

Profile

Name : Raslin Shifana R
D.O.B : 23-04-2002
Father's/Mother's Name : Raja Mohammed
Sex : Female
Languages Known : Tamil, English, Hindi, Kannada
Religion/Community : Muslim
Address for communication : Koppavali, Anbil Main Road,
Lalgudi, Trichy.
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Educational Qualification:

Sl. No.	Degree/Diploma	Name of the Institution	Year of Passing
1.	B.Sc. Psychology	Alagappa University, Karaikudi	2022
2.	M.Sc. Counseling Psychology	St. Joseph's College, Trichy	2024

Work Experience:

- ❖ Freelance tutor for psychology, Online, 2 years.
- ❖ Intern at Sneka Mind Care Hospital, Tirunelveli, 2 months.
- ❖ Intern at Institute of Mental Health, Kilpauk, Chennai, 1 month.

International/National conferences Attended:

- National Conference on "Mind-Body Interaction" by Christ University, Bengaluru.
- International Conference on "Bridging Frontiers: Multidisciplinary Innovations in Science and Society" by Dhanalakshmi Srinivasan College, Perambalur.

Workshops Attended:

- Workshop on "Disability Assessment and Certification in Children" organized by Thoothukudi Government Medical College, Thoothukudi.
- Workshop on "Essential Skills for Practicing Psychologists" organized by IMHAPS, Coimbatore.
- Workshop on "Healing the Inner Child" organized by Holy Cross College (Autonomous), Trichy.

Professional Workshop Attended:

S.No.	Workshop/Seminar	Year
1.	Neuropsychological Assessment	2023
2.	Grief and Trauma Therapy	2023
3.	Neuro Linguistic Programming	2023
4.	Art Therapy	2023
5.	Alcoholic Anonymous Group	2023
6.	Family Therapy	2024

Conference /Workshops organized:

- State Level workshop on “Healing the Inner Child” (Hands on Training) by Dept. of Psychology, Holy Cross College, Trichy

Resource person for Workshops:

- Workshop on “Major life transitions and mental health” organized by NEST Trust, Tiruppur.

Papers presented:

S.No.	Conference	Paper Presented
1	International Conference on Bridging the Frontiers: Multidisciplinary Innovations in Science and Society	Effectiveness of REBT on Scholastic Performance

DECLARATION

I hereby declare that the information furnished above is true and correct to the best of my knowledge.