

## Profile

Name : Raashmikha S  
D.O.B : 13-03-1999  
Father's/Mother's Name : S. Sivakumar/ V. Saraswathi  
Sex : Female  
Languages Known : Tamil, English  
Religion/Community : Hindu/BC  
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### Educational Qualification:

Sl. No.	Degree/Diploma	Name of the Institution	Year of Passing
1.	M.Phil. Psychology	Annamalai University, Chidambaram, TN.	2023
2.	M.Sc. Applied Psychology	Avinashilingam University, Coimbatore, TN.	2021
3.	B.Sc. Psychology	Avinashilingam University, Coimbatore, TN.	2019

### Work Experience:

Year	Work	Institution
2023 Onwards	Assistant Professor, Dept. of Psychology	Holy Cross College, Trichy

### Job Profile:

- Papers handled for PG: Theories of Personality  
Psychometric methods  
Social Psychology
- Papers handled for UG: General Psychology  
Counselling Psychology

**International/National conferences Attended:**

- “National Seminar on Parapsychology” at Sacred Heart College, Thirupattur.
- “National Conference on Recent Trends in Psychotherapy” at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- International Multidisciplinary Conference on “ Embracing the future with Advances in Science and Technology” – ICEFAST 2024 organized by Ethiraj College for Women, Chennai.

**Workshop Attended:**

- Live life Education Programme conducted by Live Life Education Pvt. Ltd at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- Workshop on “Sustainable Strategies to Strengthen Mental Health” at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- Two days Workshop on “Healing the Inner Child”, organized by Department of Psychology at Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- UGC Stride Sponsored Five day Training Programme on “ Environmental Sustainability and Research Ethics” conducted by Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- Workshop on “Orientation to Learning Disability” at Krishna Academy of Human and Behavioural Science, Coimbatore.

**Conference /Workshops organized:**

- State Level workshop on “Healing the Inner Child” (Hands on Training) by Dept. of Psychology, Holy Cross College, Trichy
- Workshop on “Body Never Lies” by Dept. of Psychology, Holy Cross College, Trichy
- Conference on” Psychology – A Positive and Holistic Approach towards Enhancing Quality of Life”, Dept. of Psychology, Holy Cross College.
- Workshop on “Art and Play Therapy” by Dept. of Psychology, Holy Cross College, Trichy
- Two days’ workshop on SPSS conducted by Dept. of Psychology, Holy Cross College, Trichy.

**DECLARATION**

I hereby declare that the information furnished above is true and correct to the best of my knowledge.