourth place was secured by the department of Computer science shift I and the fifth place was won by the department of English shift II. Ms. Eileen Brisha from the department of English proposed the vote of thanks. The curtains were drawn on a jubilant sports meet with the National Anthem.

Rolling Trophies 2014 – 2015

1. Adaikalamatha College Trophy

Shared by 3 Departments - Chemistry, Commerce and BBA with 30 points for overall team championship for tournaments shift I

2. Adaikalamatha College Trophy

Dept. of English with 45 points for overall team championship for tournaments shift II

3. Kalidhas Cup

Department of Rehabilitation Science with 36 points for overall team championship for athletics shift I

4. Mr. Ambrose Kalidhas Cup

Dept. of English with 46 points for overall team championship for athletics shift II

5. Dr. Lilly John, Former Directress of Physical Education of Our College Trophy

Department of Chemistry with 38 points for overall team championship for tournaments and athletics shift I

6. Mr. T. K. Rajasekaran Gen. Secretary Stat Trophy

Department of English with 102 points for overall team championship for tournaments and athletics shift II

7. Jai Sports and Games Trophy

Department of Mathematics with 20 points for overall team championship for tournaments PG

8. Dr. Lilly John, Former Directress of Physical Education of Our College Trophy

Dept. of Commerce with 29 points for overall team championship for athletics PG

9. Mr. Sunderesan MGM Transport Trichy Trophy

Department of Commerce with 44 points for overall team championship for tournaments and athletics PG

In the Bharathidasan university tournaments our college swimmer Ms. L.F. Candida Tomy of III B.A. English has secured individual championship. In weight lifting competition Ms. S. Nigantha of III B.A. English Shift II secured II Place and our college Hockey, Tennis and Netball teams got IV place. Ms. M. Mohanapriya of II B.Sc Physics attended the Junior National Netball Championship at Andhra Pradesh. Ms. L.M.R. Angel of II B.Sc Chemistry and Ms. M. Mohanapriya of II B.Sc Physics attended the Junior State Level Netball

Championship at Nagapatinam. Our college Volleyball team participated in the Arumugasamy open District level tournament and secured V place. Ms. R.T. Manimegalai and Stephy Savy of III B.A. History participated in the District Level Sports Quiz and secured IV place.

NCC

The activities of the NCC started with the enrollment of hundred first year cadets in the month of July. The various activities like Firing, Drill, Map Reading, Tent pitching, Signals, Obstacles, Health and Hygiene were conducted. This year many of cadets attended the training Camp for RD Camp and Thal Sainik Camp Delhi (TSC) in which Tamil Nadu bagged 4th place at the National level. Our cadets, CSUO. J. Jerusha of II B.Sc Mathematics won first place in All India Level in the field signal and judging distance at National level and she was awarded the best cadet at the state level. She also won a gold medal in health and hygiene. She won many medals in the Inter Group Competitions. CSUO. N. Gaja Priya of II BA English Literature won second place in the obstacles group event at National level. She won many medals in the Inter Group Competition. CSUO. R. Kanchana of II B.Sc. Zoology won first place and the Gold Medal in firing group event at National level. She is the silver medalist at the state level and she won many medals in the Inter Group Competition. CSUO. J. Judy Stephy of II B.Com won in judging distance and field signals at National level. She won many medals in the Inter Group Competition.

Republic Day Camp - CQMS. W. Caroline Monisha of II B.Com attended Inter Group Competition Camp. She participated in the Drill competition and she was the parade commander.

Service Selection Board - CUO. C.S. Annie Sherly of II B.Sc Mathematics attended officers training camp at Gwalior

from 17th to 26th November 2014. She was one of the 3 cadets from Tamil Nadu who attended this camp.

Para Jumping - CUO. S. Priya Dharshni of II B.Com., attended the Para Jumping Camp which was held at Agra in New Delhi from 1st to 26th September 2014. She completed 4 jumps from the height of 1500 feet in the parachute.

Special National Integration Camp (NIC) - CSGT S. Amala Marteena of II B.Com. and CUO. S. Pavithra of II BA History attended special NIC camp which was held at Dhimapur in Assam from 3rd to 14th January 2015. They participated in all the cultural events and won many prizes.

National Integration Camp - CUO. N. Femina Devi and CSGT. W. Caroline Monisha of II B.Com. Attended NIC camp which was held at Indore in Madhya Pradesh from 25th November 2014 to 4th December 2015. This was also the cultural camp. They participated in all the events and won first place in all the competitions.

Basic Leadership Camp - CUO. R. Poornima of II BA History and CUO. J. Joana Fark of II BCA attended this camp at Soka Ikedha Women's Arts College, Madhakuppam, Chennai from 21st to 30th October 2014. They attended competitions and won prizes.

Trekking Camp - Cdt. A. Maryn Charlet Reena of II B.Sc Physics, Cdt. G. Rajarajeswari of II B.Sc. Visual Communication, Cdt. R. Subhashini, Cdt. M. Anushya of II B.Com, Cdt. Srimadhi, Cdt. Sneha were the cadets who attended the trekking camp at Ooty from 21st to 29th May 2014. It is a National level adventurous camp and cadets were taught about astronomy and videos of astronomy.

Aeromodelling and Republic Day Camp for the Airwing - FCUO. Shyamalee of II BA English (shift-II) was the Best cadet and won the Gold medal in the Competitions and won the cash award of Rupees 3000/. FCUO. Catherine of II B.Sc. Physics (shift-II), FCUO. Meenakshi of II English Literature (shift-II), FCUO. Niranjana of II BCA, FCUO. Vaishnavi,

FCUO. Caroline Christy, FCUO. Srinithi of II BA English Literature (shift-II), FCUO. Jannani of II B.Sc. Physics (shift-II) attended the Republic day Parade.

Moulankar Firing - SUO Dhana Sundari of III BA English Literature (shift-II) SUO. Parameswari, CSUO. Prabha of III B.Sc. Chemistry went for the Moulankar Firing and were given the All India Best Firer Award.

All India Sports Meet - SUO Kamala Priya and CSUO. Rosy of III B.Sc. Chemistry attended All India Sports Camp at Delhi in Kho Kho and bagged the championship award.

Combined Annual Training Camp (CATC) - In the CATC camp held at PCPC, Vallam nearly seventy five cadets participated in the two different camps and won the Best Institutional Award.

Fine arts

The Fine Arts Club had an active calendar of cultural events. Scintilla'14 an exclusive day only for the freshers of Holy Cross College was held on 5th July 2014 at the Hostel Grounds. The Chief Guests of the day were Ms. Abirami, producer and RJ of Suryan FM and Ms. Deepa, writer, Assistant Director and a recognized journalist. Scintilla'14 paid a tribute to Dr. Daisy the dean of Science who departed from the precincts of our college to enter the portals of paradise. The departments were given various flowers as their themes.

The Commerce department bagged the coveted Scintilla Golden Award. The department of Mathematics walked away proudly with the Scintilla Silver Award. The department of Business Administration edged off with the Scintilla Bronze Award. Ms. Pavithra from the department of Computer Applications top-notched the first place. The second place was given to Ms. Jenita of Audiology. The third place was shared by Ms. Thamarai and Ms. Kanishka from the department of Visual Communication.

Shift II- Reflecting the well-founded traditions, the fresher's were received with gaiety through the celebrations of the Fresher's Day on 5th July 2014. The Chief Guest for the day were Dr. P. Selvakumar, Head of the department of Tamil, St. Joseph's College, Trichy and Sr. Jhansi, Principal, Holy Cross B.Ed College. Students from the departments of English won the overall first, BBA won the overall Mathematics won the overall third prize.

Happy Trichy- The College Folk Team and Bharathanatiam team were invited to be a part of the Happy Trichy Video dedicated to celebrate the city of Tiruchirappalli.

Workshop on Playback Theatre - 11 students along with Ms. Brito and Ms. Srimugi Assistant Professors of English (Shift II) attended the two-day introductory workshop at ICSE Centre, Chennai on 27th and 28th July 2014 at Chennai. Students who completed the Introductory Workshop participated in the Intermediate level of the Playback Theatre on 23rd and 24th August 14. Students who completed the Intermediate Level were eligible for the Advanced Level of the Playback Theatre Workshop from 6th-8th March 2015 at Chennai. The sessions were conducted by Mr. Cyril Alexander and Bev Hosking the founder of Wellington Playback Theatre, New Zealand. 9 students and 2 members of the staff have completed all the three levels.

BDU FEST 2014 - The Students of Holy Cross College participated in the BDU FEST 2013 conducted by the Bharathidasan University between 17th and 19th October 2014 and lifted the Overall Dance Championship Trophy (out of 45 colleges) for the Third consecutive year. Holy Crossians participated in almost all events and won 7 placements under the Music category, 2 placements under the theatre category, 2 placements under the Dance category, 3 placements in Fine Arts

events and 3 placements under Literary events.

The College Folk Team - The College Folk Team was invited to perform in NACLIN'14 for 17th National convention on knowledge, library and information networking and was referred by the Indian Council for Cultural Relations (ICCR), a Central Government Organization, functioning under the Ministry of External Affairs.

The team performed at Pondicherry on 10th November 2014. The College Folk Team was also selected by the Ministry of news and broadcast, Tamil Nadu to perform International Trade Fare at Pragathi Maidan, Delhi on 16th November 2014. They performed Pinnal Kolattam, Ettukuchiattam, Oyilattam and Karagattam.

Our college folk team was selected from Tamil Nadu by WZCC (West Zone Cultural Centre), Udaipur to participate in the Shilpgram Utsav 2014, a National Level Folk Festival conducted at Udaipur from 27st to 30th December 2014. WZCC is part of the Department of Art and Culture under the Ministry of Human Resources Development, Government of India. The folk team also participated in Lehar - The Wave 2015-National Folk Festival, Goa between 27th February and 1st March, 2015. This was organised jointly by the Department of Art and Culture, Goa and West Zone Cultural Centre, Udaipur

TALENTIA'14-The fine arts festival of Holy Cross College is an annual cultural extravaganza which provides a platform to the students of various departments to showcase a wide array of abilities and multifaceted talents. The festival began with the indoor competitions on 9th December and came to an end with the grand finale on 20th December 2014. The 9 outdoor events were conducted on the 19th & 20th December 2014. For the first time, Talentia'14 was a hi-tech event as it was conducted through video conferencing.

Students witnessed the event from 5 different halls. This was a novel initiative by the principal Rev. Dr. (Sr.) Jeusin Francis.

The guest of honour for the inauguration of Talentia'14 was the winner of Airtel super singer season IV, play back singer and live performer Mr. S. Dhivakaran. The alumna of honour was Ms. Shanthi, Assistant Professor, Avhinashilingam University, Coimbatore. The guest of honour for the valedictory function was Gramiya Kalaimani C. Sendhil Ganesh M.F.A.

23 departments from both shift I and II participated in the competitions. The overall winner's trophy was awarded to the Department of Commerce shift I. The Runner's up first place was won by the Department of Audiology and Speech Language Pathology. The Runner's up second place was shared by the departments of Business Administration and Mathematics shift I. The departments of Visual communication and the Department of English Shift II won IV & V places.

Ten students from Holy Cross College participated in Master Mind 2015 conducted by Archana Sweets and former Vice-principal and Quiz master Prof. G. Balakrishnan on 10th Feb 2015 at Sangam hotel. Out of 126 participants four Holy Crossians were selected to the final level of stress interview. Sr. A. Aruna of I M.Sc. Physics emerged as the Master Mind title winner for 2015.

Singara Singers 2015- Hello FM 106.4 conducted a singing talent hunt for the students of Holy Cross College on 17th February 2015 in the college grounds. Around 136 students registered and recorded their voice in the Music booth and 10 students were shortlisted as top voices and Latina Sharon Nivetha of III BA English was selected to participate as a finalist. Debate Show on Thanthi TV- Four Students and one staff from our college

participated in a debate show 'Ilaignarani' on Thanthi TV which was telecast on 8th March 2015 at 6.30 p.m.

Extension Activities

RESCAPES

BMI, Hb Test and Blood Grouping Programme

BMI, Hb Test and Blood Grouping was conducted in

- ADW Elementary school, Thiruvashi, -113 students -7th July 2014
- Panchayat Union Middle School, Paachur, -88 students -7th July 2014
- ADW Higher Secondary School, Thiruvashi, -625 students -15th /16th July 2014
- Government Secondary School, Kuruvampatty, 207 students 2nd September 2014
- Panchayat Union Middle School, Sennakarai. 175 students -2nd September 2014

Disability Screening Programme

Visual and Hearing impairment, Learning disability, Loco Motor disability, Autism, Mental Retardation, ADHD and Multi disability screening was conducted in

- ADW Higher Secondary School, Thiruvashi, 113 students on 15th /16th July 2014
- Panchayat Union Middle School, Paachur 88 students on 7th July 2014

Audiology and Speech Screening Programme

Hearing screening, Articulation, Voice, Fluency and Learning Screening was conducted in,

- ADW Higher Secondary School, Thiruvashi, 625 students on 15th /16th July 2014

- Panchayat Union Middle School, Sennakarai, 32 students were screened on 2nd September 2014
- Government Secondary School, Kuruvampatty, 207 students were screened on 2nd September 2014

Adult Education and Menstrual Hygiene programme

Adult Education and Menstrual Hygiene programme was conducted in ADW Higher Secondary School, Thiruvashi, in Government Higher Secondary School and in Ayikudi Community College on 14th August 2014 and on 16th August 2014, by which girl students from 8th, 9th, 10th, 11th and 12th standards participated and benefited. Mrs. Kalpana, Ms. Anita and Ms. Josephine Jeba, Asst. Profs of Social Work, Holy Cross College were the resource person.

Solid Waste Management programme

Solid Waste Management programme was conducted in Ayikudi Community College. The resource person was Mr. Mohan, Director 4H Trust. (Human Being Health and Environment Handicapped Welfare H.I.V. Awareness) on 12th July 2014

Summer Computer Class Programme

Summer computer class was conducted in May 2014 for the students of the adopted villages in which 20 students participated and learnt MS Office and Photoshop for 15 days. Mr. Vignesh, in charge of AV, Holy Cross College and a team of staff were the resource persons.

Tailoring Training Programme

Tailoring training programme was conducted in Palaiyur village by which 15 women from the adopted village participated and were trained for one month. April 2014. Mrs. Josephine Premila, Entrepreneurial Development Centre, Holy Cross College, was the resource person.

Kitchen Gardening Programme

Vegetable seeds for Kitchen Gardening were provided to 120 villagers at

- Valmanapalayam-Melur,
 - Paachur,
 - Palaiyur, and
 - Azhagiyamanvalam
- } On 12th
July 2014

Medical Camp

Medical Camp was conducted in Azhagiyamanavalam village in association with Frontline Hospital, Tiruchirappalli on 12th February 2014 by which 162 people were screened.

Importance of Emergency Service-108

On 24th October 2014, 108 awareness programme was conducted in Ayikudi community college. EMT Mr. Nallathambi demonstrated the facility in 108 services and its work nature.

On 5th December 2014, 108 awareness programme was conducted in Kuruvampatty secondary school. EMT Mr. Nallathambi, EMT Mr. Rajkumar and Pilot Mr. Maruthairaj demonstrated the facilities in 108 and the nature of its work.

On 23rd November 2014 awareness programme was conducted in Gopurapatty village. EMT Mr. Nallathambi, demonstrated the facilities in 108 and the nature of its work.

NSS and Red Ribbon Club

On 12th July 2014, the NSS Unit of our college participated in a rally to create awareness on population explosion. The rally was flagged off by Trichy collector Mrs. Jeyasree Muralidharan and Worshipful Mayor Mrs. Jeya Rajendharan. At the end of the rally, Dean of KAPV Medical College delivered a lecture on the impact of population explosion.

The NSS and NCC wing of our college jointly with Doctor's Diagnostic

Research Centre and Blood Bank organised a blood donation camp on 18th July, 2014. The programme began with a prayer service and the guests of honour Dr. Jesuin Francis, Principal, Holy Cross College and Dr. L. Ganesan, NSS Co-ordinator, Bharathidasan University spoke on the importance of donating blood and of creating awareness among students. 58 students and staff donated blood. A Team of medical personnel with Dr. Uma Maheswari from the Doctor's Diagnostic Centre were present.

The NSS unit of our college arranged One Day Programme for NSS Unit leaders. The chief guest of the day; Mr. L. Chandrasekar highlighted the importance of Yoga in leading a stress- free life. He demonstrated different asanas and explained their respective benefits. In the afternoon session the programme officers of the NSS unit of our college spoke about the significance of social service to the young volunteers.

On 17th August 2014 the NSS Unit of our college participated in Traditional Food Festival organized by Integrated Child Development Schemes, Trichy. On 26th August 2014 the NSS unit of our college conducted a "Tree Plantation Programme" in our adopted village Ayikkudi, Manchanallur. Nearly 35 volunteers and five programme officers planted more than 75 saplings in Ayikkudi, community college. Sr. Jayaseeli, the secretary of community college spoke on role of trees in our daily life and its importance in protecting our environment.

The NSS day was celebrated on 24th September 2014. The chief guest of the day Dr. R. Gopinath, Asst. Professor of Tamil, Bishop Heber College, Trichy, spoke on how the volunteers should involve themselves in various activities which will help them in their personality development.

The NSS unit of our college visited old age home in our adopted village

Ayyikudi, Manachanallur, Trichy on 12th January 2015. Nearly 75 volunteers visited and distributed clothes and fruits to the aged people. The volunteers gave many cultural programmes based on social aspects. The inmates were happy in the company of our volunteers. Rev. Sr. Regie, Sister in-charge of the home was happy with the visit and she thanked the volunteers for their thoughtful event.

The NSS wing of our college was celebrated in a grand manner on 22nd January 2015. Ms. Leema Peter, Counsellor, Ramakrishha College of Engineering, Trichy was the Chief Guest on that day. She spoke on the role of the youth in social services. She also explained how the youth should attain self confidence in their life. She motivated the volunteers through her inspirational talk. Ms. S. Philomin Theresa Mary, NSS, Volunteer of our college has commendably participated in the State NSS Republic day parade camp held at Sports Development Authority of Tamil Nadu Tennis Stadium Chennai from 16th to 27th January 2015

The National voters' day was observed by the NSS wing of college on 5th February 2015. The chief guest was Mrs. S. Senthamarai, Associate Professor of Economics, Holy Cross College, Trichy. She delivered a lecture on the awareness on voting among young voters. She also explained the role of constitution of India, with video clippings and power point presentation. At the end of the session the chief guest asked questions and distributed gifts to those who gave the correct answers.

The NSS Programme officers of our college Ms. Sophia Mercy, Asst. Prof. of Physics and Ms. Brinda Asst. Prof. of English Shift II attended 7 day orientation programme from 28th January to 4th February 2015 at Madras School of Social Work Chennai. The NSS wing of our college arranged a meeting on Organ Donation Awareness among Young population. Mr. Lakshmana Kumar,

Transplant Co-ordinator, from Cethar Hospital, Trichy spoke on the benefit of organ donation to the needy people. Dr. Iona, HOD and Associate Professor of Zoology, delivered the presidential address and Mrs. Umarani. R, Asst. Prof. of Economics and NSS programme officer of our college offered felicitations.

Exnora

The business meeting of the students' Exnora Club of Holy Cross College for the academic year 2014-2015 was held on 4th September 2014 and the office bearers and Exnora Representatives of various departments were elected. Activities of the Exnora Club for the academic year 2014-2015 were also planned. The Inaugural Meeting of the students' Exnora club of Holy Cross College was organized on 4th August 2014. Dr. Cecily Rosemary Latha R., Assistant Professor, Department of zoology, Holy cross college and the staff coordinator of students' Exnora instantiated the office bearers and wished everyone to work as a successful team.

The chief guest Mr. R. Sridhar, Vice President of Youth Exnora International gave a valuable speech on the objectives and activities of Youth Exnora International. He said Youth Exnora International aims at harnessing the youth power and inculcates in them a spirit of social service and patriotism. He also stressed the importance of leadership qualities and made representatives take the oath. Mr. Mohan, Managing director, Four 'H' trust, Tiruchirappalli, gave a presentation on "solid waste management". He pointed out the drawbacks of present situation that affect our environment and discussed the causes for water scarcity and deforestation.

World Ozone Day was celebrated by the Students' Exnora of Holy Cross College, on 23rd September, 2014. Mr. V. Sundararaju, former Indian Forest Service Officer and President of Society for

Conservation of Nature (SOFCON) in his special lecture said “The incidences of skin cancer are on the increase in the Southern Hemisphere because of depletion of ozone layer when compared with that of the Northern Hemisphere”.

Mr. V. Sundararaju requested the students to take all possible efforts to preserve the ozone layer by minimizing the use of refrigerators, air conditioners, aerosol sprays, fire extinguishers, chemical pesticides, foam products, etc. as they release the ozone depleting harmful gases. “It is the need of the hour to stop using the chlorine releasing substances as a single molecule of chlorine could break apart thousands of molecules of ozone”, he added.

Mr. E. Jagan Mohan, former Forest Range Officer and Vice President of SOFCON advised the students to plant more number of trees on all important occasions and thereby mitigate atmospheric pollution which in turn helps to preserve the ozone layer.

Valedictory meeting was organized on 26th February 2015. The chief guest Mr. R. Santhanam, Senator of Youth Exnora International and Creator of Boomi Thai Thottam gave a special lecture on “Our Mother Nature”. Awareness Programme on Child Labour, Global Warming and Teaching Mathematics were conducted by Exnora students of II year Mathematics in the Primary school, at Eachampati, Samayapuram.

Awareness on the need to protect the environment, pollution control measures, Rain water harvesting, Global warming, Health and hygiene, deforestation and the need for afforestation were demonstrated through PowerPoint presentation and charts to villagers and school students in and around Trichy by Exnorians in various groups.

Rotaract

The installation ceremony of the office bearers was held on 18th August, 2014. Rtn. Chinnadurai, President of our sponsoring club-Rotary Club of Tiruchirappalli Fort, delivered the presidential address.

The rotaractors made paper bags out of newspapers as a go green initiative. The bags were made as a part of the K4 –Kaka Kaka Kaveri Kaka project hosted by Rotary club of Sakthi. The paper bags were made as a go green initiative, to be distributed on Adiperruku held on 3rd August 2014. The District Rotaract Organisation appreciated the outstanding contribution of 5000 out of 7300 paper bags generated in all.

On 27th August, 2014 the sponsoring club of our club- Rotary Club of Tiruchirappalli Fort conducted ‘Sigaram Thodu’ a motivation programme for Higher Secondary School children at Trichy. 15 Rotaractors of our college rendered their voluntary services at this programme.

Our college Rotaract Club hosted “YALA `14” [Yoga and Lifestyle Disease Awareness] on the 10th of September, 2014. Dr. Kader Sahib, M.D., Apollo Hospital, Tiruchirappalli, spoke about lifestyle diseases and Ms. Sujatha Mahendran spoke about the importance and the need for Yoga. 25 members from 6 Rotaract clubs from Zone III and 50 Rotaractors of our club attended the session. The Rotaractors donated uniform to school children and sport shoes to a needy football champion. The Rotaractors spent their valuable time in Siddhartha orphanage. They distributed biscuits and chocolates and played many games with them.

October was a month of generous contributions. The Rotaractors donated books to poor students. Saplings were planted as a go green initiative. The Rotaractors donated old clothes, steel vessels, battery, torches, blankets and

woollen clothes to the Jammu and Kashmir victims.

Rotaractors cleaned Ayikudi village as a part of Swatch Bharat campaign. On 25th November, to withstand the cold winter, the blankets were distributed to the inmates of the slum areas of Vamanam and Raghmaniapuram at Thillainagar, Tiruchirappalli. On 10th January, 2015 the Official visit of DRR was held. Rtr. Ramalingam district Rotaract Representative inspected the proceedings of the club, and appreciated the activities of the club.

The valediction of the Rotaract club was held on 6th March 2015. Rtn. Chinnadurai, President of sponsoring Club, was the chief guest and Rtr. Ramalingam DRR was the guest of honour. The annual club bulletin RAYS 2015 was released on that occasion.

Youth Red Cross

Youth Red Cross is a service oriented movement that works to serve the sick and the sufferings in the society. The inaugural meeting of the Youth Red Cross was held on 3rd September 2014. The Chief Guests were Er. G. Rajasekar, Chairman, IRCS, and Mr. Elumalai, Manager of IRCS, Tiruchirappalli. The president and secretary of Youth Red Cross were selected for the year 2014-2015. The members of Youth Red Cross were enlightened on the history, motto and vision of YRC.

An awareness programme was conducted along with the Rotary club, Tiruchirappalli on 24th November 2014 on creating awareness about breast cancer and mammogram presided over by Doctor's Team from GVN Hospital.

They created awareness about the causes, signs, symptoms, remedial measures and methods of treatment. An orientation was conducted on the topic Art of Friendship by Mr. Elumalai, Manager of

IRCS, Tiruchirappalli. The year's activities came to an end with the valedictory function.

AICUF

The activities of the year 2014- 2015 commenced with the Leadership Camp held from 22nd to 24th August, 2014 at the Deepam Centre, Vathalakundu. The camp was held to strengthen the leadership qualities of the students. Professor John from St. Joseph's college, Trichy and Mr. Arumugam were the resource persons. The students' will power and where the students' thoughts are going in this present world were discussed by the coordinator of Deepam centre, sister Jaya. She also talked about the difference between the AICUF leaders and the other normal leader's qualities. Rev. Fr. Paul Raj, State Advisor of AICUF encouraged the students to participate in various games conducted to improve the qualities of a Leader. The first meeting of the Unit was held in September, 2014. Professor Vimal Jerald of St. Joseph's College, Trichy gave an introduction about AICUF for the freshers.

The Dalit and Women's Commission at the National level was held from 28th to 30th November 2014 at the AICUF House of Loyola college, Chennai with the motive of raising the voice of the Dalit and women. National AICUF coordinator Rev. Fr. Immanuel, organized the meeting. The topics like "Communalism and Hindutva" by Rev. Fr. Kumar, Director social Watch, "Women rights" by Advocate Ajeetha, "Women empowerment" by Ms. Bernard D' Sami, were discussed. The leaders of Holy Cross College AICUF unit attended the camp.

A meeting was arranged by the College unit on 5th December 2014. Mr. Ramanujam, Assistant Professor, Centre for study of social exclusion and inclusive policy, Bharathidasan University was the resource person. He spoke on the topic "Revisiting Nehru Legacy in Nation

development”. The first year AICUF students participated in the meeting.

A camp on learning the arts of Tamil culture was held at St. Joseph’s college, Trichy from 27th to 30th December 2014. Training in the arts of Oyilattam, Paraiattam, Kummiattam, Kali attam, street theatre was taught by Master Mahimai.

The state council conducted “Magis 2015” on 17th and 18th January 2015, at St. Joseph’s College, Trichy based on the topic “Karaieramallaiyoraē Karaieravom”. In the beginning of the programme a solemn mass was celebrated by most. Rt. Rev. Bishop Antony Devotta, Diocese of Trichy. The Motto of the programme was to awaken the students to create a better society. The chief guest of the first day was Mr. N. Shiva, Trichy M.P. He delivered a talk, encouraging the youth that they should have concern for the society and its issues. About 40 students participated in this conference. The students were encouraged to participate in various competitions and won prizes. AICUF song composed by the National leaders of AICUF was sung by Sr. Preeth Diana and Annie Merlin of Holy Cross College.

The Dalit and Women’s Commission was held on 21st and 22nd February 2015 at IDEAS centre, Madurai to encourage women empowerment. Ten students from various departments attended the meeting.

Come Alive

Come alive works with the thrust body-mind-spirit integration and the sanctity of the human body. The following programs were carried out.

- Social case works and social group works by the student trainees from social work departments of different colleges
- Awareness programs on drug addiction, education, health and hygiene

were conducted in schools. 400 persons participated.

- Couples enrichment program for the public was conducted on 20th July 2014 130 couples participated in the one day program.

- One day lecture cum discussion on Parenting was conducted for the public on 27th July 2014, and 112 parents participated in the programme.

- One day workshop on Social Case work intervention techniques (with illustrations) was conducted on 23rd July 2014 in collaboration with social work department of our college and participants from 11 colleges were there.

- One day workshop on Social group work interventions (Verbatim) was conducted on 25th July 2014 with the participants from 13 colleges, the workshop was useful one.

- A 5 day program on Body quotient for children of Holy Cross Girls higher secondary School, Trichy was conducted. 430 students participated in the program.

- Basic and advance level training for the trainers was given to 32 sisters of CIC, Madurai. Teaching aids with the syllabus was given to them to enable them implement the program in 36 schools.

- An international journal “Academia and Society” was registered on print version with the ISSN 2393-9419. Two issues were already published with 22 articles and 25 articles respectively.

- The same was registered as the Online open access journal with EISSN 2393-8919 having its own website.

- 1600 students of our college were given one day program on body quotient enabling them to take an oath to be pro-life persons in future.

Student Council & Student Forum

Shift I

The Investiture Ceremony of Student Council (Shift I) was held on 4th July 2014. The Chief Guest was Fg. Offr. Dr. A. Sheeba Princess, Assistant Professor of English, Bishop Heber College. The prayer service conducted by the Department of Botany helped everyone to commune with God and to reflect over the message of discipleship. Ms. Chandra Prabha III B.Sc. Zoology extended a red carpet welcome to the gathering. The Secretary, Rev. Dr. Sr. Lilly V, presented a memento to the chief guest.

The Student Council Members, with the student President in the lead, came in a procession. During the procession each member was introduced highlighting her achievements, talents and interests. The leaders then revealed the values a leader should possess, set as the petals of the Daisy flower. Then followed the oath taking which marks the installation of the leaders.

The newly elected leaders were presented with a sash, a badge and a bouquet by the Chief Guest, the Principal and the Secretary respectively.

The Chief Guest, Fg. Offr. Dr. A. Sheeba Princess, Assistant Professor of English, Bishop Heber College, congratulated the newly elected Student Council Members.

She encouraged the students saying everyone is a leader even without a title. She explained three important qualities of a leader with a few examples from her personal life. She said that everyone should have his / her goal as the vision and take initiatives to achieve it. This differentiates the leader from others. Everyone irrespective of his/ her position must be passionate towards the work done. She referred to a few women who without a position exhibited these qualities and inspired her. Every leader must be firm in taking a decision when there are multiple options. Through her flawless and spontaneous speech and lofty ideas she captivated the audience. The president of the Student Council Ms. Janet Ramya of III BCA expressed her gratitude to everyone. The solemn occasion ended with the college anthem. The following are the Student Council Members.

Name of the Student	Department	Student Council
D. Janet Ramya	Computer Applications	President
Preethi	Commerce	Vice-President
R. Neyomi	Chemistry	Secretary
K. Lingeswari	Audiology	Member
Kavya Selvaraj	Business Administration	Member
R. Riona Jennifer	Biochemistry	Member
K. Priyadharshini	Botany	Member
Heena J. Patel	Economics	Member
Nikkitta Antonette Glasford	English	Member
R. T. Manimekalai	History	Member
E. Godilya	Mathematics	Member
E. Devi Jenova	Physics	Member
L. Sonia Rani	Rehabilitation Science	Member
M. Mahisha Devi	Visual Communication	Member
S.Indu	Zoology	Member
T.Abirami	English	Sports General Secretary
Neeltha Bertila	Rehabilitation Science	Student Fine Arts & General President

Shift II

The investiture ceremony was held on 4th July 2014 at 4.30pm. The Chief guests were Rev. Sr. Dr. Lilly Varghese, Secretary and Rev. Sr. Dr. Jeusin Francis, Principal of Holy Cross College.

The staff secretary Ms. S. Jone Jeyashree, Asst. Prof. of Mathematics gave the welcome address. The new Student council members of shift II for the academic year 2014 -2015 are,

Name of the Student	Department	Student Council
Janet Mable Sturt	Business Administration	President
Monica C.F.	English	Secretary
Sathammai	Commerce	Member
Aarthi	Mathematics	Member
Rathneshwari	Physics	Member
Sana Sulthana	Computer Science	General fine arts Secretary
Nancy	Business Administration	General sports Secretary

After the oath taking they were adorned with sashes and badges by the chief guest. The chief guest addressed the gathering. Rev. Dr. Sr. P Rajakumari congratulated them with bouquets. Dance performance was given by the students of the department of Mathematics to welcome the new leaders. The function came to an end with the College Anthem.

Students' Forum

Rev. Dr. Sr. Jeusin Francis, Principal, met the students to inaugurate the forum, consisting of the Student Council Members, Fine arts secretaries, Sports secretaries, class and assistant representatives of Shift I & II, on 7th July 2014. Sr. Principal asked the students to be in time for all classes. She instructed the leaders to be strict regarding the late comers, dress code and that no student is allowed to bring or use cell phones inside the campus. She informed them that attendance is obligatory as a candidate must have 75% attendance per semester to take the semester examination. She reminded them of the sessional requirements (test, assignments, and seminars).

On 16th July, 2014, the student's forum met to take certain decisions for the celebrations such as sports day and

Foundress day. On 7th August, 2014, Sr. Principal gave some instructions to be followed during test and examinations and added that students will not be allowed to write test examinations if they fail to bring ID card, registration card and Hall ticket. On 9th January, 2015, the students gave their opinions to have few more dustbins at certain places for keeping the campus cleaner. On 19th February, 2015, the student's forum met to discuss programmes to be carried out during Women's day, Valediction, College day, Handing over ceremony and Farewell. The meeting came to an end with the words of our Sr. Principal that every student should live a life based on the values 'truth & charity'.

Debate, Speech and Essay writing club

The LIC conducted an Essay Competition for our college students in the month of September 2014, both in Tamil and English. 61 students of our college participated, 23 in English and 38 in Tamil. 9 of them won prizes.

Bharathiyar Arts and Science College for women conducted essay writing competition on 13th January 2015 on the topic "Anjaa Nenjan Bharathi" Ms. Meena Chandra of II M.A Tamil won the I Prize and cash award of Rs.3000/- and a shield.

Tamil Nadu Family care department conducted speech competitions on 12th July 2014 on the topic “Thittamitta Kudumbam Alavatra Magilchi” Ms. Rukmani Priya of II B.Com., won II Prize.

Imayam Arts and Science College for women conducted a speech competition on “Manitham Marikalama” Ms. Surya of I M.A English, S. Keerthana of II M.Sc Chemistry and A. Surya of III B.Sc Chemistry participated.

State level speech competition was conducted on 27th June 2014 on the topic of “Kaviperarasu Vairamuthuvin Thirai pada Padalgalin Selumai” Ms. K. Shelin of II BCA participated and received certificate.

Consumer Club

The first meeting of the Citizen Consumer Club was held on 7th July 2014, during the meeting the activities to be held for the year 2014-2015 was decided along with the election of the office bearers.

The Inauguration of the club was on 4th August 2014. The Chief Guest Mr. Senthil Kumar – Consumer Protection Officer addressed the students about the importance of Consumer rights and awareness. He also spoke on the necessary information that the consumers must be aware of, before buying a product.

The next meeting was held on 4th September. Rev. Sr. Catherine Savarimuthu, Student Counselor, Holy Cross College gave a lecture on innovation and ideas. She also enlightened the students on the importance of Knowledge, Skills and Attitudes. The session came to an end with the display of various motivational videos.

The Citizen Consumer Club had a meeting on 27th February. The chief guest Mr. Suresh, President, Dealer of LPG Cylinder addressed the students on the safety and usage of cylinders. He also touched on the Right to Information Act. The meeting ended with a quiz competition

conducted and with the distribution of the prizes for the winners.

Financial Literacy Club

The first meeting of the financial literacy club was held on 15th July 2014, under the guidance of Dr. Regina and Dr. D. Latha. The office bearers were elected in the meeting. Priya Sharma of III B.Com ‘B’ was elected as the Secretary and Shruthi Hari of II B.Com ‘A’ was elected as the Joint Secretary of the club. The financial literacy club’s activities for the year 2014-2015 was inaugurated by Mr. Albert Manohar, Joint commission of Income Tax at Palakkad, Kerala, on 19th July 2014. The chief guest motivated students to read books and newspapers to enrich their level of knowledge.

The financial literacy club meeting was hosted by the office bearers of the club for I year B.Com students. 135 students attended this session, on 24th July 2014 under the guidance of Dr. Annal Lourdu Regina. Ms. Priya Sharma gave a presentation on ‘Financial Inclusion’, Ms. Ashwini on the role of the RBI in ‘Financial Education’ and Ms. Swetha on Budgeting, saving and spending wisely. On 2nd August 2014, Auditor V. Alagappan, faculty at ICAI chapter, Trichy, addressed III B.Com students. About 120 students attended this program, which was on the Budget given by the new Government.

Students of II year Commerce were given an orientation on Financial Literacy in the villages, by Mr. Ramanathan, Manager, Financial Literacy and credit counseling centre, Indian Overseas Bank, Trichy. He sensitized the students on the importance of savings and stressed on the need for basic financial products like a saving a/c in a bank, insurance etc. 132 students attended this session.

HRD

The Department of Human Resource Development is promoted by the Alumnae of the college. The HRD brings to light the hidden talents and potential of the students. It strives to recognize and enhance the talents, to equip them with a multifaceted outlook to meet the challenges of the competitive world. HRD conducts on campus interviews regularly with MNC's and local companies visiting the campus and also off campus interviews. HRD also conducts training programs to equip the students with employability skills for better job opportunities. In addition it also conducts classes on Driving, Keyboard and Guitar for the benefit of the students.

Recruitment processes began from December and a total of 255 students were recruited till date both in On Campus and Off Campus interviews through HRD so far and many top companies like I-Gate Global Solutions, CTS, Aspire, Inspire Academy of Communication, Royal Bank of Scotland, TCS, SRF Chemicals, etc, joined hands in the recruitment process.

HRD offers a certificate course on employability skills training programme to impart the fundamental job skills to the students and to make them well equipped and capable enough to attend the campus interviews. The details of the certificate course are as follows:-

Date	Name of the Institution	Topic	Number of Students Benefitted.
23-07-2014	CTS Academy	Vision and Goal Setting I Batch	75
24-04-2014	CTS Academy	Vision and Goal Setting II Batch	53
05-08-2014	ID Matrix Solutions	Communication Skill Workshop, I Batch	49
6-08-2014	ID Matrix Solutions	Communication Skill Workshop, II Batch	55
7-12-2014	Swan Academy	Interview Facing Skills I Batch	35
9-12-2014	Swan Academy	Interview Facing Skills II Batch	37

In this academic year 2014-2015, Pan Card camp was conducted on 14th July 2014, by UTS Pan Card Academy and Mr. Manimaran. Pan Card issue official, helped our staff and students in filling up the application forms for the Pan Cards. About 215 persons (including staff members) were benefitted by this venture. Driving classes for four wheelers and two wheelers were conducted from 1st July 2014 onwards and 40 staff and students benefitted by this. Keyboard and Guitar were held from 1st July 2014 onwards and 10 students benefitted by this.

Women's Studies Centre

The Centre offered Gender Studies Course to all II UG students of our College. Bharathidasan University approved Certificate course on Gender and Development was offered to the students in the even semester. Shift II students from English, Mathematics and Physics studied this course.

Women's Studies Centre and National Service Scheme conducted National Nutrition Week Celebration by conducting various programmes for different target groups from 1st to 8th September 2014, at Holy Cross College.

The first day of the activity was inaugurated by Rev. Dr. (Sr.) Jeusin Francis, Principal, Holy Cross College, Trichy, and “Rangoli Competition on Women and Nutrition” for administrative staff was conducted to highlight the importance of nutrition in women’s life. Ms. S. Backiya Selva Rathi, Assistant Professor of Tamil, St. Joseph’s College, Trichy was the Judge of the event. There were 6 teams which consisted of 2 members in each team. The judge selected 3 rangoli displays for prizes.

The second day of the activity was backed with one awareness programme and one competition. Cooking Competition (without fire) was conducted for all categories of men in the campus such as student and staff. The resource person Ms. G. Kohilarani, Senior Dietitian, Apollo Specialty Hospital, Trichy selected 3 winners. She also delivered a lecture on “Role of Nutrition in Women’s Health” for Gender Club, NSS and Women’s Cell members. She informed them that balanced diet is essential for healthy life. The key points of her lecture were

- A healthy diet gives energy, supports our mood and maintains our weight. It can also be a huge support through the different stages in life.

- Healthy food can help reduce premenstrual symptoms, boost fertility, combat stress, help make pregnancy and nursing easier, and ease symptoms of menopause.

- Whatever our age, committing to a healthy diet will help us look and feel our best so that we can stay on top of our commitments and enjoy life

- Good nutrition starts with the basics such as a well-rounded diet consisting of whole grains, fresh fruits and vegetables, healthy fats, and lean sources of protein.

- These kinds of foods provide women with plenty of energy, the means for lifelong weight control, and the key ingredients for looking and feeling great at any age.

- Women should focus on whole plant based foods life which include variety of whole grains, beans, and legumes to give you filling fiber and keep you going throughout the day

- Try to find minimally processed or locally grown foods whenever possible and make these foods the mainstay of our diet

- It’s important to get plenty of calcium to support our bone health

- While dairy products are high in calcium, their animal fat and protein can accelerate bone loss.

- We should consider plant based sources of calcium like beans, broccoli, GLV, Tapioca and Ragi.

- Eating too much animal based protein is particularly dangerous for women

- More caffeine consumption interferes with hormone level and also increase the loss of Calcium and Iron

- Women need healthy fats in their diet to look and feel great. When women are pregnant, both women and foetus need healthy fat to feel the best. Fat is especially important to the baby’s developing brain and nervous system. Healthy fats contribute to lifelong beauty - Fats are essential for vibrant, glowing skin, hair, and nails. A lack of healthy fats in diet can lead to dull, flaky skin, brittle nails, and dry or easily damaged hair.

- Nutrition tips for pregnant or breastfeeding women are that they should eat 300 extra calories per day to maintain a healthy pregnancy and provide sufficient nutrition for the growing baby.

- However, gaining some weight is natural during pregnancy, and nursing can help with weight loss after the baby is born.

“Nutrition Search Competition” for the teaching staff was held on 3rd September 2014. The Judge was Ms. Prema Joshua, Assistant Professor of English, Cauvery College for Women, Trichy. 9 staff from different departments participated in the competition. The winners of the competition were Dr. Sujatha Ilangovan, Assistant Professor of Zoology, Ms. Cheryl

Antonette Dumenil and Ms. Desiree Ann, Assistant Professors of English.

Rally on Gender and Nutrition was conducted for the benefit of the public on 4th September 2014. Dr. (Major) S. Somasundaram, Associate Professor and Head, Department of Tamil, Bishop Heber College, Trichy flagged off the rally. The placards in Tamil consisted of the tips to avoid junk food and the need for balanced diet, need for gender equality in nutrition and so on. Nutrition based slogans were also told. A total of 250 students from NSS, Women's Cell and Gender Club members took part in the rally.

“Drawing Competition on Gender Equality in Nutrition” for students was conducted on 5th September 2014. Dr. S. Shanthi Getzie, Associate Professor and Head, Department of Economics, Bishop Heber College, Trichy was the judge. 3 students who depicted the importance of nutrition in the best way were the prize winners.

Awareness Programme on Nutrition and Healthy Behaviours was held on 8th September 2014. The programme was presided over by Rev. Sr. Lizy George, Vice Principal, Holy Cross College, Trichy. Cultural on nutrition were presented by the students. Dr. Kanthamani, Dr. Pankajam Sitharam Nursing Home, Trichy informed that we should eat food which is prepared at home as junk foods are dangerous to health so we should eat natural foods for a healthy life.

Women must drink 6 litres of water every day. Women should have enough fruits and vegetables in their day to day diet. Whole grains should be added in the food. She also appreciated the theme based cultural by students. Dr. Kavitha Senthil, Consultant Obstetrician and Gynaecologist, G. Viswanathan Hospital, Trichy motivated the organizers to conduct such programmes every year. Prizes were distributed to the

winners of various competitions. Nearly 200 students participated in the programme.

UGC sponsored one-day national conference on “Exploring Gender Issues in Multi-Dimensional Approaches (Inter Disciplinary Relevance)” was conducted by Women Studies Centre of Holy Cross College, Trichy in collaboration with Department of Women's Studies, Bharathidasan University on 6th February 2015 in Holy Cross College. The papers presented in the conference aimed at exploring the stereotypical notions of society toward women.

Sr. Niranjana Antonisamy, Convener, NCEGIMA'15, welcomed the gathering. A book titled “Exploring Gender Issues in Multi-Dimensional Approach (Inter – Disciplinary Relevance)”, consisting of 50 papers was released. The copy was released by Dr. Moly Kuruvilla, Associate Professor and Director, Women's Studies Centre, University of Calicut and the first copy was received by Rev. Dr. (Sr.) Jeusin Francis. The gathering was felicitated by Rev. Dr. Sr. Lilly. V, Secretary, Holy Cross College and Dr. (Sr.) Jeusin Francis, Principal, Holy Cross College, who spoke on the significance of the topic in the present – day scenario. Dr. S. Vasanthi, Convener, NCEGIMA'15 explained the conference kinetics. She stated that the position of women and their status in any society is an index of its civilization. Women are to be considered as equal partners in the process of development. It is in this back ground that the Conference is focusing on wider implications for gender equality and provides a comprehensive coverage to the issues arising out of the present process of globalization and the manner in which it affects the development of women.

Dr. M. Manimekalai, Director and Head, Department of Women's Studies, Bharathidasan University, focused on the backwardness of women in terms of social, economic and cultural standards; claiming that these subjugations are further

aggravated by class, religious, economic and caste issues. She urged women to concentrate on the areas where options are available for uplifting. Dr. Moly Kuruvilla acknowledged “gender issues” as a widely discussed topic and on the equality of women and men in almost all aspects. The papers presented in the morning session were presided over by Dr. Sr. Christina Bridget, Head and Assistant Professor, Department of Commerce and Business Administration, Holy Cross College, Trichy, who promoted education, as a significant criteria, for the empowerment of women. She focused her speech on various successful women who have established their footprints in areas such as politics, sports, research, entrepreneurship, fine arts, literature, aero science and many others. The afternoon session was presided over by Dr. Jayanthisri Balakrishnan, Associate Professor of English, PSG College of Arts & Science, Coimbatore. She claimed that problems in society arise as gender role perception of girls is very progressive but that of boys is traditional.

She urged women to make changes in the perspectives of men’s thinking. She referred to the patterned strategies of patriarchal society and their desire for men to subjugate women by referring to various classic literary pieces. She emphasized that youngsters must read books and encouraged them to become better citizens of the country. The participants of the conference were very enthusiastic and inspired the audience with their through provoking ideas. The conference was indeed a turning point in women’s perspectives toward gender role perception.

The national conference came to end with the valedictory function. Ms. Mary Sandra Quintal, Assistant Professor of English welcomed the gathering. Mr. Chakravathy, DSP CB–CID (Retired), Founder, VOYCE, enlightened the students with the cardinals of VOYCE. He emphasized on women being the light in a dark deep tunnel and said “The first person

who is important is you”. Finally he concluded that we have a right to live and save our mother Earth. Certificates and books were distributed to the paper presenters. Ms. R. Saraswathi, Co-ordinator, Women’s Studies Centre, delivered the vote of thanks. The conference came to an end with the National Anthem.

As part of Social Work Trainee’s field work programme Women’s Studies Centre and Department of Social Work conducted General Medical Check-up at Kuruvampatti village on 26th February 2015.

Advocacy - Legal Aid Clinic Functioning

Advocates such as Ms. K. Bharathi visited Legal Aid Clinic in 3rd and 17th July 2014. Ms. G. Gomathi had consultation with students and staff on 4th September 2014. Ms. K. Indira had interaction on 16th October 2014.

In the other months the Co-ordinator documented the legal problems of students and staff. After consultation with the staff of District Legal Services Authority, Tiruchirappalli the solutions were informed to them.

The Centre has been guiding various students and few staff to apply and study for UGC – NET.

Gender Club

Gender Club of Women’s Studies Centre conducted a Seminar on Women and Legal Rights on 6th August 2014. The inauguration started at 2 p.m. Ms. Riona Jenifer Rajan, III B.Sc Biochemistry welcomed the gathering. Sr. Niranjana Antonisamy, Advisor, Women’s Studies Centre, HCC presided over the seminar. Mr. P. John Britto @ Pulikesi, Advocate started with the first session. He spoke about the importance of Legal Certificates

and its Procedure, Right to Property Act and Laws for SCs and STs in the first session. He explained about the people's attitude in getting these benefits. He explained the concepts such as equality, equity, article 14 and 17, untouchability offenses act and case processes.

In the second session, Mr. K. Manoharan, Advocate gave a vibrant talk on "Right to Information Act". He explained the purpose of the act, uses and its important role in the contemporary India.

Ms. A. Haseena Banu, Advocate delivered a talk about "Women's Laws" in the third session. She explained about the violence and irrelevant mishaps against women and the law for women empowerment.

In the last session, Mr. P. Parthasarathy, Secretary/Subordinate Judge, District Legal Services Authority (DLSA), Tiruchirappalli talked about the activities and functions of legal services authority. He also insisted that students should 'Wow to use those services in right way'. He deliberated on the prevention of sexual harassment in workplace and role of legal aid clinic. He also informed that DLSA will not help students who violate the law. The main purpose of free legal services is to make the students understand our constitution to get all their privileges.

Movie screening on Gender issues was held on 8th January 2015 for I UG students of Gender Club. They said that the cookies and movies were very useful.

Dr. Prema Joshua, Assistant Professor of English, Cauvery College for Women, Trichy spoke on the topic "Women Unbound" to the students of Gender Club on 26th February 2015.

Women's Cell - Shift I

The inauguration of Women's Cell activities was held on 31st July 2014. The resource person Mrs. M. Reena Rebellow, Assistant Professor of Social Work, Bishop Heber College, Tiruchirappalli delivered a speech on "Women Development". She explained about the components of health such as physical, mental and social health with examples and data.

Social health is defined as: how a person gets along with other people, a person's level of support from people and institutions around them and how well a society does at offering every citizen the equal opportunity to obtain access to the goods and services critical to being able to function as a contributing member of society

Social problems of women in India were discussed with the participants. Sexual harassment faced by women in different parts of India were illustrated with a discussion of its impact. She emphasized that the participants should raise their voice for the victims and during male exploitation. Women can safeguard other women by collective effort. The entire programme was conducted in an interactive manner.

In regard of the World AIDS Day on 1st December 2014, the Women's Cell in collaboration with the National Service Scheme arranged for a talk on "HIV – AIDS" for the awareness of the students. The guest speaker was Mr. J. Deepak, Project Coordinator, Green Trust, Lalgudi. He gave an introduction about AIDS (Acquired Immuno Deficiency Syndrome). He then explained the nature of the disease causing virus HIV (Human Immuno Deficiency Virus). He briefed them on the various ways in which this virus or disease is spread. He charted out the steps of caution and prevention to be carried out at various situations in daily life to prevent the

contraction of AIDS. He also guided them on how to handle a person with HIV and reassured the students that they have no reason to be frightened or to act partially to persons with HIV. His talk was very motivating and informative and the students found it very useful.

Women's Cell along with National Service Scheme (NSS) conducted a meeting on 9th January 2015 on the topic "Health and Hygiene". The guest speaker was Dr. M. Nagamani, Gynecologist. The speaker talked about the various health problems affecting youngsters today. She cited the causes of these varied health issues as follows - Mental and physical stress, Changing lifestyle conditions, Changing food habits, Changing climatic conditions, Adulterated food stuffs, Vitamin deficiency (or) malnourishment, Radiation exposure from electronic gadgets and network signals

She gave instructions and tips for right eating, right habits and right lifestyle. She talked about the importance of a healthy diet and emphasized the importance of fruits and vegetables and also explained about their nutritional values and benefits. She explained the need for personal hygiene for girls. She gave pointers on personal hygiene. Her talk was very informative and served as an eye opener on the facts of personal hygiene for the students.

The women's cell conducted a meeting in which video clippings and documentaries were screened. There were video clippings on women harassment in work place and public places. A documentary on domestic violence on women and another documentary showing the preference of men over women in various fields due to bias were shown. Videos on child harassment, child abuse were also screened. Gender inequalities of women were shown and explained in the session.

Women's cell in collaboration with the Gender Club conducted a meeting on "Social Quotient" on 20th February 2015. Dr. B. Arunkumar, Assistant Professor and Co-ordinator of Shift-II, Department of Social Work and Associate Dean of Extension Activities, Bishop Heber College, Trichy, was the chief guest. He engaged the students in thinking about how they have been so far and how they should be after they have gained the awareness of being a socially trained person. He started by talking about the need to know oneself, to discover oneself. He made the students participate in the session. In the end he held a quiz about the facts of the world economy and advised the students to be highly aware of the socio and economics happenings of our own country and the rest of the world. He stressed the fact that it is always the highly informed and loaded brain that gets the success out of all its actions.

Women's Cell in collaboration with Women's Studies Centre conducted a "Workshop on Self Defense" on 3rd March 2015. Ms. Priya Govindaraj, Founder and Correspondent, Samuthrika Academy, Thillai Nagar, Trichy and Team of Masters were the trainers. Ms. Priya Govindaraj spoke on the importance of self-defense and her team members demonstrated various self-defense methods.

Women's Cell - Shift II

On 4th August 2014 the women's cell activities were ignited by electing its office bearers for 2014-2015.

The second meeting was held on 24th November 2014. The chief guest of the day was Rev. Sr. Maggie Mary Retd. PG. Asst. She gave a talk on "Kaalamdhorum Pengal". She focused on women's enthusiastic performance in the day to day life. She insisted that Women's should be proud to be born as women in this world.

The next meeting was held on 18th December 2014. The guest of honor was

Ms. C. Kanimozhi, Advocate, Trichy. She gave a talk on the topic “Women’s Protection Act”. She highlighted about Female Foeticide, Child marriage, child labour, Divorce, remarriage, and also laws about it. She also gave information about the legal aid in the District Court. She gave awareness as a woman how to behave and survive in this society.

Mr. S.P. Mohan Director of Tamil Nadu Environment Federation, Trichy was the guest of honour for the meeting, which was held on 9th January 2015. The topic was Social Awareness, Environmental Awareness and Women Development. He briefly explained how to safeguard the Nature and to develop the Plastic free Environment for the future generations. He insisted that women should be bold enough to overcome the obstacles in their own life.

A talk on “Gender Sensitization” by Ms. Saraswathi, Coordinator Women studies Center, Holy Cross College(Autonomous) Trichirappalli on 12th January 2015. She explained differences between the gender and sex in the society. She also highlighted gender equality, gender division of labour, gender identity and areas of gender discrimination.

On 10th February 2015 the meeting was held on the topic “Ways for Charming youth” by Dr. T. Indira, Arockia Nursing home, Trichy. She mainly focused on health related problems faced by the young women in their day to day life. She gave many ideas how to overcome these problems by simple methods and to lead healthy happy life.

Learning Management System

In order to enhance the learning process the Learning Management system was initiated on 3rd July 2014. The LMS team comprises of 20 members representing the different departments under the leadership of the Principal, Rev. Dr. Sr. Jeusin Francis. There are three core

committees focusing on three essential components of the system namely Website Update, Smart Board and Developing E-content.

The college has brought about the blended learning of supporting the placement of course material online. Blogs for both students and the instructors were developed in order to track students’ performance and for storing student materials submission and for mediating communication between the students as well as their instructors.

We take pride in saying that we have achieved 72 e-content lessons developed as the instructional design for the students during this academic year. During this year the LMS committee met frequently and reviewed the work done and also planned for more e-content development and also for usage of smart boards to be increased

Counselling

Holy Cross College has a Counselling Centre. It functions from 9 am to 4 pm on working days. A counsellor is appointed for the welfare of the students. Shift-1, students come for counselling in the noon since their classes get over at 1.30 pm. Shift-II students come in the morning since their classes start only at 1.45 pm.

The student counselor, Sr. Catherin Savarimuthu addressed the 1st year students in their own class rooms, department wise. Since, they are new to the college. She gives orientation to the students regarding counselling, its need and importance. Through Personal Data Form the information about each student were collected. From the data collected the counsellor come to know the students who actually require/expressed their need for counselling.

So far 135 students have come for counseling and each takes a minimum of 30-45 minutes, some were in need of 2nd

and 3rd sitting as it depends on the intensity of the problem. Students come for vocational counselling, career counselling and most of them come for personal counselling. They come for counselling for the problems such as poor academic performance, lack of concentration, poor memory, not able to study, friendship problem, negative influences of the peer group, unhealthy relationship, lack of decision making ability, suicidal tendency, mal-adjustment behavior and some personality problems. For students who have come for counselling, their Personal Data Forms would be filed and kept confidential for further reference and to check their progress.

Students were helped to solve their problems which could be solved and the counselor also facilitated them to face their problems which have to be faced squarely. When there was need for psycho-therapeutic intervention help is given. Behavioural modification has brought in, positive change in the life of students. Many students were benefited by the counselling. 2 students were referred to other experts.

Hostel

The Holy Cross Community and College run hostel for UG students. The hostel has a strength of 1170 students and functions with regulatory authority. The students are accommodated in 6 different blocks namely Little flower, Christ the king, Maria villa, Holy Family, St. Joseph and Jubilee Hall. The hostellites are placed under the care of four warden sisters in 6 blocks, Sr. Jesusavari, Sr. Catherine Savarimuthu, Dr. Sr. Isabella Rajakumari and Sr. Judy Gomez. According to the needs and wants of the hostellites, the wardens are available to them as sisters and guides. They always take keen interest in the growth, development and personality formation of the hostellites. Through which the hostel students are transformed to socio-spiritual integral persons.

The hostel reopened for the academic year on 17th June, 2014. The first year students entered the hostel on 22nd June. The events of the hostel began with the twin programme of Fresher's day celebration and Investiture ceremony on 6th July 2014.

The hostel leaders for the year 2014 to 2015 were elected and the investiture ceremony was held. The leaders were elected from each block for various responsibilities like block leader, cultural leader, spiritual leader choir leader and mess leader for the efficient management (maintenance) of the hostel.

Rev. Sr. Dr. Lilly Varghese, Secretary and Rev. Sr. Dr. Jeusin Francis, the Principal, honored the various leaders of the hostel with badges during the investiture ceremony. An oath was taken by the leaders to discharge their respective duties for the welfare of the hostel students. Rev. Sr. Dr. Jeusin Francis, our Principal in her address to the hostellites insisted on the importance of values to be lived, the discipline to be maintained and the joyful life that is to be shared in the hostel.

Holy Cross College Hostel is always enwrapped with a spiritual atmosphere. To strengthen the spiritual growth of the students catholic students are encouraged to attend Holy Mass daily, adoration to the Blessed Sacrament and provision to receive the sacrament of reconciliation. BCC group prayers and Lay Associates were formed as part of the Holy Cross family. Charismatic prayer and procession as a sign of devotion to Mother Mary are held once a month in the campus.

On 21st July 2014 the hostellites went to Holy Redeemers Church, Palakari, considered as one of the minor Basilicas in south India, on an annual pilgrimage in gratitude to Christ the King for protecting the hostellites. The hostel blessing was on 3rd Aug 2014, hostel rooms were blessed by 4 catholic priests.

On 19th September, Dr. Sr. Diana gave a talk on homeopathy medicine for holistic health and wellbeing. The students were enlightened about the usage and effects of homeopathy medicine.

A video coverage was arranged by the Madha T.V channel on 15th October 2014 in our college chapel. It covered the rosary prayed by the catholic students of shift II.

Having studied the need of the hostel a new bore well was installed and two syntax tanks with the RO drinking water facility was made available considering the health and hygiene of the hostelites.

Christmas Carols were held in different places, in solidarity with the sick and the suffering humanity namely Panjapur (lepers colony), Ayikudi, Shanthi Villa (Home for the aged), Rosarians house, Devadanam the substation of our parish.

On the evening of 27th February 2015, the hostel day celebration began with the invocation of God's presence followed by camp fire. Our mother superior Rev. Dr. Sr. Lilly Varghese was the chief guest.

On hostel day 28th February at 6.30 am Holy Mass was celebrated by Rev.Fr. Patric, SDB, Director, Vazhikatti, Youth Diversity, Trichy Diocese, along with other priests, in gratitude to God Almighty for his providence, guidance and protection.

The chief guest of the hostel day celebration was Miss. Laura, Professor of English, Bharathidasan University.

Students' Scholarships

A total of 2735 students were provided with the Central and State government scholarships and management scholarships during this academic year 2014-2015.

An amount of Rs.45, 97,288/- was sanctioned to 813 students from

SC/ST/SCC and 17, 70,849/- to 738 students among BC/MBC/DNC Category who have benefited. Sr. Elizabeth Rose Endowment, Sr. Rosy Endowment, Sr. Sarguna Endowment, Platinum Jubilee Endowment and other Endowment provided by the College Management has given scholarship and education aid to 261 students of shift I with an amount of Rs. 5, 65, 845 /-. Financial help is also given to the children of Non-Teaching Staff. In addition Education Aid was provided to 50 students of shift II with an amount of Rs. 2, 01,320/-

Under EVR Nagammai Tuition Fee Concession Scheme for post graduate students, Rs. 65,000/- for 2012-13 was sanctioned to 63 students and Rs. 47,000/- was sanctioned for 2014-15 to 67 students. Rs. 9, 38,000/- was sanctioned to 125 SC/ST/SCC students who are staying in the hostel and applied for Higher Educational Special Scholarship Grant by the State Government. PM Award worth Rs. 18,000/- was awarded to six UG SC/ST/SCC students (Rs. 3000/- each) and Rs. 10,000/- was awarded to two PG SC/ST/SCC students (Rs. 5000/- each) on merit basis. Gandhi Memorial Award worth Rs. 1500/- was given to one UG SC/ST student. Rs. 5000/- was awarded by Tamil Nadu Educational Trust to one UG student. LSD & Mines scholarship of Rs. 3000/- was awarded to one UG student.

This year nearly 670 students of both regular and self-financing session, are benefited by the Farmers' Welfare & Social Security Scheme of Tamil Nadu government. 57 students as freshers and 20 students applied for renewal of Scholarship for Minority Community offered by the Tamil Nadu State Government. Seven students applied for the Indra Gandhi Post Graduate Scholarship for Single Girl Child. 87 students have applied for the Sitaram Jindal Trust Scholarship. 251 students applied for Central Sector Scheme Scholarship worth Rs.10000/- each and 92 second year students benefitted through

renewal of Central Sector Scheme Scholarship.

applied for National Fellowship for OBC candidates by UGC.

Three full - time Ph.D. candidates applied for Ph.D. fellowship for SC/ST candidates worth Rs. 50,000/- yearly for each and one full - time Ph.D. candidate

SC/ST/SCC Scholarship	813	Rs. 45, 97,288
BC/MBC/DNC	738	Rs. 17, 70,849
HESS GRANT	125	Rs. 9, 38,500
Ph.D. Fellowship for SC/ST candidates	3	Rs. 1, 50,000
Farmer Welfare Scheme	670	
EVR Nagammai Tuition Fee Concession Scheme for PG students for 2012-13	63	Rs. 65,000/-
EVR Nagammai Tuition Fee Concession Scheme for 2014-15	67	Rs. 47,000
Management Scholarship	261	Rs. 5, 65, 845
Educational Aid for Shift II	50	Rs. 2, 01, 320
Post Matric Minority Welfare	77	Applied for
Central Sector Scheme	251	Applied for
PM Award	165	Applied for



Celebrations of Life

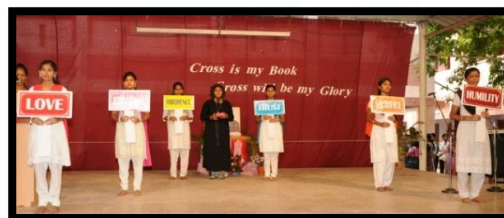
Mother Foundress Day

Mother Foundress Day Celebration held on 8th August 2014 in our hostel ground was organized by the staff of the Lay Associates of Holy Cross College, Trichy. The programme began by invoking God's blessings. It was the endeavor of Holy Cross Associates to sensitize the students through the celebration and to bring out the Paschal Joy. Ms. A. Juliat Josephine, Assistant Professor of Physics, welcomed the gathering. Our Principal, Rev. Sr. Dr. Jeusin Francis, was the chief guest. Various programmes such as dance, quiz, skit and song demonstrating the noble traits of our Venerated Mother were conducted. Our Principal gave a meaningful presentation about the qualities which were ideally seen in Mother Claudine Echernier.

She mentioned various incidents in Mother Claudine's life as a young girl and then as a sister of the cross. She focused on the simplicity of Mother Claudine and her thirst for learning to know more about God and to make the good God known and loved. She stressed her qualities of hard work, responsibility, decision making, love for others, leadership and a deep desire to know and do God's will in her life. After her message, prizes were distributed to the winners of the quiz programme that was conducted on the 'Life of Mother Claudine'. She also thanked the students and the staff for the successful conduct of the programme. The coordinator Dr. J. Rosaline Vimala, Assistant Professor of Chemistry delivered the vote



of thanks. The function came to an end with the Holy Cross anthem sung by the sisters of the Cross.



Independence Day



The Independence Day was celebrated in Holy Cross College on 15th August 2014 at 7:15 a.m. The celebration started with a meaningful prayer service conducted by the student council members. Ms. R. Neyomi, student council member, department of chemistry welcomed the gathering. The national flag was hoisted by the chief guest of the day Dr. F. Selvakumaran, Dean and Head, Dept. of Tamil, St. Joseph's College Trichy. The Chief Guest addressed the gathering. He

said that India is a prosperous and beautiful country with all its uniqueness. He stated that Nethaji Subash Chandra Bose initiated the efforts to unify India. He said that education in our country is not job oriented, research oriented but it is life oriented. He remembered the brave deeds of the great leaders including Bhaghat Singh, Periyar, Kamaraj. He concluded saying all leaders and freedom fighters were unique in their own way and likewise we should contribute something to our nation in our own way. The programme ended with the national Anthem.



Teachers Day

Students' Programme

Shift I

“Through you we see the Nation.”

The day had arrived when the hearts of people are filled with gratitude. The teachers day function started on 5th September 2014 with a meaningful prayer service organized by the Department of Commerce. The welcome address was given by Ms. Swetha, (III-B.Com). Then a tableau was staged portraying “The Values of a Teacher.” All the Student Council Members represented The “Marvelous Ethics of Teachers” with written key words displayed. The Fine Arts Secretaries gave a power packed dance.

The Student Council President D. Janet Ramya (III-BCA-‘A’) read a Poem as her tribute to all the teachers and this

was followed by the Chief Guest’s address. The Chief Guest was an inspirational Professor, Dr. Christine Gomez retired Head of the Department of English, Holy Cross College, Trichy. She shared her experience with her great teachers and with the Students. She said that from her 9th standard, Maths teacher Sr. Hammelin, She learned kindness. Through her students she was strengthened in her faith. She insisted that we should smile genuinely radiating God’s presence amidst us. She also asked students to help others open heartedly. From her students she learnt not to be partial and favourable to intelligent students alone. Finally she concluded with wishes to all the teachers and to all the future teachers. Games for the teachers was conducted by the Student Council Members and in the first game “Patch with your pair” - Dr. Shanthi and Dr. Subhashini of Botany department bagged the first prize, followed by Ms. Mercy Rosary and Ms. Suganthi from the department of computer science who came second. The next game was “Musical Chair”, and the winner was Mrs. Suganya. Prizes were distributed to the winners by Rev. Dr. Sr. Lilly, Secretary. The programme ended with the vote of thanks proposed by T. Ramya (II B.Sc Chemistry) followed by the College Anthem.



Shift II

On 5th September 2014, the Teacher’s Day celebrations, organized by the student council members of Shift II Stream, commenced with the prayer service which was innovative in which the

students depicted through their performance the Characteristics of a Great Teacher. The gathering was addressed by Ms. Janet Mabel Sturt, President of the Student Council, Shift II. The Chief Guests, Dr. Tamizharasi, PG Assistant, Government Girls Higher Secondary School, Vadugarpet and Rev. Sr. Lizy George, Vice Principal and Head of the Department of French, were honored with mementos presented by Rev. Dr. Sr. Rajakumari, Sister In-charge of Shift II.



Cultural Events organized by the students of various departments such as Dance, Group Song and Skit were presented, which was a feast to the eyes and ears. Following the culturals, Dr. Tamizharasi addressed the gathering. Her words were thought provoking highlighting the nobility and characteristics of a great teacher. Following the Chief Guest Address the Student Council members arranged a talk session selecting few teachers at random and common questions on behalf of the student body were raised. Following this, students from all the departments invited all their teachers one by one mentioning their special qualities and the teachers were honored with mementos by the Chief Guests and the Sister In charge of Shift II. The Vote of Thanks was proposed by Ms. Sathammai, Student council member of the Department of Commerce and the programme came to an end with the college Anthem sung by the student council members.

Staff Programme

Teachers Day celebration for the teaching faculty was conducted with fervor and festivity on 5th September 2014. After an enlightening and evocative prayer service the prizes were distributed to the winners of the Daskalos Fest '14 by Rev. Dr. Sr. Lilly Varghese, the Secretary of our college, Rev. Sr. Lizy George, the Vice Principal and Rev. Dr. Sr. P. Rajakumari, Shift II in-charge. The Teachers' Day celebration drew to a happy close with a sumptuous feast to commemorate the camaraderie of the Holy Cross teaching faculty on their special day.



Holy Cross Feast

Students Programme

The celebration of the exaltation of the cross was conducted on 13th September 2014. The celebration commenced with a solemn prayer service led by the department of English, with the significance that the cross is our salvation. The welcome address was given by Ms. Sagaya Stephy (II M.A. English



Literature). As a token of love Ms. Janet Ramya, student council president Shift I and Ms. Rathnaeswari, SCM–Shift II presented purses to our Secretary. The student council members performed a frame to show how God waits for us and loves us for who we are. A folk dance was a beautiful sight to the eye where the dancers exalted the cross.

A skit was performed by the students of the department of Computer Applications to show how the people of this world are centered on worldly pleasures and the ones who look to God reach their goal in life. A western dance was performed thereafter to entertain the



audience. Our secretary Rev. Dr. Sr. Lilly enlightened us recalling the history of the exaltation of the Cross and how we got salvation through the Cross. Games were conducted for the sisters to entertain them and prizes were distributed. Ms. Charlotte of II B.A. English thanked the gathering. The celebration came to an end with the anthem of the Sisters of the Cross. The message for the day was “The Cross – The Elixir of Life”.

Staff Programme

Holy Cross Feast was celebrated with pomp and gaiety on 13th September 2014. The guest of honour was Rev. Sr. Zelie. After an inspiring prayer service the welcome address was delivered by Ms. Benedictta from Holy Cross Higher Secondary School. This was followed by the Lighting of the Lamp and the cutting of the cake by the Sisters of the Cross.

The felicitation to the sisters was received on their behalf by Rev. Sr. Dr. Lilly Varghese, the Secretary of our



college and gifts were given by the following staff members: Dr. Grace Beula Malini, Head of the Department of English represented Shift I, Ms. Mathuravalli Asst. Prof. of Commerce, represented Shift II. Ms. Dhanalaksmi represented the Non-Teaching Staff, Dr. Master Ashokan represented the teaching Staff of Holy Cross Hr. Sec. School and Ms. Geeta represented the non-teaching Staff of Holy Cross School, Mrs. Juliet Ebenezer represented the B.Ed. College and Ms. Lily Mary represented the Blossoms School. The games conducted exclusively for the sisters followed next and the sisters took part in it with full gusto and vigour.

The Queen of the day was Sr. Mettie who was awarded the prestigious sash and tiara by Sr. Zelig. Sr. Zelig then addressed the gathering voicing out her thoughts on the significance of the Cross in our lives. This was followed by an array of attractive programmes comprising of melodious medleys, soulful songs and delectable dances. The celebrations came to a close with the vote of thanks delivered by Ms. Joan from Shift II, Holy Cross College.



Bible Day

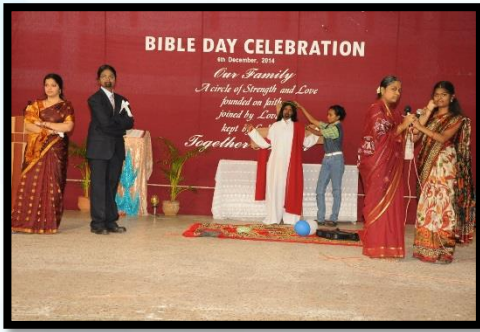
The Bible day for the academic year 2014-15 was celebrated on 6th December 2014, with great vigour, joy and enthusiasm. Many competitions were conducted based on the theme “The Family” in order to bring about the talents of the students commencing from 24th November 2014 onwards.

An exhibition was also arranged on the 6th December with the theme of the Bible day for the year, “The Family” as portrayed in the Bible. The members of the core committee of the Department of Value Education (DOVE) had regular meetings under the leadership of Rev. Sr. Petronila, Head of the Department of

Value Education and the Principal, Rev. Dr. Sr. Jeusin Francis.

The Final Bible day celebration for the academic year 2014-15 was held on 6th December 2014. All the competitions were based on the theme “Family”. Each department exhibited their talents in a different manner depicting families in the Holy Bible and the present families. The Chief Guest were Rev. Dr. Fr. Joseph S.J and former Rector, St. Xavier’s college, Palayamkottai. Rev. Sr. Petronila, Head of the Department of Value Education delivered the welcome address. Rev. Dr. Sr. Jeusin Francis, Principal of the college presented the memento to the chief guest. The prize winners of various events presented their performance on stage. There was classical dance by Ms. Deepika Rani III B.Sc. Physics, followed by group song by the students of Dept. of Mathematics, group dance by the students of Dept. of Computer Applications and Drama by the students from the Dept. of Commerce.

For Bible Quiz Competition, the final round was held with 6 teams, conducted by the quiz master Dr. Michael Sammanasu from St. Joseph’s Institute of Management, Trichy. I Prize – Dept. of Chemistry II Prize – Dept. of Computer Applications & III Prize Dept. of Commerce and Bio-Chemistry. The Bible Day Exhibition was inaugurated and the judges were Rev. Fr. Thiruthuvadass, Prof., St. Paul’s Seminary and Rev. Fr. Balaraj, Asst. Parish Priest, Somarasampettai, who evaluated the exhibits displayed in Mother Claudine Block. Vote of thanks was proposed by Dr. Turin Martina, Assistant Professor of Department of Rehabilitation Science.



Shift II

On 8th December 2014 the Bible day celebrations of Shift II commenced with the prayer service by the students of the Department of B.B.A. Ms. Gayathri, Assistant Professor in Commerce, welcomed the gathering. Dr. Sr. Isabella Rajakumari, Sister In Charge of Shift II presented the Chief Guest of the day, Rev. Fr. Alexander, Director of Vocation promotion, Karumandapam, Trichy, with a memento. Following this, the finals of the bible quiz was held, conducted by Ms. Jenovah and Ms. Luda, Assistant Professors of Commerce. Seven teams participated actively. The first prize was bagged by the Department of Mathematics and the second prize by the Department of English.

First prize winners of various indoor competitions such as Classical dance, Solosinging, Tableau, Group singing, Drama, Recitation, Speech and Group dance performed vibrantly on stage. Following the cultural events the chief guest, Rev. Fr. Alexander addressed the gathering. He congratulated all the prize winners and the participants of the bible Day competitions and explained on the importance of the scripture and expressed his awe regarding the Bible Day

celebrations which not only helped the students to get familiar with the scripture but also taught them to pave an ethical path in their journey of life. After his address the Chief Guest and the Sister In charge of Shift II distributed the prizes for the various indoor and outdoor competitions. Ms. Sheila, Assistant Professor of Computer Science delivered the Vote of Thanks.

Christmas Celebration

Students' Programme

Shift I

The Christmas Celebration was held on 22nd December 2014. Fr. Maria Antony, Director, St. Paul's Seminary, Trichy, gave the Christmas message. He spoke about the importance of living a life of fullness and joy and not just a mere existence. He said Christ's birth brought peace and joy to the world. We should live our life meaningfully and joyfully with involvement and values. Life should not be just for collecting more and more, be it wealth or anything else. He also mentioned that we should remember that God is with us in all our needs and deeds and that he is bigger and greater than any problem we face in life. He said history deals with life of achievers but Christ's birth made history. There was the Christmas cultural programme with skits, dances and Christmas carols. This was followed by the prize distribution for the winners of Bible day programme.

Shift II

On 22nd December 2014, the Christmas day celebrations of Shift II commenced with the prayer service. Rev. Dr. Sr. Isabella Rajakumari, Sister In Charge of Shift II presented the Chief Guest, Rev. Fr. Melcquire, Director, Arungudai Iyakkam, Trichy, with a memento. Following this the students of the Department of Physics formed a

Human crib symbolising the birth of Jesus Christ. While they remained on stage a classical dance was performed and Christmas day carols were sung rejoicing on the birth of the Saviour, Child Jesus. The students from the Department of Commerce performed a folk dance expressing joy for the birth of the saviour and it was followed by the mime performance by the students of the Department of English Literature, entralling the audience with a meaningful Christmas message.

Following the cultural events the Chief Guest, Rev. Fr. Melcquire addressed the gathering. He delivered a meaningful Christmas message focusing on the purpose of Christmas and the true meaning of Christmas which symbolises Charity and Simplicity. After his address the Chief Guest and the Sister In charge of Shift II distributed the prizes for the Bible day Exhibition held on 6th December 2014. The first prize was bagged by the Department of Mathematics and the second prize by the Department of Business Administration. The Department of Mathematics bagged the Overall Shield for the Bible day competition of Shift II Ms. Sathammai, Student Council member of Commerce, delivered the vote of thanks. The final event was the Christmas carols along with instrumental music. While the Carol team sung melodiously to the instrumental music, Santa Claus arrived with jingling bells and enthralled the audience with his bubbly laugh and merry dance and distributed sweets to the gathering.

Staff Programme

The Christmas celebration for the staff was held with characteristic fervour and grandeur. The celebration was held on 22nd December. Rev. Fr. Victor Prakash OFM. CAP, Director Capuchin Aspirancy, Amalashram, Trichy was the Chief Guest for the yuletide function. His robust rhetoric rang in the loud and clear age old

Christmas message of peace and goodwill. He insisted that in this modern era of mammoth complexities it was still possible to retain what is good and root out the undesirable. Then followed the cutting of the cake by the sisters of the Cross and the Chief Guest, as a traditional mark of festivity. This was followed by the formation of the human crib by the staff from various departments depicting the story of Nativity. The much awaited visit by Santa Claus added the final glitz to the Christmas programme.



Pongal Celebration

Shift I



The Pongal day celebration of our college was held on 13th January, 2015. Dr. Neelakandan, Associate Professor of Tamil, National College, Trichy, was the chief guest of the day. Dr. Latha, Asst. Prof. of Tamil, welcomed addressed the gathering. Rev. Dr. Sr. Lilly V presented the memento to the chief guest.



Prof. Neelakandan stressed on the importance of Pongal and the traditions of Tamilians. The cultural events such as folk dance and skit given by the Departments of Tamil and Visual Communication shed light upon the customs of our state. Ms. Kanchana, from the Department of Biochemistry proposed the vote of thanks and the programme concluded with the college anthem.

Shift II

On 13th January 2015 the Pongal day celebrations of Shift II commenced with the prayer service by the students of the Department of Physics. Ms. Babithra, Asst. Prof. of Tamil, welcomed the gathering. Rev. Dr. Sr. Isabella Rajakumari, Sister In charge of Shift II,

presented the memento to the Chief Guest, Dr. Gopinath, Asst. Prof. of Tamil, Bishop Heber College, Trichy. Ms. Jone Jayashree, Staff Secretary and Asst. Prof. of Mathematics presented a memento to Ms. Dhanalakshmi, Retired employee from the secretariat, Trichy and a person currently practising natural farming.

The cultural events commenced with a dance performance by the students of the Department of English, followed by a thought provoking mime by the Department of Business Administration symbolising the harvest festival of ancient Tamil Nadu. This was followed by a comedy sequence by the Department of Mathematics which was a thorough entertainer. A Skit conveying a meaningful message on the current trend of Agricultural lands being sold for commercial purposes was enacted by the students of the Department of Commerce. Following this the students of the Department of Computer Science entertained the audience with a traditional folk dance.

Following the cultural events the Chief Guest, Dr. Gopinath addressed the gathering. He delivered a thought provoking Pongal Day message highlighting the true meaning of the harvest festival of Tamilians, which he said depicted the hard work and individuality of farmers. Following his speech, the Guest of Honour Ms. Dhanalakshmi shared her experience with the audience about natural farming and its benefits. The Programme came to an end with the vote of thanks by Ms. Premalatha, Asst. Prof. of Tamil.

Republic Day

The Republic day was celebrated in Holy Cross College on 26th January 2015 at 7:30 a.m. The chief guest of this function was Colonel Ravi Thandapani, Commanding officer, four (4) Tamil Nadu, girls battalion NCC.

After a meaningful prayer service and Tamilthaavazhalthu, Ms. Janet Ramya, President of Student Council and senior under officer welcomed the gathering. Secretary, Rev. Dr. Sr. Lilly V. presented the memento to the honourable chief guest. This was followed by the Flag hoisting. Then the chief guest addressed the students and motivated them to pledge that they will save India, they will regain India and reconstruct India. He also stressed that everyone should set a goal and should know her own strength and weakness. He felt sad that although Indians are educated they are not ready to take up any responsibility. He persuaded students to study hard, work hard and become more powerful. He quoted Michel Jackson's words that "we should make our nation a better place to live". He concluded saying 'let us regain India and let us make it more powerful'. The program came to an end with the vote of thanks given by M.S. Preethi, Vice President of Student Council. The gathering dispersed after the national anthem.

Hostel Day

On the eve of 27th February 2015, the hostel day celebration began with the invocation of God's presence followed by camp fire. Our mother superior Dr. Sr. Lilly Varghese was the chief guest. She delivered a thought provoking speech, which enkindled the spirit of celebration. On hostel day 28th Feb at 6.30 am Holy Mass was celebrated by Rev.Fr. Patric, SDB, Director, Vazhikatti, Youth Diversity, Trchy Diocese, along with other priests, in gratitude to God Almighty for his providence, guidance and protection.

The chief guest of the hostel day celebration was Miss. Laura, Professor of English, Bharathidasan University. Her speech was very inspiring and challenging.



Women's Day

Shift I

Women's Day was celebrated on 7th March 2015. The chief guest was Dr. Synthia Mary Mathew, Associate Professor of Psychology, Department of Social Sciences, Lady Doak College, Madurai. She stressed on self actualization and on the maxim for Women's Day which is 'to make things happen'. She stressed on the word 'happen' giving examples of women achievers like Wilma, Ida, Mother Teresa, etc. who were Hopeful, Active, Purposeful, Pro-active, Enthusiastic and left a Name by their work and achievement.

Shift II

On 7th March 2015, the Women's day celebrations of Shift II Commenced with the prayer service by the students of the Department of Mathematics. Ms. Baby

Nirmala, Assistant Professor of Computer Science, welcomed the gathering. Dr. Sr. Isabella Rajakumari, Sister In-charge of Shift II presented the Chief Guest of the day, Dr. Parimala, Associate Professor of Commerce, Bishop Heber College, Trichy, with a memento. Following these events the students carried plug cards of top ten woman achievers in India on stage and enumerated on their achievements. Following this, various cultural events such as Dance Drama, Skit, Folk Dance and Western dance were performed by the students of the Departments of Physics, Maths, Commerce and Business Administration respectively, emphasising on women empowerment. Two poems were recited by the students of the Department of Mathematics, praising women on their greatness.

Following the cultural events the Chief Guest, Dr. Parimala, addressed the gathering. She delivered a meaningful women's day message focussing on the meaning of celebrating women's day and the purpose of women empowerment. She also gave a brief history on woman's status from pre-historical times to the current time. After her address the Chief Guest and the Sister In charge of Shift II distributed the prizes for the prize winning students from various departments in various indoor competitions such as chart painting, speech etc., Following this, Ms. Anu Lakshmi, Assistant Professor of Tamil, Delivered the vote of thanks. The program came to an end as the oath for woman liberation and empowerment was taken by the gathering.



Excursion

Shift II

A one day staff tour to Pondichery on 24th January 2015 was organized for Shift II faculty members of Holy Cross College. An industrial visit to one of the branches of the Oceanna Group, a multinational export industry, exporting various marine products, fruit and vegetable squashes and juices, situated in Marrakkanam a village near Pondichery was also organized by correspondence with the Alumna of Holy Cross College, currently holding the position as C.E.O of the oceanna groups.

As planned, on the early hours of 24th January 2015, the college bus started with 32 of the faculty members along with the Sister In charge of Shift II and reached the Villianoor Mother Mary Shrine in Pondichery. All the members attended the Holy Mass. Photos were taken for a future walk down memory lane. The staff members thoroughly enjoyed the boating trip through the back waters reaching the beach. A few relaxing and refreshing hours were spent on the beach. The group then proceeded to the export industry near Marrakkanam. Rooms for refreshing and also a delicious lunch was arranged for the tour group by the staff members of the industry. After lunch an official visit of the industry was organized starting with a power point presentation about the same and protective masks were given and various working plants such as marine

products processing and juice manufacture were visited. The information about the industrial scenario and process was useful and enriching. The staff members of the industry guided the tour group satisfactorily. After capturing memories through photos around the industry the tour came to an end and the staff reached the college premises around 12 p.m

Parent Forum & PTA

The formal orientation for the parents of all the first year Undergraduate students of our college was held on the 6th of September 2014. The orientation was held in three sessions from 9.00 – 10.00am [Botany, Chemistry and Mathematics]; 10.30 – 11.30am [Zoology, Business Administration, Biochemistry and Commerce] and 12.00 – 1.00pm [Economics, History, Visual Communications and Computer Science]. Around 700 parents attended these three sessions in all.

Dr. Pushparani, Dean of Arts & Associate Prof. of Commerce welcomed the gathering. She explained the history of our college, courses offered in the departments, various activities and functioning of the college. She insisted that the parents check whether the students follow the rules and regulations of the college.

The importance of RESCAPES and village visit was also highlighted by Dr. Lilly Rosari, Dean of Extension Activities and Associate Professor of Commerce. She also encouraged the parents to accompany the students for the visit. The parents were also requested to extend a helping hand in any way if possible e.g. Doctors for medical camp etc. The existence of staff supported Noon Meal Scheme for the needy students and the ICT mode of teaching was also communicated to the parents. Parents were requested to motivate their children to use the library. The purpose of HRD and Placement Cell

was also emphasized. She concluded with a note that SMS alerts on the attendance of their children would be in effect shortly.

Ms. N. Shyamale, Associate Professor of Economics, explained the functioning of EDC. She informed about the various skill based courses offered by the EDC for both the parents and students. She motivated the parents to join the courses and insisted that they encourage their children to join the same. Dr. Francisca, Associate Professor of Zoology thanked all the parents for their valuable presence and requested the parents to join the Parent Forum. About 50 parents volunteered to be members of the Parent forum.

The Parent teachers meet of the various departments was scheduled for the month of January 2015, as per the convenience of the various departments. The meeting was hosted by the various Departments and the progress of the students was discussed. The parents met the mentors of their children. The importance of breakfast and how to handle mobile phone issues were discussed with the parents. In all, it was a meeting to discuss the growth of the wards. Feedback forms were collected from the parents.

The parent forum members were reconstituted with a new group of office bearers this year. The election of the new office bearers was held on 27th February 2015. Mr. Hussain, Proprietor- Ahmed Brothers, was the chief guest and he oriented the parents about the Forum and its activities. The session was followed by a group discussion on the growth of their children, followed by the election of the new office bearers held on 27th February 2015. Mr. Rajendran, parent of Anupriya I BA Economics was elected President, and Mrs. Clara parent of Merlin I B.Com as Secretary. The forum was constituted along with Rev. Dr. Sr. Principal, Dr. Pushparani, Coordinator and Mrs.

Francisca, Dr. Sujatha Ilangovan and Ms. Caroline as core committee members.

Department wise Report of the Annual Parent – Teacher Meeting

Department of Economics

The annual Parent-Teacher meeting was conducted in the department on 16th February 2015. 43 parents participated in the meeting. There was a general briefing to parents on the vital issues of bringing up teenage children, especially girls.

Mrs. Leema Peter emphasized the change in the needs and attitude of the students since 90's and encouraged the parents to be understanding, supportive, encouraging and friendly. She insisted on maintaining inter personal relationships in families and imparting right values by the parents who are the real role models for the students.

After the counseling session by Mrs. Leema Peter, the parents had a separate meet the class teachers and course teachers. The parents were oriented on the need for students on discipline, regularity and punctuality in attending classes. The need for maintaining a regular attendance and producing the leave slip for the days of absence by their ward was emphasized by the Head of Department Mrs. N. Shyamale. A parent also suggested that the Parent – Teacher meet maybe conducted twice a year for each semester to get a better understanding of their wards progress.

A Structured feedback form was distributed to parents to elicit their opinion on various parameters relating to curriculum, teaching – learning practices, extension activities, student support programmes, organization and management practices and healthy practices followed in the department. The responses of the parents have been

compiled and produced in the enclosed sheet.

Department of History

The Parent Teachers Meet of History Department was conducted on 6th September 2014 and all the parents of UG students attended this meeting. In this meeting, the students I Internal Test progress report was given to the parents. The parents shared their opinions and suggestions for the educational growth of the students. They insisted that the extra coaching classes for the students especially for the slow learners must given.

Department of Social Work

Parent teachers association of social work department initiated first round parent teachers meeting on 8th August. Total students strength including I and II year SW were 34, in which 17 student's parents participated. In spite of continuous steering we were able to bring a very small crowd, but it came out effectively with many constructive thoughts and made way to understand the nature of the course and grievances between students and parents were addressed and on the whole this PTA paved as a bridge to accomplish the students curriculum in future days to come. A thorough knowledge of fieldwork components and all the anticipated curriculum events of the department including job placements are disseminated to the parents, which made them to build trust on the two years of learning.

Department of English

The Department of English organized a Parent Teachers Meeting on 4th September 2014 at 12.30 p.m. 151 parents were present for the meeting. The parents interacted with the class teachers and the subject teachers. The I Internal marks were given to the parents. They were asked to fill in the feedback forms and write their suggestions. A few

suggestions that were given - More frequent meetings/ at least per semester, NET and SLET coaching, one rupee coin booth to be installed, Canteen facilities to be improved. The general feedback was that The Parent Teachers Meeting was good and well organized.

Alumnae



The General Alumnae Meet of Holy Cross College was held on 13th December, 2014. The Chief Guest of the day was Ms. Sherine Xavier, Executive Director of the Home for Human Rights, Srilanka, Alumna, Department of Chemistry. The special invitees were Ms. Uma Thirugnanam, Chief Marketing Officer, Infoservices, Bangalore, Alumna, Department of Chemistry and English; Ms. A. Kumaragurubai, Retd. Teacher and the student of Mother Sophie, Founder of Holy Cross College and Dr. V. Tamilselvi, Head of the Department of Nephrology, Christian Medical College, Vellore, Alumna, Department of Economics. It was a joyous gathering for the alumnae, 255 Alumnae were present for the meeting. God's abundant blessings were invoked through a prayer service. The welcome address was delivered by Ms. Vidhya Assistant Professor of English. The minutes were read by Dr. Noreen Antony, Associate Professor of Chemistry and Coordinator of the Alumnae Association. The Newsletter of the Alumnae Association "In Touch" Vol: 8, December 2014 was released by the Principal Rev.

Dr. (Sr.) Jeusin Francis and the first copy was received by The Chief Guest.

Ms. Sherine Xavier in her address thanked the institution for the opportunity and shared her pleasant memories in Holy Cross College. She also said that each individual must revolutionize the world with her magnanimous heart and spread love, joy and peace to the world. Rev. Dr. (Sr.) Jeusin Francis thanked the alumnae for their presence and wished them the best that life could shower on them, in the years to come. The special invitees, Ms. Uma Thirugnanam, Ms. A. Kumaragurubai and Dr. V. Tamilselvi through their message inspired the gathering to look back on the wonderful days spent as students in Holy Cross College.

The Alumnae Association conducted a Group Discussion for the alumnae which made them reminiscence about the glorious days spent at Holy Cross College. Feedback forms were distributed and filled by the alumnae. The Vote of thanks was delivered by Dr. Sagaya Amudha, Assistant Professor of Chemistry. The joyful assembly ended with a group photo.



Marital Counseling

The Alumnae Association conducted a meeting for III Year UG students on 'Marital Counseling' and 'Teenage Health' on 21st November 2014. Dr. P. Poongothai Senthil, Chief Obstetrician, Trichy presided over the meeting, she had given the students a talk about 'Health', the

changes in the adolescence period in structure, function and psychology of the body. She also gave us 10 tips for better health. The next session was on 'Marital Counseling' by Dr. A.R. Syeeda Sheerin, Consultant Psychiatrist, Sana Hospital, Trichy. She also gave seven important points about how to live happily after marriage. She quoted from the Koran 'Man is a Woman's garment'. 'CIPLA' had shown their gratitude by presenting both the doctors with mementos. It was of great help to 730 students in the college.

Career Development Programme Report 2014

The Alumnae Association conducted a meeting for III Year UG Arts students on 'Career Development' on 25th November 2014 and for PG students on 10th January 2015. Mr. Richard Carol Dhanabalan, Director, Sure Job Placements, Trichy was the resource person, he gave an inspiring talk on how to face interviews.

Department Alumnae Meetings

Department of Audiology and Speech Language Pathology

The Department of Audiology and Speech Language Pathology organized a meeting on 14th February 2015 for the BASLP 1st Batch where a discussion on the importance of pursuing further studies and the need for further research in Speech and Hearing field was discussed. 5 students, presently working in a Multidisciplinary team shared their experience about the importance of teamwork in their field. A total of 12 alumnae attended the meeting and the feedback was collected.

Department of Biochemistry

Ms. Kanchana K Pandian, our Alumna of 2008-2011 batch, visited our department on 24th October 2014 and shared her pleasant memories with the

staff and students. She interacted with the students about higher studies and Research activities.

She currently works as a Junior Research Faculty at IIT, Bombay. She also did not fail to appreciate the values and knowledge what she acquired in this department and was acting as the backbone for her present development in the Research Field. She stated that she was very proud to be a part of Holy Cross College. The next alumnae meet was held on 14th February, 2015 (Saturday). Ms. M. Ramya (2004-2007 batch) from HDFC Bank, Srirangam shared her memories which were enlightening for the student audience. She also shared tips about "How to manage the problems in Working Area". There was a healthy interaction and moments of sharing during the meeting.

Department of Biotechnology and Bioinformatics

The PG and Research Department of Biotechnology and Bioinformatics conducted an alumnae meeting on 14th February 2015. About 20 out gone students of PG and Research Department of Biotechnology and Bioinformatics attended the meeting. Ms. Saranya, Project manager, Icon solutions and clinical Research, the former alumnae of our department gave an inspirational talk on Clinical Research. After that an opportunity was given to all the alumnae to share their experiences. At the end of the meeting feedback forms were filled.

Department of Botany

The alumnae meet for both UG and PG was held in the Department of Botany on the graduation day, 14th February 2015. The alumnae in the feedback forms appreciated the teaching methodology, the infrastructure facilities and the discipline of the college.

Department of Business Administration

The Alumnae Association of Business Administration arranged a meeting on 14th February 2015 for the new graduates of the Department. Ms. Rexiline, Co-ordinator of Business Administration, had an interaction with the students and encouraged them to share their pleasant memories in the college. The students also shared about their present higher education and professional experiences.

Department of Chemistry

The Alumnae belonging to the batch 2011-14 met on the graduation day, 14th February 2015. They shared their experiences happily. They recalled the support, motivation and the guidance received from the staff members, throughout their period of study in the college. The Alumnae discussed the challenges which they have to face in the competitive world. Dr. Rosaline Vimala, Assistant Professor of Chemistry, addressed the gathering. She stressed the importance of time management and the ways and methods to manage time judiciously and effectively.

Department of Commerce

The details of alumnae were collected through the present students by distributing the data entry form in the month of November 2014. On 14th February 2015, the new graduates had a get-together in the department of Commerce and shared their memories. They agreed to keep in touch with the college. The alumnae register has been updated, whenever old students of the department visited the department.

Department of Economics

At the department level, Old Students Association Meeting was conducted on 26th August 2014. It was presided over by Ms. Evangeline S.I.S., Associate Professor of Mathematics. She

inspired the students with her excellent speech on “Challenges of Life” & gave valuable information of how to help & love one another”. An alumnae meeting was conducted on 16th December 2014. Ms. Angel Therista, former Head of the Department of Physics was the chief guest. She focused on “Realities of Life”. She advised the students on how to give respect for parents & how to live carefully in the society. On graduation day 14th February 2015 an interaction session was conducted with the outgoing students.

Department of English (Shifts I & II)

The Department of English organized an alumnae meeting on 14th February 2015. Dr. Mary Jayanthi, Assistant Professor of the Department of English addressed the gathering. She spoke on the topic “Life Skills” and urged the students to carry forth the value systems imparted to them by their Alma Mater. Above 50 alumnae attended. The Alumnae meeting for shift II was conducted on 14th February 2015. The chief guest of the meet was Ms. Muthu Selvi, the coordinator, Asst. Prof. of English, Shift II. A lecture was given on Availability of Government vacancies in India.

Department of History

The Alumnae meeting of the Department of History was held on 12th December 2014. More than thirty students belonging to different batches attended the meeting. Nostalgic memories of their stay in the department were recalled by everyone. The get together was meaningful and memorable. Another Alumnae meeting was held on 14th February 2015. About 33 new graduates participated in it. They cherished their past memories and felt delighted to come back to the department. They expressed their gratitude to the alma mater saying that

they learnt a lot during their course of study. Miss. Anita Sheryl, R. Iswarya and Dolly Sharma shared their experiences.

Department of Mathematics

The departmental Alumnae meeting was held on 14th February 2015, on the graduation day. The new graduates 65 of UG (2011-2014) and 25 of PG(2012-2014) gathered in the department for the alumnae meeting. Students shared their fruitful experiences in their college days. They decided to meet once a year and promised to contribute to the department by their educational service to the needy students. One of our prominent alumnae, Mrs. K. F. Mary Latha, Associate Professor, Jayaraj Annapackiam College for women, Periyakulam visited the department after 29 years. She felt happy and proud to meet her teachers.

Department of Physics

On 14th February 2015, the alumnae meet was held for undergraduate, postgraduate and M. Phil students in the department. The students met the staff of the department and acknowledged the work and help of the teacher towards the growth of the students. The students shared their experience and thanked them for their kind support and motivation throughout their course. Students had a nice time with the friends in sharing of the memories of the college. They shared their challenges and gave valuable ideas and suggestions to the friends. Many of the students were pursuing higher studies in various Colleges and Universities. One of the students Ms. G. Sudha is working as a Clerical Assistant in Employment office, Trichy who benefitted through book bank, endowment fund and noon meal scheme and one more student Ms. A. Leela Nithya is working as a Junior Processor in Royal bank of Scotland.

Department of Rehabilitation Science

The alumnae association of the Research Department of Rehabilitation Science has carried out a number of activities in the academic year 2014 – 2015. On 25th January 2015 a reunion meet “Santhipoma II” for the alumni’s was organized by the department. Students from 1983 – 2015 were invited for the meet. Rev. Dr.(Sr.) Jeusin Francis, Principal was honored as the chief guest of the programme, Dr.(Sr.) Elizabeth Rose, Former Principal, Holy Cross College, Dr. (Sr.) Maria Kamalam, Director, Institute of Rehabilitation Science and Dr. Michael Prabhakaran, Former HOD, Department of Rehabilitation Science were the special invitees of the day. The entire alumnae formed a new group named Rehab Babes. The office bearers were nominated and elected based on their seniority. Career opportunities for the present students of the department were also highlighted during this meet. Members of the Rehab Babes initiated and promised to organize the program for World Disability Day on 3rd December, 2015.

Apart from this reunion meet we had alumnae visiting the department for various training programs as professionals. Networks were well established with them for the further functioning of various activities. More than 30 alumnae were guided for employment opportunities in and out of India. Constant information and guidance are provided by the staff to the alumnae over phone and electronic communications.

Department of Tamil

The Department of Tamil organized an alumnae meeting on 9th January 2015. The resource person was Dr. P. Thanapackiam, Associate Professor of Tamil. She spoke on the topic “Communication skills” and the need to take care of ourselves spiritually, emotionally, physically and intellectually.

The students also gave their suggestions. They felt very proud to be a part of our prestigious college. They were happy as they were well placed in various institutions.

Department of Visual Communication

The Department of Visual Communication organized its alumnae meet for the fourth consecutive year on 14th February 2015. About 22 alumnae participated with great enthusiasm. The function was headed by Rev. Fr. Paulraj HOD of visual communication and M. Sindhuja Technical Assistant, Dream Zone an alumna of the department presided over the programme. In her speech she said that Visual Communication students of the college have already started to make a mark in the media industry. She added that it is very important that alumnae take up a lead role in promoting the department and the students. The meeting ended with a promise of the alumnae to give the full support to department.

Department of Computer Science

Department of Computer Science organized an Alumnae Meet in the month of August 2014. Thirty alumnae attended the meeting and shared their experiences in the College and in their working place. The motto of Alumnae Association “Helping the Poor through Alumnae Association” was emphasised. The next meeting was conducted on 14th February 2015. Ms. Bhuvaneshwari, B.C.A (Batch: 2011-2014), working in Wipro Technologies, Chennai as a developer shared her experiences with the fellow students. The Under Graduate and Post Graduate students enthusiastically discussed with her, about the placement and industrial experience. The alumnae were very grateful to the College for equipping and providing them with the much needed confidence which helped them to combat the challenges and problems in the Industry. Apart from these

formal meetings, most of the alumnae often visit the Department and meet staff informally and share their happy and challenging moments of their lives.

Department of Zoology

Alumnae Association of the Department of Zoology had its meeting on 19th July 2014 for the academic year 2014-15. The gathering paid the respectful homage to Dr. P. Daisy, former Head of the department, who died in a road accident during the third week of June 2014. Rev Sr. Dona, former HODs, senior professors, alumnae and present students were the participants of the meeting. To mark the valuable services rendered by Dr. P. Daisy to the students’ community and to this temple of learning, the alumnae unanimously decided to start an endowment fund in her name that shall provide financial assistance to the underprivileged students. In view of this, a three member committee was constituted. The next alumnae meet was held on 14th February 2015. Alumnae submitted the feedback forms duly filled in. Besides, they all were happy to discuss their current status.

Valedictory

The valedictory of all the associations of the college was held on 10th March 2015. The chief guest was Dr. K. Kala, Joint Director of Collegiate Education, Tiruchirappalli Region. She delivered the valedictory address. She congratulated the prize winners and distributed the prizes and certificates to 328 students.



College Day Mass

The college day mass was celebrated on 12th March 2015. The main celebrant was Rev. Fr. Joseph SJ. He reminded the students about the importance of education and the values they imbibed in college, which they should cherish and uphold in life.

Endowment

My sincere thanks to the following staff / alumnae for their generous contributions towards endowments

- ◆ Mr. G.J.B. Christopher Memorial Endowment Prize (Father of Mrs. Beulah Moses) Associate Professor of History, for Poor students of III B.A. History (Rs. 40,000/-)
- ◆ Endowment Lecturer Fund for Chemistry Department (Rs. 1,00,000/-)
- ◆ Sr. Regina, Sr. Estelline Endowment Lecturer Fund for Tamil Department (Rs. 50,000/-)
- ◆ Prof. Ms. Jeya Marie Memorial Inter Debate in the Botany (Rs. 15,000/-)
- ◆ Ms. Theramma K. Endowment for poor students Chemistry Department (Rs. 20,000/-)
- ◆ Blossom School Endowment Fund for Blossoms Poor Students (Rs. 30,000/-)
- ◆ Dr. P. Daisy Memorial Endowment fund of Rs.2 lakhs contributed by the research scholars and well-wishers of Late. Dr. P. Daisy for the benefit of financially poor students of the Department of Zoology and also to honor young scientists for their research achievements in the field of Life Science with “Dr. P. Daisy Gold Medal Oration Award” in consecutive academic years.
- ◆ Mrs. & Mr. Manuel Memorial Fund of Rs. 20,000/- (Parents of Dr. S.M. Pushparani, Associate Professor of Commerce) for II & III UG Catechism prizes.

Farewell

Teaching staff

Four teaching staff retired after many years of committed service to the institution and to the student community

- Dr. Roseline A, Associate Professor and HOD of Botany
- Dr. Rajathi A, Associate Professor of Zoology
- Dr. Regina Dorothy, Associate Professor of English
- Ms. Rajeswari Suriyanarayanan, Associate Professor and HoD of Economics

Administrative staff

Five administrative staff retired after several years of loyal service to the institution

- Ms. Powline Glory Martin, Junior Assistant
- Ms. Josephine Theresa Mary, Assistant
- Ms. Mahalakshmi. R, Typist
- Ms. Auxilia, Junior Assistant
- Ms. Saghaya Mary T, Superintendent

Two administrative staff Mr. Masilamani Leo, Assistant and Ms. Adaikalarani D, Assistant, will retire in April 2015. Two more non-teaching staff Ms. Amalorpava Mary, Store Keeper SG – Department of Chemistry and Ms. Celestine Auxilia Mary, Lab Assistant – Department of Zoology will retire in May 2015.

I appreciate and thank them for their generous service and wish them God’s abundant blessings and guidance in their new avenues after retirement.

Obituary (Dr. Daisy)

God loved the Holy Crossian Daisy flower that bloomed and spread its fragrance in the campus that He chose her to be His Angelic Ambassador to do His heavenly work even before her earthly race was run to the finish. We regret the sudden untimely and unexpected demise of Dr. Daisy, HoD of Zoology (along with her husband and mother), in a road accident near Oorkudi in Thiruvavur District, on 22nd June 2014.

A Condolence meeting was conducted on 23rd June 2014 to mourn the sudden and unexpected death of Dr. Daisy, Dean of Science and head of the Department of Zoology and Co-ordinator of Department of biotechnology and Bioinformatics who passed away on 22nd June 2014 in a fatal road. All the students and staff were grief-stricken and a solemn prayer meeting was conducted, remembering the achievements and the noble personal qualities of Dr. Daisy.

Staff and students paid homage to the Dear departed with tears in their eyes and sorrow in their heart. Dr. Rajathi as a teacher, friend and colleague expressed Dr. Daisy's generosity spirituality, concern and love for others and also her passion for building up the college to greater heights of excellence. Mrs. Regina Dorothy of the English Department spoke with a heavy heart about how Dr. Daisy helped her in her personal life through her powerful prayer. All prayed for the repose of the souls, speedy recovery of her second son Samson, the sole survivor of the accident and strength and consolation to the bereaved family members. A holiday was declared on 23rd June 2014 as a mark of respect.

Thank You

Gratitude is appreciation of the goodness in action and in others, communicated in the right attitude of joy.

All good things well begun and well done must come to an end with the attitude of thanks giving. Now is the time for me to express my deep sense of gratitude to every individual who gave a helping hand for the successful accomplishments of all the activities of this academic year.

At the outset I express my heart felt gratitude to the chief guest of today's function, for his presence, enlightening and appealing college day address and for the active participation in the prize distribution to the achievers and prize winners of this year. Thank you sir! I am greatly indebted to Rev. Dr. (Sr.) Rosy, our Provincial, for her encouragement and prayer support. My sincere thanks to our Secretary, Rev. Dr. Sr. Lilly .V, for her generous help extended to me for the progress of the institution.

I thank Rev. Dr. Sr. P. Rajakumari, Vice-Principal and in charge of shift II, for her co-operation and support. I also thank Sr. Georgia, Controller of Examinations, Rev. Sr. Petronilla, our Campus Minister and the sisters of the community for their good wishes and prayerful support. I acknowledge with deep gratitude the unconditional and timely help, I received from the four VPs, for their support in the conduct of academic programmes. My heartfelt thanks to the Deans, Heads of the various departments, staff in charge of various associations, staff both teaching and administrative, Student Council members, and all who willingly worked with me for the progress of the students and the welfare of the college. I specially thank the wardens, Sr. Jesusavari, Sr. Catherine Savarimuthu, Dr. Sr. Rajakumari and Sr. Judy Gomez for their concern and care for the hostel students and for their co-operation. I am happy to thank the media personnel and technical staff, for their service and help.

I place on record my gratitude to the Vice-Chancellor, Registrar and staff of the

Bharathidasan University for their support. I also thank the Regional Joint Director and Staff, the Bank officials, Transport and Corporation authorities, District Collector, and Department of Law and Order, for their generous help.

I am thankful to UGC and other organizations for the financial support provided for various projects. Words are inadequate to express my thanks, to the Almighty God, the source of all help, guidance and protection.

I humbly bow before him and praise and thank Him for the success of this academic year, for the smiles and cheers that shone like a rainbow amidst our sorrows and tears as we remembered and paid homage to two dear departed souls, late Rev. Sr. Humbelin and late Dr. P. Daisy. I also thank God for the success of this college day. Finally I end with the words of the Psalmist “How precious O God is your constant love” (Ps 36:7.)

