PROFILE



Dr.R.GOMATHI Email:gomathi.biochemistry@gmail.com

Educational Qualifications

Biochemistry

Ph.D: Avinashilingam University For Women, Coimbatore-43, Tamil Nadu, India. (2012-2016, Awarded February, 2017)

M.Phil: Avinashilingam University ForWomen, Coimbatore-43, Tamil Nadu,India. (2010-2011)

B.Ed: Sri Saradha College of Education, Salem, TamilNadu(2009-2010)

M.Sc: Shrimati Indira Gandhi College, Trichy (Affiliated to Bharathidasan University, Trichy, Tamil Nadu, India) (2007-2009)

PGDBI: Shrimati Indira Gandhi College, Trichy. (Affiliated to Bharathidasan University, Trichy, Tamil Nadu,India)(2008-2009)

B.Sc: SeethalakshmiRamaswamiCollege,Trichy. (Affiliated to Bharathidasan University, Trichy, Tamil Nadu,India)(2004-2007)

Area of interest

- ➤ ClinicalBiochemistry
- > Bioinstrumentation Techniques
- ➤ HumanPhysiology
- ➤ Cell biology
- > Endocrinology

Work experience:

- Worked as TA (Technical Assistant) under the DBT funded project entitled "National Certification System for Tissue Culture Raised Plants (NCS-TCP)" in the Department of Biotechnology, National Research Centre for Banana, Trichy for 9 months.
- Worked as an Assistant Professor at Holy Cross College, Trichy from September 2017-June 2019.
- Currently working as an Assistant Professor in the Department of Biochemistry,
 Holy Cross College, Trichy from August 2020 to till date.

Publications

- ✓ **Gomathi, R**, Priyadharshini, T, Kirithika, TandK.Usha, Phytochemical screening and free radical scavenging activity of *Medicago sativa* leaves, International Journal of Pharmaceutical Research and Bio-Science, 2013, 2(4): 29-38.ISSN No. : 2277-8713, Impact factor: 0.525, Index Copernicus Value: 4.99
- ✓ **Gomathi, R**, Vijipriya, M and K.Usha, Cardioprotective effect of ethanolic extract of *Medicago sativa* stem on isoproterenol induced myocardial infarction in Wistar Albino rats, International Journal of Pharmacy and Pharmaceutical Sciences, 2014, 6(2): 839-842. ISSN No.: 0975-1491, Impact factor:1.5.
- ✓ Kirithika, T, ThoudamBhaigyabati, **Gomathi, R** and Usha, K,Preliminary phytochemical screening and antioxidant property of various extracts of *Albiziasaman*leaves, International Journal of Pharmaceutical Research and Bio-Science, 2013, 2(1): 315-323. ISSN: 2277-8713. Impact factor: 0.525, Index Copernicus Value: 4.99
- ✓ Kirithika, T, **Gomathi, R** and Usha, K,Cardio protective effect of *Nelumbonucifera* flower extract against isoproterenol induced oxidative stress in male swiss albino rats, International Journal of Recent Scientific Research, 2013, 4(7), 1056–1059. ISSN No: 0976-3031, Impact factor 1.136, Index Copernicus International Value5.72.
- ✓ Kirithika, T, ThoudamBhaigyabati, **Gomathi, R** and Usha, K, Preliminary phytochemical screening and free radical scavenging activity on aerial plant of *Nelumbonucifera* flowers, American Journal of PharmTech Research, 2013, 3(2), 660- 665. ISSN: 2249-3387. Impact Factor: 0.9832, Index Copernicus Value: 6.55.
- ✓ Gomathi, R, Banu, S and Usha, KPhytochemical analysis and *in vitro* free radical scavenging activities of *Medicago sativa* seeds, Kongunad Research Journal, 2015, 2(1), 128-132. ISSN No:2349-2694 (In-House Journal)
- ✓ **Gomathi, R,**Banu, S and Usha, K, Phytochemical analysis and free radical scavenging potential of *Medicago sativa* Linn seeds, International Research Journal of Pharmacy, 2016, 7(6), 71-76. ISSN: 2230-8407. Impact Factor: 0.751, Index Copernicus Value:

- ✓ Prudence Elizabeth Savielle, A.K.UmeraBegam and **R.Gomathi**, HPTLC fingerprint profile and Evaluation of Invitro-antioxidant and Anti-microbial activity from the rhizome of *Zingiberofficinale*, Academia and Society, 2019-20, 6(1&2), ISSN:2393-9419
- ✓ **R.Gomathi**, K.Nithyasri, J. Roshika, K. Subhapathi and P. Priyadharshini, *In vitro* antidiabetic and antioxidant activities of aqueous and ethanolic extract of *Vitisvinifera* seeds, International Journal of Pharmaceutical Sciences and Research, 2022, 13(4), 1765-1770, ISSN No:2320-5148.
- ✓ SugunadeviGovindasamy, Suresh Kathiresan and **Gomathi Rengaraj**, *In vitro* inhibition of growth and induction of apoptosis by Mosinone-A in HEp-2 oral cancer cells, 2023, 13(2) L133-L139, doi 10.22376/ijlpr.
- ✓ **Gomathi R,** Phytochemical Analysis and Free Radical Scavenging Activities of Aqueous and Ethanolic Extracts of *Cissus quadrangularis*, 2024, 13(4): 1994-2006. ISSN: 2277–4998.

Monograph

❖ Protective chemicals on salt stressed banana plants: Biochemical studies on abiotic stress protective chemicals on salt stressed banana plants, July 7, 2011, LAP LAMBERT Academic Publishing, Germany, ISBN: 978-3-8454-0856-9.

Chapters in books

- ✓ **Turning Plant into Medicine- Novel Approaches** "Phytochemical Screening and Free Radical Activity of Selected Medicinal Plants", **R.Gomathi**and K.Usha, New India Publishing Agency, New Delhi, India,2013, 193-202**ISBN 978-93-81450-46-8.**
- ✓ Global Opportunities for Recent Developments in Science and Technology"Phytochemical analysis and free radical scavenging activities of *Medicagosativa*root",
 R.Gomathiand K.Usha published by Department of Biochemistry, Rev.Jacob Memorial
 Christian College, Ambiliikkai-12, 2014, B 141- B 144, ISBN:978-93-82323-26-6.
- ✓ Botanicals and phytochemicals: The Challenges and Promise for Health Care and Drug Development- "Phytochemical analysis and free radical scavenging activities of *Medicago sativa* germinated seeds", **R.Gomathi**and K.Usha published by Department of Biochemistry, Rev.Jacob Memorial Christian College, Ambiliikkai-12, 2016, C 148- C 151, **ISBN:978-93-82323-60-0**.
- ✓ ICMR sponsored National Conference on Challenging Issues and Technological approaches in Medicine- "In silicostudy on the interaction of bioactive compounds from Medicago sativa leaves with myocardial targets", R. Gomathi, Bharathi K and Usha K published by Department of Science and Humanity, Faculty of Engineering, Avinashilingam University, 2016, 105-108, ISBN81-8446-755-9.
- ✓ Recent Advances In Pharmaceutical & Medical Sciences "In vitro Antidiabetic and Antioxidant Activities of Aqueous and Ethanolic Extract of Vitisvinifera Seeds", Dr.R.Gomathi, K.Nithyasri, J.Roshika, K.Subhapathi and P.Priyadharshini, Published by

Faculty Development Program:

- ✓ One week online **Faculty Development** Program on "Artificial Intelligence and IoT-Heuristic Transdisciplinary Perspectives" organized by CICRSD, **Holy Cross College**, Trichy, 4th-10th July 2020.
- ✓ National Level **Faculty Development Program** organized by Centre for Human Resource Development in association with Department of Biotechnology (FASH) **Karpagam University**, Coimbatore, 3rd -9th August 2020.
- ✓ National Level 5- Day Online interactive FDP on "Web Apps and E-content development for Digital Learning" organized by Institute of Advanced Studies in Education, Agartala in association with Department of Education Technology, Bharathidasan University, Trichy, 25th 29th May 2021.
- ✓ One Week online National faculty level program on MOOCS and e-content development jointly organized by Holy Cross College, Tiruchiappalli and Guru Angad Dev Teaching Learning Centre under the Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching (PMMMNMTT) of Ministry of Education, SGTB Khalsa College, University of Delhi 29th April − 5th May 2023.
- ✓ NPTEL-AICTE Faculty Development Programme on Enhancing Soft Skills and Personality February-April 2024.

Refresher Course:

✓ One month STC Program on Innovative Teaching and skills for online classroom organized by Tamil Nadu Open University from March to April 2021.

NPTEL Online Course:

- ✓ Introduction to Cell Biology from August–October 2022.
- ✓ Enhancing Soft Skills and Personality February-April 2024.

Resource Person:

✓ Acted as a **Judge for Mono act and mimicry** in District level Cultural festival 2022-23 organized by the **Department of School Education, Tamil Nadu Government.**

Organizing Member:

✓ International Conference on "New Vistas in Life sciences", 11th September,2018,Holy

Cross College Trichy.

✓ International Conference on "Future Prospects in Cancer Nanotechnology"21st February, 2023organized by the Department of Biochemistry, Holy Cross College, Trichy

Membership:

✓ Life Time Member in National Academy of Biological Sciences (NABS)

Leadership Development:

- ✓ Institutional Core Committee Member of NAAC Criterion 7
- ✓ Coordinator of Youth Red Cross

Projects undertaken:

✓ Seed grant Project from Holy Cross College, Trichy during 2021-2022 **Title:** Phytochemical analysis and antioxidant activity of *Cissusquadrangularis L.*,

International conferences:

- ✓ International Conference on "Global competitiveness in Biology, Chemistry and Environment: for a Better Tomorrow" Proteofest 2011, 3rd Feb, 2011, organized by the Dept of Biochemistry, Rev. Jacob Memorial Christian College, Ambilikkai-12
- ✓ The 99th Indian Science Congress Association, 3-7th Jan, 2012, KIIT University, Bhubaneshwar, Orissa "Cardioprotective effect of methanolic extract of *Nelumbonucifera* flowers (MNnF) and *Allium cepa* bulbs (MAcB)"
- ✓ The 100th Indian Science Congress Association, 3 –7th Jan, 2013, Kolkata University, Kalkata "Phytochemical analysis and free radical scavenging activities of *Medicagosativa*leaves".

- ✓ International Symposium on "Free Radical Damage and Herbal Antioxidants in Health and Disease" (Satellite Conference of the Society for Free Radical Research (SFRR SATCON)), 4-5th Feb, 2013, Avinashilingam University for Women, Coimbatore-43— "Phytochemical analysis and free radical scavenging activity of *Ficus religiosa*".
- ✓ International Conference & Workshop on "Advances in Biomolecular Sciences & Analytical NMR", 25- 27th August 2014, SrimadAndavan Arts and Science College, Trichy-5.
- ✓ International Conference on "Translational Cancer Research", 14–16th, Dec, 2015, Avinashilingam University for Women, Coimbatore-43.
- ✓ International Conference on "Herbal and Natural Components as the Future of Pharmacology" and 7th Annual Meet of the National Society of Ethnopharmacology, 2017, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- ✓ International Conference on "New Vistas in Life sciences", 11th September,2018,Holy Cross College Trichy.
- ✓ International Colloquia on "Bionanomaterials and Bionanotechnology (ICBB'18)", 2018, St. Joseph's College, Trichy.
- ✓ International Virtual Conference –"TRIES 2021", 28th 30th September 2021 organized by UGC Stride Component 1 & Holy Cross Incubation & Innovative Council (HCIIC) Holy Cross College, Trichy. (Presented a Paper entitled "A Review on Poly-Herbal Formulation")
- ✓ International Conference on "Recent Advancements in Therapeutics ICRAT-2022", 17th August 2022, Shrimati Indira Gandhi College, Trichy.
- ✓ International Conference on "Articulating Multidisciplinary Research and Grant Proposal" (ICAMRGP-2022), 19th and 20th October 2022, Srinivasan College of Arts and Science, Perambalur-12.
- ✓ International Conference on "Future Prospects in Cancer Nanotechnology", 21st February, 2023 organized by Department of Biochemistry, Holy Cross College, Trichy.

National conferences

- National conference on **Biorevolution "A Promising Strategy",11th Feb, 2011**, organized by Department of Biosciences, Sri Krishna Arts and Science College, Coimbatore-8- "*In vitro* free radical scavenging activity and the effect of *Medicagosativa*leaves on lipid profile changes in Swiss Albinorats".
- National conference on "Phytomedicine", 4-5thOctober, 2012, organized by Department of Botany, School of Life Sciences, Bharathiyar University, Coimbatore- "Phytochemical screening and free radical scavenging activity of medicinal plants".

- National seminar on "The Applications of Chromatography for Bioscience Explorations Related to Defence Research", 5-7th December, 2012, organized by School of Biosciences, Dr.G.R. Damodaran College of Science, Coimbatore- "GC-MS analysis of methanolic extract of *Nelumbonucifera* flowers".
- National conference on Biorevolution "A Promising Strategy",13th Feb, 2013, organized by Department of Biosciences, Sri Krishna Arts and Science College, Coimbatore-8.
- National level paper presentation competition on "Biovision2013", 24th October, 2013, organized by Department of Zoology, Mercy College, Palakkkad, Kerala.
- CSIR sponsored National Conference on "Global Opportunities for Recent Developments in Science and Technology", 8th Feb, 2014, organized by Department of Biochemistry, Rev.Jacob Memorial Christian College, Ambiliikkai-12- "Free radical scavenging potential of Medicago sativa seeds".
- DST-sponsored two days national level conference on "Advanced Developments of Medicinal Chemistry in Target Drug Design", 11and12th September, 2014, organized by Department of Chemistry, Kongunadu Arts and Science College, Coimbatore-29.
- 3rd National Conference on "Botanicals and phytochemicals: The Challenges and Promise for Health Care and Drug Development", 4th February, 2016, organized by Department of Biochemistry, Rev.Jacob MemorialChristian College, Ambiliikkai-12.
- ICMR Sponsored National Conference on "Challenging Issues and Technological Approaches in Medicine- CITAM 2016" 19 and 20th February, 2016, organised by Department of Science and Humanities, Faculty of Engineering, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore.
- One day Conference on "Challenges and Opportunities in Life Sciences" organized by the School of Life Sciences, Holy Cross College, Trichy, 15th January, 2023.

Seminars

- ✓ Regional level seminar on "Emerging trends in Biochemistry and Hospital Management", 26th Sep 2008, organized by Indian Medical Association, Trichy Branch, Departments of Biochemistry & Hospital Management of Shrimati Indira Gandhi College, Trichy-2.
- ✓ UGC seminar, 19th Apr, 2010, organized by Sri Saradha College of Education, Salem-16
- ✓ National seminar on "Computational Biology",16th March, 2011, Avinashilingam Deemed University for women, Coimbatore, sponsored by University grants commission & Society of Biological chemists (India), Coimbatore chapter.
- ✓ National Seminar on "The Applications of Chromatography for Bioscience Explorations Related To Defence Research", 5th -7th Dec, 2012, Dr.G.R.Damodaran College of Science, Avinashi Road, Coimbatore-14. (Indian Academy of sciences, Bangalore), (Indian National Science Academy, New delhi) & (The National Academy Of Sciences, Allahabad).

✓ One day seminar on "Breakthroughs and Boulevards in Biosciences", 2016, Avinashilingam Deemed University for Women, Coimbatore-43.

Symposia:

- ➤ International Symposium on "Free Radical Damage and HerbalAntioxidants in Health and Disease", 2013, Avinashilingam Deemed University for Women, Coimbatore-43.
- ➤ One day students symposium on "Cutting Edges in Biotechnology", 2014, Avinashilingam Deemed University for Women, Coimbatore-43.
- > International Scientist Meet on "Genetics and Health Care",2021, Holy Cross College, Trichy

Workshop

- ➤ Two Day Workshop on "Electrophoretic Techniques" organized By Department ofBiochemistry, 9th -10th Aug, 2005, SeethalakshmiRamaswami College, Trichy-2.
- ➤ DST-CURIE sponsored National workshop on "Basics in Animal Tissue Culture and Phytochemical analysis" 22-27thNov, 2010, Avinashilingam Deemed University for Women, Coimbatore-43.
- ➤ National workshop on "Path Finder-Explore, Experiment, and Elucidate research: A Colloqium-2010", 22-23 Dec, 2010, Avinashilingam Deemed University for Women, Coimbatore-43.
- Two Day "Science Acadamies" Lecture Workshop on "Prospects And Future Challenges in Plant Biotechnology" 18-19th March, 2011, Dr.G.R.Damodaran College of Science, Avinashi Road, Coimbatore-14. (Indian Academy of sciences, Bangalore), (Indian National Science Academy, New Delhi); (The National Academy of Sciences, Allahabad).
- > Two Day workshop on "Research ethics and Post-Research Perspectives", 10th and11th Aug, 2011, Avinashilingam Deemed University for Women, Coimbatore-43.
- ➤ Three days workshop on "Path Finder-Explore, Experiment, and Elucidate research",7th -9th Feb, 2013, Avinashilingam Deemed University for Women, Coimbatore-43.
- ➤ Workshop on "Handling Data UsingSPSS", 2014, Avinashilingam University for Women Coimbatore- 43.
- ➤ Hands-on Training on "Chromatography System",2014, Avinashilingam University for Women, Coimbatore- 43.
- ➤ UGC sponsored –Student's Workshop on "Quality Education for All"2014, Avinashiling am University for Women Coimbatore- 43.

- ➤ Workshop on "Bioethics inResearch" 2014, AvinashilingamUniversity forWomen, Coimbatore-43.
- ➤ Three-Day workshop on "Molecular Modeling and Computer-Aided Drug Discovery" 2015, AvinashilingamUniversity forWomen, Coimbatore-43.

Webinars:

- ➤ One week online Faculty Development Program on "Artificial Intelligence and IoT-Heuristic Transdisciplinary Perspectives" organized by CICRSD, Holy Cross College, Trichy, 4th-10th July 2020.
- ➤ National Level Faculty Development Program organized by Centre for Human Resource Development in association with Department of Biotechnology (FASH) Karpagam University, Coimbatore, 3rd -9th August 2020.
- ➤ National Level 5- Day Online interactive FDP on "Web Apps and E-content development for Digital Learning" organized by Institute of Advanced Studies in Education, Agartala in association with Department of Education Technology, Bharathidasan University, Trichy, 25th 29th May 2021.
- NationalWebinar on "Academic Writing And Research Publication In Indexed Journals", organized by Centre for Applied Research, The Gandhigram Rural Institute (Deemed to be University), Gandhigram 624 302, Dindigul District, Tamil Nadu 28&29 July, 2022

Model Presentation:

> Presented Model in "Bio-Expo", 2007, Shrimati Indira Gandhi College, Trichy 2

Hands-on Workshop:

✓ **Principles, Application and Troubleshooting on HPLC&HPTLC at CM Block,** University College of Engineering, BIT Campus, Anna University, Trichy, 24th February, 2023.

E-Content Developed:

> 5 modules

Achievements

- ✓ National Level Paper Presentation Competition, "Biovision 2013", 24thOctober, 2013, organized by Department of Zoology, Mercy College, Palakad, Kerala-6. SECOND PRIZE for oral presentation entitled "Phytochemical analysis and free radical scavenging activities of *Medicago sativa*stem".
- ✓ CSIR sponsored National Conference on "Global Opportunities for Recent Developments in Science and Technology", 8thFeb, 2014, organized by Department of Biochemistry, Rev.JacobMemorialChristian College,Ambiliikkai-12. BEST PAPER AWARD for oral presentation on "Phytochemical analysis and free radical scavenging activities of *Medicago sativa*root".

✓ Ministry of AYUSH, UGC and CSIR sponsored International Conference on "Herbal and Natural Components as the Future of Pharmacology and 7thAnnual Meet of the National Society of Ethnopharmacology" organized by Department of Biochemistry, Biotechnology and Bioinformatics, Avinashilingam University, Coimbatore. BEST PRESENTATION AWARD for oral presentation on "In vitro antioxidant activity of Medicagosativa"

Research Experience

Ph.D Project

• Cardioprotective effect of the ethanolic extract of *Medicago sativa*leaves

M.Phil., Project

• Cardioprotective effect of methanolic extract of *Nelumbonucifera* flowers (MNnF) and *Allium cepa* bulbs (MAcB), Avinashillingam University, Coimbatore.

M.Sc., Project

• Biochemical studies on abiotic stress protective chemicals on salt stressed banana plants, National Research Centre for Banana, Trichy.

Seed Grant Project (Institute Project)

• Phytochemical analysis and antioxidant activity of *Cissusquadrangularis L.*,(2021-22)

Projects Guided:

Mini Project

- 1. Modified *In vitro*Hepatoprotective Activity of Ethanolic Seed Extract of *Artocarpus heterophyllus*on Hydrogen peroxide Exposed Liver Tissue (**April 2018**)
- 2. A Comparative Study of Antioxidant and Antimicrobial Activity of Bark Extract of *Saracaasoca* and *Terminalia Arjuna*(April 2019)
- 3. Antidiabetic and Antioxidant Activities of Aqueous and Ethanolic Extract of *Vitisvinifera* Seeds (March 2021)
- 4. Phytochemical Analysis and Antioxidant Activity of Marsilea crenata Leaves (April 2022)
- 5. An Investigation on Microplastic Contamination from the Freshwater and Groundwater Environment of Tiruchirappalli District (April 2023)
- **6.** Anti-oxidant, Anti-inflamatory, Anti-arthritic and Anti-microbial activity of *Solanum trilobatum* Leaves Under In Vitro Study (**April 2024**)

M.Sc., Project

1.Phytochemical Analysis and *In vitro* Antioxidant Activity of *Marsilea crenata* Leaves (April 2022)

- 2.An Investigation on Microplastic Contamination from the Freshwater and Groundwater Environment of Tiruchirappalli District (April 2023)
- 3. Development of an effective Bio-foe compound from Azospirillin, Glucano azatobacter and

Methylobacter in the disease resistance of *Gossypium herbaceum* and *Nicotiana tabacum* (April 2024).

Patent:

Published -Registered in the year 2024 (Design no: 426003-001) Apparatus for Phytochemical Detection of Crude Drugs (6.8.2024).

Technical sets

- High Performance Thin Layer Chromatography
- PCR
- Electrophoresis