

**HOLY CROSS COLLEGE (AUTONOMOUS) TIRUCHIRAPPALLI – 2.**  
**PG AND RESEARCH DEPARTMENT OF REHABILITATION SCIENCE**

**REHAB ASSOCIATION REPORTS – 2017 – 2018**

**SIGNING OF MOU**

**10.07.2017**

On 10<sup>th</sup> July 2017 PG & Research Department of Rehabilitation Science Signed Memorandum of Understanding with 8 local institutes. This MOU was in order to strengthen the local networking for better practical exposure of the Rehabilitation science students and to work for the people with special needs in the community in collaboration with these institutes. The program was headed by Dr. (Sr.) Christina Bridget, Principal, Dr. (Sr.) Lilly, Secretary of the College and Dr.(Sr.) Lourdu Mary, Head of the Department. All the Heads of the Local Institutes participated in the program. Dr. Kanagala Uma, Associate Professor welcomed the gathering. Dr. (Sr.) Christina Bridget, Principal, Dr. (Sr.) Lilly, Secretary of the college felicitated the gathering. Then MOU was signed with 8 institutes namely Organisation for Rehabilitation of the Blind in Trichy (ORBIT), Dolphin Special School and Centre, Pravaag Transitional Centre AND School for Children with Autism, Joseph Eye Hospital, Spastics Society of Tiruchirappalli, service centre for Cerebral Palsy Children, Rehabilitation Centre for Blind Women, Vidivelli Special School and Dolours High School for the Deaf. Then the program came to an end with the vote of thanks by Dr. Nagalakshmi, Vice Principal & Associate Professor, Department of Rehabilitation Science, Holy Cross College.

**FOOD CARNIVAL**

**24.07.2017 – 28.07.2017**

PG & Research Department of Rehabilitation Science and Holy Cross Blossoms – Thai Suvai jointly organized Food Carnival from 24<sup>th</sup> to 28<sup>th</sup> July 2017. Rev. Dr. (Sr.) Christina Bridget, Principal of the college and Mrs. Shirley, Director, Asha Grama Vidiyal inaugurated the program. The main objective of the program was to increase awareness on disability and empower parents specially mothers of Children with Disabilities in the special school. Mrs. Shirley sponsored a rolling vehicle to support the project. Many healthy and delicious foods like bread sandwich, chapatti roll, jigarthanda, corn, groundnuts, kammangool, lemon juice, chicken 65, Briyani etc were prepared and provided by the parents. Students of the department

of rehabilitation science serviced as the volunteers of the program. All the students and staff of both Shift I and Shift II of the college was benefitted by the program.

### **WORKSHOP ON ART AND CRAFT THERAPY**

**05.08.2017**

A workshop on arts and crafts was conducted by the students of I MSc Rehab Science on 5<sup>th</sup> August 2017 From 9.00 a.m to 1.30 p.m. the session started with a prayer. Mr. Karthick of I MSc oriented the students on the significance of art and craft activity and how students can contribute to the society by learning these skills. He also briefed about the various methods through which students can create awareness among public to become independent by learning these skills. Students were separated into few groups. Ms. Raja Rajeshwari of I MSc gave a short training on some art and craft activities like paper flowers, basket, butterfly and paper stand etc. students were given hands on experience to work on it. The session was interesting, interactive and all the students participated enthusiastically. Competition was conducted among the group to bring out their creativity. The workshop was concluded with a feedback session.

### **INTERNATIONAL SEMINAR ON INTEGRATIVE APPROACH TOWARDS SPECIAL EDUCATION**

**24.08.2017**

Health is and always has been a core area of population science and is considered to be the greatest assets of every person. Realizing the impetus of health as wealth , the PG & RESEARCH Department of Rehabilitation Science organized a one day workshop on Integrative Approach towards holistic health care in Special education on 24 August 2017 with MS. PRAMILA CHANDRASEKAR from VAIKUNTHA CONSULTANCY as the Resource person . The one day workshop was conducted in collaboration with MCKS YOGA VIDYA CENTRE , CHENNAI and WORLD PRANIC HEALING FOUNDATION,INC. MANILA , PHILIPPINES . The focus of the workshop was on orienting the students in integrative health practices such as yoga and pranic healing for common health ailments and disturbances and instilling in the need to supplement these easy, indigenous and day to day practices through good dietary habits. A total of 45 enthusiastic students from UG , PG and diploma classes participated in the one day program and were enlightened on the need for holistic health care for themselves and for children with special needs. The one day program was a resourceful event with

theoretical explanations and fullfledged practical sessions that helped the participants get a new outlook towards holistic health care through yoga and pranic healing.

## **WORKSHOP ON RESEARCH WRITING – FROM PAPER TO PUBLICATION**

**14.09.2017**

A Workshop on Research Writing – From Paper to Publication was conducted on 14<sup>th</sup> September 2017. Dr. Hemakumar Devan, Physiotherapist cum Post Doctoral Fellow, University of Otago, Newzealand was the resource person. MSc students of the department were the participants. The workshop was started with the prayer service and welcome address by the students. Initially the need for researching and paper publishing was elaborated by the speaker. Students were also separated into group and given few writing activity on research problem. Later a detailed description about the various titles content that should come under each chapter of a research was explained. Hand on exposure to find reviews from reputed journal was also taught. At the end of the session students clarified their doubts and gave feedback about the session. Thus it was a fruitful learning experience.

## **PARENTS TEACHERS MEET**

**28.09.2017**

The Parent Teacher Meet was held on 28 September, 2017 in the Rehab auditorium. It commenced at 11.00 am and ended at 2.00pm. Fifty three parents attended the meeting. The meeting commenced at 12.30 pm with the prayer service, followed by the welcome address by Dr. P. Nagalakshmi, Head and Associate Professor, Department of Rehabilitation Science. Parents were given orientation about the department, general rules and regulations about the college, details about summer placement and job opportunities by Dr. (Sr). Lourdu Mary, Head of the Department and Dr. Uma Kanagala, Associate Professor, Department of Rehabilitation Science. This meeting helped the parents to know about the expectations from their wards. Ms. Roshini, of III B.Sc. expressed her pleasant experiences in the department and also highlighted the role of the department in molding her to be better person. Ms. Priskela of II M.Sc. shared her experiences about the contribution of the department both in her personal and academic life. Three parents shared their views. This was followed by an interactive session, where the parents shared their views and queries about the course. The parents' feedback on various aspects of academic facilities available at the department was obtained through a questionnaire. Parents' cooperation was sought to monitor their wards performance at home, compliance with

college rules and regulations. Ms. Sasikala, Assistant Professor, Department of Rehabilitation Science, proposed the vote of thanks which was followed by meeting of parents with the respective class teachers of their wards.

### **STAFF ENRICHMENT PROGRAM FOR SPECIAL EDUCATORS 19.10.2017**

Staff Enrichment program for Special Educators was conducted on 19<sup>th</sup> October 2017. 20 special educators from Holy Cross Blossoms Opportunity School participated in the program. Faculties of the Department of Rehabilitation Science served as the resource persons. They attended four sessions on Individualized Educational planning, file maintenance, parent counselling and Innovative teaching practices. Hands on training were provided to develop IEP through discussions and group activity. All of them participated eagerly. The program came to an end with the feedback session.

### **BEST PRACTICES IN REHABILITATION 24.11.2017**

On 24<sup>th</sup> November 2017 staff and students of Department of Rehabilitation Science and Audiology attended a program on Best Practices in Rehabilitation. Mrs. Karola Wood, Director of Ladakh-Hilfe e.V. Koetz, Germany was the resource person. She shared her experience in developing a best rehabilitation centre. She also described the difficulties faced by person with disabilities in accessing appropriate services at an early age. She also showed few best practices in rendering therapeutic services and special education. The session was thought provoking and all the students were motivated to render whole hearted services to the persons with special needs.

### **WORLD VISION VISIT 27.11.2017**

World Vision Organization visited the PG & Research Department of Rehabilitation Science on 27<sup>th</sup> November 2017 as an exploratory learning visit in regard to services to children with Special Needs. The consisted of 5 member namely Dr. Anjana Purkayastha - Senior Director for Special Projects, Mr. Newton Isaac, Director for Thematic Solutions Projects. , Mr. Eliyazar.N.A., Manager - Institutional Project, Mr. Moses Palmer - Programme Manager - Perambalur/Marungapuri programmes and Mrs. Christabel Kalaiselvi, Group Director - Operations. Initially they interacted with Head and staff of the Department with regard to the

services provided. They also requested for webinar classes on disability which will be initiated by the department soon. Then they visit the Blossoms Opportunity School, Rainbow therapeutic centre and HEPSN project. They felt the visit was really useful to go ahead with new services in their centre.

### **ONE DAY WORKSHOP ON LEARNING DISABILITY**

**29.11. 2017**

One day workshop on Learning Disability was conducted on 29<sup>th</sup> November 2017 in Athma Hospital for the students of I M.Sc Rehabilitation Science. The program started at 10.00 am. Mrs. Manasi, Psychologist, was the resource person of the program. Students were given a brief introduction about Learning Disability and its types. They were taught to identify these children among normal children. Various tips to handle children with specific learning disabilities was also provided. Practical demonstration of the difficulties faced by children with learning disability was shown by interacting with the children there. Students were given opportunity to interact with the students and work with them. The session came to an end at 1.00 pm.

### **INAUGURATION OF YOUTH 4 JOBS**

**6.12. 2017**

Youth 4 Jobs is a pioneering organization focusing on diversity and inclusion. It set up placement- linked training centres for youth with disabilities for job training and placement. One such training centre is established in Collaboration with PG & Research Department of Rehabilitation Science. This program was inaugurated on 6<sup>th</sup> December 2017.. Mr. Sai Raghavendra, Trainer, Hyderabad Centre and Mr. Shahed, Project Executive of Hyderabad centre inaugurated the program. Nearly 50 youth with disability participated in the program. Among them 15 youth with Hearing Impairment were selected for the first batch. The training started from the second day onwards. They are trained in soft skills, computer skills and marketing. Thus this program has become an added feather in the annals of the department of rehabilitation science.

### **VISIT TO ST. JOSEPH'S HOSPICE**

**19.12. 2017**

In order to Commemorate World Disability Day and Christmas in a special way Department of Rehabilitation Science planned and visited St. Joseph's Hospice on 19<sup>th</sup> December 2017. All the staff members and the students of I M.Sc visited the Hospice. More than 200 people in death bed, mentally ill people and old age people were there. Students and staff visited various places of the institute and met the people over there. A small Christmas function was conducted with a

prayer service, carols and a dance. People enjoyed the program and spent time with the students. As per the requirements said by them few dress, buckets, eatables and other materials was presented to the institute as a token of love to them. Thus this visit made the celebrations very meaningful.

### **PUPPET SHOW ON SOCIAL ISSUES**

**25.01.2018**

Puppet show on social issues was organized and conducted by the D.SE.MR students of the department of Rehabilitation Science. Dr. (Sr.) Lourdu Mary, Head of the Department was the chief guest of the program. Students were separated into four group. Each group selected social issues like bus hike, healthy food habits, inclusive education, difference in urban and rural life and demonstrated the puppet show. This show exhibited the creativity and hidden talents of the students. All of them participated enthusiastically. As the performance was up to the mark the chief guests announced prizes for the entire group. Thus this event was refreshing and motivating for the participants.

### **WORKSHOP ON COUNSELLING THERAPIES**

**05.03.2018**

Workshop on Counselling therapies was conducted on 5<sup>th</sup> March 2018. Students of II B.Sc Rehabilitation Science were the participants and the workshop was conducted from 9.30am to 12.30pm. The program started with the prayer service and welcome address by Dr. A. Turin Martina, Associate Professor, Department of Rehabilitation Science, Mr. D. Randeep Rajkumar, Clinical Psychologist & Managing Trustee, Later Action for Mental Health Promotion (LAMP) Trust, Tiruchy was the resource person. Initially he discussed on the need for counseling and role of counselors Later Various Counselling therapist like Psychology analytic Therapy, existential therapy, Personality theories etc., were discussed in detail using PPT. Students were involved in the session through group discussion. Various personal experiences of the resource person in counseling were also shared with students. Finally the program came to an end with the feedback session and vote of thanks.

### **REHAB ASSOCIATION**

A business meeting of the Rehab Association for the academic year 2017 – 2018 was held on 30<sup>th</sup> June 2017. The meeting started with a prayer service and Dr. Sheila Christopher, Associate Professor gave a small introduction about the various activities of the Association.

Miss. L. Remy Vinatha of III B.Sc was selected as the association secretary. Miss. M. Rojimal of II B.Sc, Miss S. M. Nandhini of I B.Sc and Mr. M. Manikandan of II DSEMR were chosen as member representatives from each class. Finally the meeting ended with the Rehab Anthem.

#### **INAUGURATION OF REHAB ASSOCIATION/ REHAB WINGS**

**10.07.2017**

The inauguration of Rehab Association/ Rehab Wings was held on 10<sup>th</sup> July 2017. The program started with a prayer service by the students of III B.Sc. Dr. Kanagala Uma, Associate Professor welcomed the gathering. Dr. (Sr). Christina Bridget, Principal, Dr. (Sr.) Lilly, Secretary of the college headed the program and rendered their felicitations. Mrs. Shirley Devraj, Chief Operation Officer & Head, IDFC Branch Ltd. Trichy. was the Chief guest. In her address she motivated the students to achieve their goal. She also shared her life experiences. Then the newly elected leaders of Rehab Association and Rehab wings were installed with their responsibilities and badges by the chief guest. Dr. Nagalakshmi, Vice Principal delivered the vote of thanks. The association meeting ended with the Rehab Anthem.

#### **PROGRAM ON CAREER GUIDANCE**

**17.07.2017**

On 17<sup>th</sup> July 2017 a career guidance program was organized for the students of III BSc and II PG Rehabilitation Science. Miss. Rebekah Samuel, Learning Disability Intervention Specialist, Dubai Learning Disability Centre was the speaker of the program. She started the session on speaking about “what next”. She motivated the students by sharing her experiences in the department, with the faculties and in her work environment. She responded to various queries of the students. She concluded the session with the following thought that We are not here to money but here to do services with one own heart. It inspired the students to work for the society in a better way.

#### **WORKSHOP ON LEARNING DISABILITY**

**08.08.2017**

On 8<sup>th</sup> August 2017, the workshop on “Specific Learning Disability” was held in Auditorium for the students of Rehabilitation Science. The workshop was conducted by Mrs. Nageswari Ph.D Scholar. In this workshop students were given a detailed information on Learning disability and its types. She also spoke about identifying these children in regular classroom. Various simple intervention strategies to handle specific problems were discussed with the students and group activity was given based on it. Through this workshop the students

gained more knowledge about the “Specific Learning Disability” and their interest in Learning Disability has increased.

**WORKSHOP ON UNDERSTANDING OCCUPATIONAL THERAPY**                      **01.09.2017**

A workshop on Occupational Therapy was conducted on 1<sup>st</sup> September 2017. Ms. Sheeba, Occupational Therapist from Madurai was the resource person. Students of III BSc and I MSc were the participants. Therapist gave a brief introduction about occupational therapy and its significance for Children with Special Needs. She gave a practical exposure to students by taking them to the therapeutic unit and gave awareness about various equipments and method of giving occupational therapy. Students had few observations of occupational therapy on Children with Special Needs including children with Autism, ADHD and Cerebral Palsy. This workshop had its consecutive session on every Wednesday to give more detailed input to the participants. Students were highly motivated and participated in the therapeutic activity with eagerness.

**WORKSHOP ON WRITING PROJECT PROPOSALS**    **26.09.2017**

A One day/Workshop on Writing Project/Proposal was held on 26<sup>th</sup> September 2017. The program started with the prayer service by the students of I MSc students. Prof. Antony Stephan, Department of Social Work was the resource person. The post graduate students of Rehabilitation Science were the participants. A brief introduction about writing project proposals and role of projects in successful NGO management was given to the students. The entire session was lively, with group discussion and role plays. Initially students were given activities to find the correct problem and develop objectives for a project. Later they were asked to select a topic from the chosen problem and develop a project proposal in detail. Students were marked for their writing. All the participant were highly motivated and had a fruitful experience. Workshop was concluded with the feedback session.

**WORKSHOP ON AUTISM**    **27.09.2017**

A workshop on Autism was conducted on 27<sup>th</sup> September for the students of I MSc. This workshop was at Pravaag Transitional Centre for Children with Autism in Udaiyanpatti, Trichy. Mrs. Geetha, Director of the institute was the resource person. Parents and Special educators of Children with Autism all participated in this workshop. A detailed information on what is autism,



its characteristics and behavioral issues was provided. Parents question on various behavioural issues in children was clarified. After the session students were sent for observation to check their learning. At the end of the discussion and queries about various observation was carried out. Thus students were given practical exposure to know what they learn. Thus the workshop was very informative and encouraging

#### **GROUP PRESENTATION OF “THE STUDY”**

**04.10.2017**

Students of I MSc had a group presentation on “The Study” on 4<sup>th</sup> October 2017. Previously these students were asked to carry out a mini project in their area of interest. Dr. Sheila Christopher, Associate Professor headed the program. Each student was made to present their study and all the participants had question session at the end. All the students presented their project creatively. A Project on Club Foot by Ms. Swathi of I MSc was selected as the outstanding project by the concerned staff. Thus this presentation on The Study motivated the students to get involved in research studies and present more papers.

#### **VISIT BY FOREIGN EXPERT**

**20.02.2018**

On 20<sup>th</sup> February 2018 on Foreign Expert Dr. Sheila Saravanabhavan, Professor, Virginia State University Visited the Department and addressed the students. All the UG and PG students of Rehabilitation Science were the participants. In her address she shared her experiences rehabilitation worker in her Country. She also shared few of the best practices followed there. Finally she motivated the students to work for the social cause and make all possible efforts to reach greater heights. Finally the meet came to an end with student queries and feedback.

#### **VISIT BY FOREIGN EXPERT**

**26.02.2018**

On 26<sup>th</sup> February 2018 PG and Research Department of Rehabilitation Science was visited by a Foreign Expert namely Ms. Claudia Diez from Germany. She is a Learning Disability Specialist and works with Children with Learning Disability. She conducted a motivation session for the students of Rehabilitation Science. In her talk she advised students not to label kids based on their disability. She spoke more on giving self respect to those children. She also shared her expertise in handling children with Learning Disability. She expressed her love toward the country and language in the end of the session.

## **WORKSHOP ON SENSORY INTEGRATION**

**15.02.2018**

Workshop on Sensory Integration was conducted 15<sup>th</sup> February 2018. Workshop was from 9.30am – 12.30pm students of III B.Sc Rehabilitation Science were the participants Resource person of the program was Mr. Kalaichelvan, Associate Professor, Occupational Therapy. Annamalai University. In this Workshop he stressed on significance of Occupational Therapy to Children with Autism. Identifying Sensory problems and providing sensory integration activities was discussed in detail. Various queries of the students was clarified. Thus the program came to an end with the vote of thanks and feedback session from the students.

## **WORKSHOP ON EAR DISEASES**

**06.03.2018**

A workshop on Ear diseases was conducted for the students of I B.Sc Rehabilitation Science and Audiology on 1<sup>st</sup> March 2018. Mr. Sudaresan, Assistant Professor & Head, Department of Audiology and Speech Language Pathology was the Chief Guest. In this workshop students were given detailed information on the various types of Ear disease and its causes. Few remedial measures were also discussed. Video show and PPT presentation made the concepts very easy for the students to understand. The program started at 9.30am and came to an end at 12.30pm. Students provided a positive feedback at the end of the session.

## **WORKSHOP ON GENETIC DISORDERS**

**02.03.2018**

Workshop on Genetic disorders was conducted on 2<sup>nd</sup> March 2018 from 9.30am – 12.30pm. Students of I B.Sc Rehabilitation Science were the participants Ms. Bhuvaneshwari, Counsellor & Remedial instructor, Chellammal School, Trichy was the Chief Guest. Initially she taught students about chromosomes and chromosomal abnormalities. Various Syndromes like Downs, Edward & Klienfelter syndrome were discussed in detail. Later little genetic disorder like PKU, Parkinsons disease and other disorders were explained. Students queries were also cleared then and there. Students felt the workshop as very informative and useful.

## **WORKSHOP ON EARLY INTERVENTION**

**09.03.2018**

Workshop on Early intervention was conducted in 9<sup>th</sup> March 2018. Dr. Sheeba, Occupational Therapist & Director, Madurai Child Development Centre was the Chief Guest.

Students of III B.Sc Rehab were the participants. In this session different methods to identify children with disabilities at an early stage was discussed. Various intervention techniques to be used with different category of children were explained in detail, many practical experiences and methods followed in their centre were discussed by the resource person. Finally the workshop came to an end at 12.30pm.