

PG & RESEARCH DEPARTMENT OF REHABILITATION SCIENCE

SENSITIZATION/AWARENESS PROGRAMS

2025- 2026

PROGRAMME 1

Type of Activity	Awareness Program on Digital Addiction and Being Responsible Citizens.
Title of the Activity	“ Click Right , Live Bright : Responsible Kids in Digital World ”
Date	19-09-2025
Time	11:30 am
Venue	Primary School , Mutharasanallur ,Trichy

Participants Profile

Type of Participants	Students (Grade 5)
No. of Participants	50

Synopsis of the Activity (Description)

Highlights of the Activity	<ol style="list-style-type: none">1. The program began with a meaningful prayer, setting a positive and respectful tone.2. A skit was performed by students, creatively showcasing the dangers of phone addiction and the value of good citizenship . "In the skit, I played the role of an educator."3. Video presentation gave real-life examples and visuals that reinforced the message effectively.4. An action song energized the children while reminding them about balanced phone use and civic values.
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	<p>5. Interactive games kept the children engaged and made the learning enjoyable.</p>
<p>Key Takeaways</p>	<ol style="list-style-type: none"> 1. Excessive phone use affects health, studies, and relationships. 2. Responsible usage of technology helps in learning and growth. 3. Children understood the qualities of being a good citizen (respect, responsibility, honesty). 4. Fun activities helped reinforce values in a way children could easily remember. 5. Awareness about balancing digital life and real-life responsibilities was created.
<p>Summary of the Activity</p>	<ol style="list-style-type: none"> 1. The awareness program on phone addiction and good citizenship was specially designed for the students of 5th standard to make them understand the importance of balanced technology use and the values of being a responsible citizen. 2. The session started with a prayer, which created a calm and positive atmosphere, preparing the children to receive the message with focus and respect. 3. A skit was presented by the students, portraying common situations of mobile overuse—such as neglecting studies, avoiding outdoor play, and reduced family interaction. The skit ended with solutions, showing how children can use phones wisely and practice good citizenship values like helping others, respecting elders, and keeping the environment clean. 4. The video presentation gave visual insights about the harmful effects of excessive phone usage on health (eye strain, poor sleep, lack of concentration) and also demonstrated how responsible citizens contribute positively to society. This helped the students connect theory with real-life examples. 5. The action song and games made the learning interactive and fun. The action song reinforced key messages in a rhythmic, easy-to-remember format, while the games helped children actively participate, reflect, and understand the topic through play. 6. Vote of thanks: In the program, I delivered the vote of

	<p>thanks.</p> <p>Finally ended with sign language National Anthem.</p> <p>Overall, the program combined education, creativity, and entertainment, ensuring that children not only enjoyed the activities but also carried home strong messages about using technology wisely.</p>
<p>Follow-up plan</p>	<p>Check on how they are doing post awareness program with the collection of data from Parents and Teachers.</p>

INVITATION



GALLERY







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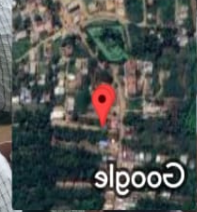


Mutharasannalur, Tamil Nadu, India

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PROGRAMME 2

Type of Activity	Awareness Program on Drug and Disabilities
Title of the Activity	"Disability isn't weakness , drugs are "
Date/s	27-09-2025
Time	12.00 PM
Venue	Trichy

Participants Profile

Type of Participants	Community workers under the 100 days employment scheme.
No. of Participants	18

Synopsis of the Activity (Description)

Highlights of the Activity	1. Awareness Skit on Drug abuse prevention & disability rights awareness 2.An awareness message highlighting that disability is not a weakness, but drugs can weaken individuals and society. 3. Short awareness song on drug usage and it's effects.
Key Takeaways	1.Gained Insight on the Positive outlook on disability and Aware about their rights. 2.Gained insight on the possible supportive services and the

	<p>professional available for helping disabilities.</p> <p>3. With the help of this awareness program participants able to Understand the dangers of using drugs in all aspects such as Physical, psychological, social, and economic impacts.etc...</p>
<p>Summary of the Activity</p>	<ul style="list-style-type: none"> ➤ Sharing the theme and purpose to the participants (100 days workers)of the program . ➤ A skit was performed to create awareness about dangers of using drugs and postive outlook on disability. ➤ Depicted real-life situations showing how drug usage negatively affects health, family, and community. ➤ Emphasized social inclusion and the rights of persons with disabilities. ➤ An action song was Performed to the participants to spread the message in a simple, and engaging way. ➤ Reinforced the key idea that “Disability is not a weakness, but drugs can destroy lives.”





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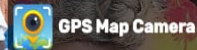
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PROGRAMME 3

DATE :2.12.2025

REPORT ON A COLLECTIVE AWARENESS INITIATIVE- “INCLUSION IN ACTION

The Faculty and students of the PG & Research Department of Rehabilitation and the Department of Audiology and Speech Language Pathology, Holy Cross College, Trichy, organised a comprehensive awareness programme for the I-UG students of the School of Commerce (SOC), representing 18 active Service-Oriented Clubs. Conducted throughout the working hours from 8.30 a.m. to 1.35 p.m., the initiative aimed to instill sensitivity, knowledge, and a deeper understanding of disability inclusion among students. Awareness was delivered through informative and visually engaging PowerPoint presentations prepared by both faculty and student volunteers, covering essential themes such as types of disabilities, communication strategies, rights and policies, and the importance of building an inclusive campus culture. The interactive sessions encouraged students to reflect on their role in supporting individuals with disabilities and highlighted simple, everyday actions that promote respect, accessibility, and empathy. The programme created a meaningful platform for young learners to broaden their perspectives and reinforced the institution’s commitment to fostering an inclusive and socially responsible learning environment.



PROGRAMME 4

Report on Community Awareness Programme on Disabilities

Venue: Yagapudayanpatti Village

Date: 01 March 2026

A Community Awareness Programme on Disabilities was organized at Yagapudayanpatti village on 1st March 2026 with the objective of educating the rural population about various types of disabilities, early identification, prevention, and available rehabilitation services.

The programme was conducted by students and faculty members of the Rehabilitation Science Department. The team reached the village in the morning and coordinated with local leaders to gather community members at a common meeting place.

The session began with an introduction to disability, explaining different types such as physical, intellectual, sensory, and developmental disabilities. The resource persons emphasized the importance of early detection and intervention, especially in children, to improve their quality of life.

Awareness was created on the causes of disabilities, including prenatal, perinatal, and postnatal factors. Preventive measures such as proper nutrition, maternal healthcare, immunization, and safe delivery practices were highlighted. The team also discussed myths and misconceptions related to disability, encouraging a more inclusive and supportive attitude among villagers.

Practical demonstrations were conducted on basic screening methods and early signs of developmental delays. Information regarding government schemes, disability certification, educational support, and rehabilitation services was also shared with the participants.

Interactive activities, group discussions, and question-and-answer sessions were conducted to ensure active participation. Pamphlets and informational materials were distributed in the local language for better understanding.

The programme witnessed active participation from villagers, including parents, caregivers, and local youth. Many participants expressed increased awareness and willingness to support persons with disabilities in their community.

The programme concluded with a vote of thanks, acknowledging the support of village authorities and participants. Overall, the initiative was successful in spreading awareness and promoting inclusivity at the grassroots level.



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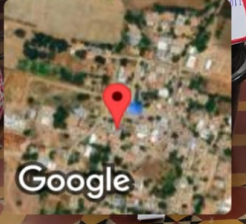
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