

PROFILE

Name : Sr. Lizy A.K.

Gender : Female

Department : Controller of Examinations Office

Designation : COE

Educational Qualification : B.A. English, B.Ed. English, M.A. French,
M. Phil. French

S.No.	Degree	Subject / Main	Name of the College/ University
1.	U.G.	B.A. English Literature	Holy Cross College / Madras University
2.	B.Ed.	Double English	Stella Matituna College of Education, Chennai -4 – Madras University
3.	P.G.	M.A. French	Madurai Kamaraj University
4.	M. Phil.	French	Madurai Kamaraj University

Teaching Experience as School Teacher in English : 7 years

Teaching Experience as Assistant Professor in French : 21 years

Total no. of Teaching : 28 years

Positions Held : VP / Dean / HOD / Warden / Head Warden / COE

S.No.	Name of the Position	Period	Hostel
1.	HOD	1997 - 2018	
2.	Vice Principal	2011 – 2013 2014 – 2016 2017 – 2018	
3.	Warden Warden Warden	1999 – 2001 2002 – 2003 2003 – 2004	Maria Villa (2 years) Shanthi Illam (1 year) Maria Villa (1 year)
4.	Head Warden	2007 – 2009	Little Flower (2 years)
5.	Hostel Mess Supervisor	2001 – 2002	
6.	Controller of Examinations	2013 – 2014 2018 – Till date	

Membership in Academic Bodies:-

1. Member of Board of Studies for Bishop Heber College, Trichy.
2. Life Member of IATF (Indian Association of Teachers of French).

French Association:-

HOL FR EST → HOLFREST → French Association was started
Holy Cross French Festival

In Holfrest Cultural Day, every French student takes part in 3 or more French items, like French dialogue drama, (2-3 minutes), French group song, French poster presentation, French Quiz, French Dumb-Charades, French Elocution.

- Every student I given training by Sr. Lizy, according to the choice of the student, to master the skills, for a week.
- Prizes are distributed for the 1st, 3 best performers during the Valedictory function.

Foreign Visit:-

Sr. Lizy visited France and attended French classes for a month in 2003 at Angers in France.

Languages Learnt:-

Malayalam, English, Hindi, Tamil, French

Languages Spoken and Read:-

Malayalam, English, Tamil, French

Values Cherished and lived:-

Hard work, commitment, great trust in God and His providential care, love for the poor and needy, especially the orphan and adopted children, old people, senior citizens, impartial to the students and instill in them the value that they can win, patience, generous, trust worthy, contented with what I have, grateful, considering others better than me and learning from others everyday, praying for the needs of others and living in the present moment, for **“Yesterday is gone and tomorrow will never come. Today is yours.”**