### **ASSOCIATION ACTIVITIES 2022-2023**

### **Rehab Association Inauguration**

The inauguration of the Rehab Association was held on 12th August 2022. Dr. Kanagala Uma was the chief guest of the program. The program began with the prayer service lead by Miss. Jeromeya of 3rd BRSc and her team. Miss Shaktipriya of 2nd BRSc then gave the welcome address for the chief guest.Dr. KanagalaUma honored the office bearers with badges and congratulated them for the same.

Shortly, after which our esteemed chief guest Dr. Kanagala Uma, former Associate professor of PG & Research Department of Rehabilitation Science, enlightened the students with her words of encouragement. Ma'am also spoke about how good leaders aremade and congratulated each one of the office bearers. After Ma'am finished her speech, the meet was then followed by a question-and-answer session, where the participants could clarify their doubts with the chief guest.

The doubt session was then followed by the vote of thanks which was delivered by Miss. Fasila Nadheera of 1st BRSc. After which, the Rehab anthem was sung by Miss Johanna Shirly and Miss. Beulah Keziah of 3rd BRSc. The meet then came to an end.

# Workshop on Significance of Toys in Play for Children with Special Needs

On the 24th of August, 2022, the Rehab Association of the PG & Research Department of Rehabilitation Science organized a workshop on 'Significance of toys in play for children with special needs' which was delivered by the resource person Mrs. Harini Mohan Kanagasabai, in the Rehab Auditorium from 2:00 pm to 3:30 pm. All the students of the department were present for the same

The meet began with the prayer led by Ms. Rashika of 3rd BRSc and the welcome address delivered by Ms. Shaktipriya of 2nd BRSc. The memento was then given to the resource person by the Head of Department, Dr. Turin Martina. Ms. Johanna of 3rd BRSc, read the report of the Inauguration meet conducted on, 12th of August, 2022, and got it signed from the resource person, Mrs. Harini Mohan Kanagasabai.

The resource person, Mrs. Harini Mohan Kanagasabai, has completed her M. R. Sc and M. Sc Applied Psychology and is presently a Rehabilitation Consultant situated at Virginia, USA. She spoke about the various toys that could suit the children with sensory issues and to help

them learn and make learning a fun process to them. She also introduced the different play-way methods and how each method benefitted the children in different ways. Apart, from just letting us gather information about the methods and approaches, she taught the easy ways to make the toys with simple cardboard, paper, paints and beads, which are very less expensive but beneficial for the children with special needs. The session was very interactive and it ended with a question-and-answer session. The vote of thanks was delivered by Ms. Fasila Nadheera of 1st BRSc. The workshop then came to an end.





### **Workshop on Career Prospects for Rehab Science Students**

On the 29th of September, 2022, the Rehab Association organized a workshop on 'Career Prospects for Rehab Science Students' the resource person of this session was Mrs. K. Rajulamathy, at the Rehab Auditorium from 2:00 pm to 3:30 pm. All the students of the department were present for the same

The meet began with the prayer lead by Ms. Sanaa of 3rd BRSc and the welcome address delivered by Ms. Fasila Nadheera of 1st BRSc. The memento was then given to the resource person by Dr. Turin Martina, the Head of Department. Ms. Johanna of 3rd BRSc, read the report of Significance of Toys in Play for Children with Special Need conducted on 24th of August, 2022, and got it signed from the resource person, Mrs. K. Rajulamathy.

The resource person, Mrs. K. Rajulamathy, had completed her M.R.Sc, M.A. Psychology, M.Phil. Anti Retro Viral Therapy, and is presently a Counsellor at KAPV Medical College and MGM GH, Tiruchirappalli. She spoke about how government hospitals offers postings for Rehab students and the methods through which one can apply for the same. She also addressed on how students from social works department are occupying the positions of counselors and trainees in early intervention. She urged the gathering that the Rehab students must be the rightful ones taking up those posts and that they had to be willing to take up those job opportunities readily. Her experience in the field was shared and discussed about its boons and challenges. The session was very interactive and it ended with a question-and-answer session. The vote of thanks was delivered by Ms. Shaktipriya of 2nd BRSc. The workshop then came to an end.





## Report on 'Therapeutic Aspects of sensory Integration'

On the 12th of October 2022, a workshop on the topic 'Therapeutic Aspects of sensory Integration' was conducted in the Rehab Auditorium from 11:30 am to 12:30pm. The students of III UG and IPG were present for the same.

The meet began with Ms. Shrimathi introducing the resource person Mrs. Praveena Carmel, the director of Dolphin special school & Seagull Special school, Trichy. Mam spoke about all the senses and the characteristics of children who have problems in different senses. Mam also explained the various behavioral issues caused by sensory issues, how to handle them and how to use those characteristics in a positive way in order to help the child. The session was very interactive and concluded with a question & answer session. The students took turns to ask

questions and had all their doubts clarified. The workshop then came to an end.



# WORKSHOP ON 'RECENT TRENDS IN ASSISTIVE TECHNOLOGY FOR PERSON WITH SPECIAL NEEDS'

On the 5th of November, 2022, the Rehab Association of the PG & Research Department of Rehabilitation Science organized a workshop on 'Recent Trends in Assistive Technology for Person with Special Needs' which was delivered by the resource person Mr. Sudhakar Govindasamy, in the Rehab Auditorium from 2:00 pm to 3:30 pm. All the students of the department were present for the same. The meet began with the prayer and the welcome address delivered by Ms. Vishnupriya of 1st PG. The momento was given to the resource person by Dr. Turin Martina, the Head of Department.

The resource person, Mr. Sudhakar Govindasamy, B. P. T, M.R.Sc, with 14 years' experience in the field of Rehabilitation, Disability and Assistive Technology. Sir spoke about the various types of orthotics and prosthetics available in the market in today's world and how beneficial it is for the persons with various special needs. Sir even spoke about his experience in the field

of wheel chairs and emphasized how important an assessment is before prescribing a wheelchair to a specific person with different needs. Sir also briefly explained about WHO norms and encouraged us to do an online course on the WHO portal which would be useful for us in the future. The session was very interactive and it ended with a question-and-answer session. The vote of thanks was delivered by Ms. Dhana of 1st PG. The workshop then came to an end.





### MILLETS: THE WONDER FOOD FOR SPECIAL KIDS

On 27<sup>th</sup> of February 2023, A workshop was conducted by the association of PG and Research Department of Rehabilitation Science. And we had Mrs. M. V. Alli as our resource person,

currently she is working as the associate professor of the Department of Nutrition and Dietetics' the topic under which she spoke was MILLETS: THE WONDER FOOD FOR SPECIAL KIDS. She provided us with lots of information about millets, and she explained that how millets can be a beneficial diet for special kids. We got to learn about the beneficial aspects of millets for our health. And she cleared the doubts of the students by the end of the session. Overall, it was an informative workshop for all of us.

### SENSORY INTEGRATION EXHIBITION

Holy Cross College Trichy, organized an exhibition in commemoration of the Centennial year of the College, from 2nd March 2023 to 4th March 2023. The exhibition was inaugurated on the 2nd of March 2023. The PG and Research Department of Rehabilitation Science set up their exhibition based upon the 5 senses, under the topic "5 in one chamber" in the Rehab Auditorium, NME room and AV room. The various concepts of auditory, tactual and olfactory senses were displayed in the auditorium and Auditory and visual concepts were displayed in NME room and Auditory room respectively. It explained how the five senses are useful and are necessary in our day to day lives and how they are associated with the disabled or special kids specifically.

Many students from different schools and colleges across Trichy visited our department and found it very enlightening. They were surprised how a very simple topic such as senses, which we knowingly or unknowingly use in our daily lives hold a huge impact on the special needs children. Overall, through such displays in the exhibition, we were able to make the audience aware regarding various disabilities and the challenges such individuals face in a regular basis. The event was very enriching in knowledge and came to an end on 4th March, 2023.

#### MILLET COMPETITION

The millet competition was conducted by the Rehab Association on 7th March 2023. Each class students come up with 3 groups of millet products to showcase their talents. Dr. P. Swarna Kumari, Associate Professor and Dean of Research, PG and Research Department of Rehabilitation Science, Holy Cross College was the chief guest in judging the millet products prepared by the students. Ms. Krishnaveni of III B.Sc. Rehabilitation Science won the First prize, Ms. Maheshwari of II B.Sc. Rehabilitation Science won the Second prize and Ms. Rachel of I B.Sc. Rehabilitation Science won the Third prize.

# **Valedictory Function**

The various activities of Rehab Association came to an end with the Valedictory function on 15 March 2023. Ms. Freeda, Rehab Consultant, Special Student Care Centre, Singapore addressed the students on current trends and perspectives of Rehabilitation and Disability Management and motivated the Rehab Graduates on the varied career opportunities in the field of Special Education.