

Date: 03.11.2022

Time: 9:30 – 2:30 pm

Venue: Seagull Special School, Trichy

On 1.11.2022 we had a brief orientation class on sensory therapy. Ms. Praveena, Founder of Dolphin's and Seagull Special School, Trichy tool class on sensory issues seen commonly in children with autism. She explicitly oriented on the different senses that are present in the humans. The importance of senses and its functions were also listed out by her. The key concepts of sensory integration are, we can use senses to think, communicate and finding relations.

Ms Praveena Karmal arranged sensory exhibition for us to exclusively show the materials and the aids used for intervening various sensory issues arise in child with autism regardless of the child's issue. So, it was very wonderful and amazing to see all those things in reality rather in pictures. They have organised activities and materials for both hyposensitivity as well as hyper sensitivity. The major domain areas covered are,

- Visual
- Auditory
- Tactile
- Olfactory
- Gustatory

- Proprioception
- Vestibular

We discussed various activities related to developing various sensory stimulations and cravings for children with special needs. The important key takeaway is senses are the primary cause or even the underlying cause for most of the behaviour problems in children with special needs. The guest lecture and the sensory exhibition gave several insights and core knowledge on what is sensory processing disorder and ways to correct it as a rehabilitation professional.

The concept of “Sensory Garden” is very amazing we could able to see all the natural Plants which stimulates olfactory sense in a child with special needs. They created activities with several creative ideas on how to teach for children with hyper sensitivity and how to teach for children with hypo sensitivity.

So, for both cases they have listed out several activities and examples they have also prepared materials for each activity. All the materials which they used to prepare are low cost and affordable materials not very expensive. The visit to the school was very resourceful for us. Thanks to Praveena mam for arranging this for us I would also like to extend my sincere gratitude to our head of the department, Dr. Turin Martina so providing visit regarding sensory.













