

A.3.2 EARLY IDENTIFICATION PROGRAMS/PROMOTION OF INCLUSION

2025- 2026

PROGRAMME 1

Report on the Medical Camp at Manapparai

Eye and General Health Screening Camp

DATE :05.07.2025

A comprehensive medical camp was organized at Manapparai under the joint collaboration of JCI Periya Pallivasal Nirvaagigal & JCI Jumaatthaar, along with the Tamil Nadu Muslim Munnetra Kazhagam , Manapparai. The event took place at the premises of the Aranmanai Vekkala Muslim Jamath, supported by the JCI Manapparai Dynamic, the District Police Welfare Trust, Thiruchirappalli, and the Manapparai Municipality. This multidisciplinary medical outreach focused on general health and ophthalmic care, with an emphasis on creating health awareness and providing accessible healthcare services to the underprivileged and rural communities in and around Manapparai.

The inauguration of the camp was a grand event where several eminent professionals from diverse fields including medicine, local governance, law enforcement, and social work participated. This offered the attending students, including the second-year MRSc students, a unique opportunity to interact with professionals at a higher level and understand the structure of organizing a large-scale health camp. The presence of reputed eye surgeons and general physicians, along with government officials, inspired the volunteers and emphasized the importance of community health initiatives.

During the camp, a wide array of services was rendered, including free eye examinations, general health checkups, ECG for eligible individuals, and guidance for surgeries such as cataract removal at free or subsidized costs. Screening for diabetes, blood pressure, and other chronic illnesses was carried out with the assistance of professional healthcare staff. The students from our institution actively participated in the disability screening process, identifying early signs and referring cases for further diagnosis. Additionally, counseling sessions were provided to both patients and caregivers to help them better understand their health conditions.

One of the key highlights of the camp was the special focus on the elderly and young children, offering personalized care regardless of age. The student volunteers demonstrated remarkable enthusiasm and commitment by assisting in registrations, guiding patients through the process, and ensuring the smooth conduct of medical services. Their interaction with various age groups enhanced their communication skills and gave them practical exposure to working with vulnerable populations. The student also supported a blood donation awareness drive, attempting to encourage eligible individuals to contribute voluntarily, emphasizing the need for community support in healthcare.

The camp also served as an excellent learning ground for students to build on their organizational capabilities. They learned the intricacies of planning, time management, crowd control, team coordination, and managing public communication in a busy health setting. Through their involvement in this multidisciplinary initiative, they gained insight into how different stakeholders such as healthcare institutions, civic bodies, NGOs, and law enforcement come together to implement successful community health programs. These skills will undoubtedly be vital for their future professional roles.

In conclusion, the medical camp held at Manapparai was not only a service to the community but also a significant educational experience for the participating students. The second-year MRSc students benefitted greatly by being part of this event, which enhanced their practical knowledge, professional exposure, and social responsibility. Their contribution towards basic disability screening, counseling, and support to patients was commendable and reflected the true spirit of service learning. Such initiatives continue to play an important role in shaping compassionate and competent professionals for tomorrow's healthcare and rehabilitation sectors.

GALLERY



Inauguration of the Medical Camp



Group Photo – II MRSc.



Counselling Session



Disability Screening



Interaction - Cataract Surgery Patients



Basic Assessment

PROGRAMME 2

Type of Activity	Awareness Workshop / Educational Group Work
Title of the Activity	Healthy Pregnancy, Healthy future: Preventing Disabilities
Date/s	25-08-2025
Time	10:30 am
Venue	Anganwadi Centre , Koodalur Trichy

Participants Profile

Type of Participants	Pregnant Women
No. of Participants	15

Synopsis of the Activity (Description)

Highlights of the Activity	<ol style="list-style-type: none">1. Awareness Skit on Healthy Pregnancy and Preventing Disability2. Stress Management Activity3. Physical Exercise awareness
Key Takeaways	<ol style="list-style-type: none">1. Gained Insight on the way for healthy pregnancy and how to prevent disability (Basic steps during Pregnancy)2. To develop the habit of physical exercise during pregnancy3. Stress Management Strategy. I conducted a stress management session that included several activities to promote relaxation and emotional expression. Participants practiced deep breathing while listening to calming music, shared their experiences using flash cards, drew a baby from their imagination to enhance creativity, and created mandalas to improve focus and mindfulness.

<p>Summary of the Activity</p>	<ul style="list-style-type: none"> • A skit was performed to create awareness about pregnancy care. • An action song was presented to spread key messages in an engaging way. • Stress management activities were conducted for emotional well-being. • Awareness was given on safe physical exercises during pregnancy. • Bookmarks with awareness messages were distributed to participants.
<p>Follow-up plan</p>	<p>Check on how they are doing post awareness program.</p>

INVITATION

Holy Cross College (Autonomous)
Affiliated to Bharathidasan University
Nationally Accredited (4th Cycle) With A++
Grade(CGPA3.75/4) by NAAC
College with Potential for Excellence Tiruchirappali - 620002, Tamilnadu

PG&RESEARCH DEPARTMENT OF REHABILITATION SCIENCE
(RECOGNIZED BY RCI, NEW DELHI)

Healthy Pregnancy, Healthy future
Preventing Disabilities

Time
10:30Am

Venue: Anganwadi
centre,
Koodalur, Trichy

Date: 25th August
Day: Monday

II MRSC
Students



PROGRAMME 3

Type of Activity	Holistic Screening Camp
Title of the Activity	Holistic Screening Camp at Pachamalai Government Tribal School
Date	12.09.2025
Time	09:00 AM
Venue	Government Tribal Primary School, Puthur, located in Pachamalai, Thuraiyur Taluk, Tiruchirappalli District
Collaboration	RESCAPES

Presenter Details

Name	II B.R.Sc Students
Title/Position	Tribal Primary Student Participants
Title of Presentation	Holistic Screening of Tribal Nursery School Students

Participants Profile

Type of Participants	Tribal Nursery School Students
No. of Participants	55

Synopsis of the Activity

The Holistic Screening Camp was organized by the PG and Research Department of Rehabilitation Science, Holy Cross College in collaboration with RESCAPES. The primary aim was to perform a comprehensive screening of tribal nursery school students to assess their vision, hearing, and cognitive abilities. A total of 55 students from the Government Tribal Primary School in Pachamalai were screened during this activity. The program was conducted by the second-year B.R.Sc students, under the guidance of faculty members.

Highlights of the Activity	<ul style="list-style-type: none">• Vision Screening for early detection of refractive errors and other eye-related issues.• Hearing Screening to identify any potential hearing impairments.• IQ Test to assess cognitive development levels and identify children needing special support.
Key Takeaways	<ul style="list-style-type: none">• Early identification of sensory and cognitive issues helps in timely intervention.• Active participation by II B.R.Sc students enhanced their practical knowledge in community rehabilitation.• Creation of awareness among tribal families about the importance of early childhood screening.

<p>Summary of the Activity</p>	<p>The Holistic Screening Camp conducted on 12.09.2025 at the Government Tribal Primary School in Pachamalai was successful in its purpose of identifying key developmental needs among 55 tribal nursery school children. The second-year B.R.Sc students took the lead role in performing vision, hearing, and IQ tests under the supervision of faculty members.</p> <p>The camp started at 9:00 AM with an introduction to the program, followed by systematic screening activities. Each child underwent a vision test using Snellen charts, a hearing test through audiometry screening, and an IQ assessment using standardized tools appropriate for the age group. The data collected will help plan further interventions or referrals as necessary.</p> <p>The students gained hands-on experience in the field of community-based rehabilitation, improving their skills in clinical assessment and data documentation while also developing cultural sensitivity by interacting with the tribal community. The collaboration with RESCAPES enriched the program, allowing better outreach and support.</p> <p>This initiative is expected to foster further similar programs aimed at improving the health and educational outcomes of underprivileged children in rural and tribal areas.</p>
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Annexure:
Invitation and Photographs



HOLY CROSS COLLEGE

(AUTONOMOUS)

Affiliated to Bharathidhasan University
Nationally Accredited (4th Cycle) with A++ Grade
(CGPA 3.75/4) By NAAC
College with Potential for Excellence
Tiruchirappalli- 620002, Tamil Nadu, India



School of Rehabilitation and Behavioural Sciences
PG & Research Department of Rehabilitation Science

In collaboration with

RESCAPES

**Holistic Screening Camp at Pachamalai
Government Tribal School**

Date : 12.09.2025

Time : 09:00 AM

Venue : Government Tribal Primary School, Puthur,
located in Pachamalai, Thuraiyur Taluk, Tiruchirappalli
District



Sep 12, 2025 12:29:45 PM



PROGRAMME 3

REPORT ON GOVERNMENT CAMP (UNGALUDAN STALIN)

Place : Murungapettai Trichy

Date : 15.07.2025

Introduction:

As part of our community visit, we attended the Stalin Camp organized at Mutharasanallur. The camp aimed to bring government services directly to the people and raise awareness about various welfare programs. Several departments, including the Agriculture Department, DDRO (District Disability Rehabilitation Office), and other welfare offices, participated to address public queries and provide guidance. The camp allowed people to interact with officers and seek support for their needs in a single location.

Reason for attending the camp:

The primary aim of our visit was to understand the functioning of community camps and to observe how they benefit society, especially in supporting persons with disabilities. We intended to learn about the government schemes available for differently-abled individuals and understand the role of community-based organizations such as self-help groups in enhancing social and economic well-being.

Observation:

During the visit, we observed that people from diverse backgrounds came with their questions and concerns, approaching the relevant departments for help. Officers patiently explained procedures, eligibility criteria, and benefits. In particular, we interacted with an Musuri officer from the District Disability Rehabilitation Office (DDRO), who shared details about the various government schemes for persons with disabilities, such as financial aid, assistive devices, educational support, and skill development programs. We also met the head of a Self-Help Group (SHG), who explained that there are three types of SHGs operating in the area: for elderly people, women, and persons with disabilities. These groups aim to empower members through financial independence, mutual support, and community development activities.

Key Learning:

The visit provided valuable insights into the practical functioning of government welfare schemes. We learned how coordination among different departments ensures that people's needs are addressed effectively. Interacting with SHG members highlighted the importance of collective efforts in fostering empowerment, especially for vulnerable groups. Moreover, it helped us

understand the challenges people face in accessing these services and the importance of awareness and guidance.

Experience gained :

This visit gave us a rich field experience by allowing us to witness real-life implementation of social welfare programs. Observing officers interact with the public and seeing the direct impact of these initiatives gave us practical understanding beyond theoretical knowledge. Meeting the SHG head and DRO officer helped us relate our studies in disability rehabilitation to actual community practices, providing perspective on social work interventions at the grassroots level.

Conclusion:

The visit to the Stalin Camp was a highly informative and enriching experience. It demonstrated the role of government and community organizations in promoting welfare and inclusivity. We gained a deeper understanding of the schemes and support systems available for persons with disabilities and recognized the importance of community awareness in making these initiatives effective. Overall, the visit strengthened our knowledge of community engagement and the practical aspects of social welfare administration.



